

# CURRICULUM VITAE

## Post Applied for Staff Nurse

### **ELIZABETH JOSEPH**

Thayamkeril House

Vechoor P.O., Edayazham

Vaikom, Kottayam

**Mob:** 7598997183

Kerala, India – 686144

**E-mail:** [elizabethhuthuppan@gmail.com](mailto:elizabethhuthuppan@gmail.com)



### **Career Objectives**

- Continuous training focusing on developing knowledge, skill and go – better attitude, with my short learning curve, versatility and self-assured pleasant personality
- To find a platform to work both in team environment and as an independent one to perform assigned tasks and possess high level of professional
- Seeking a position to utilize my skills and abilities in the relevant industry that offers professional growth while being resourceful, innovative and flexible.

### **Personal Particulars**

Name	: Elizabeth Joseph
Date of Birth	: 30/ 01/1992
Father's Name	: Uthuppan Thomas
Gender	: Female
Marital status	: Married
Religion & Cast	: Christian- RC
Nationality	: Indian
Languages Known	: English, Hindi, Malayalam and Tamil
Kerala Reg.	: No.86149
Passport No	: M6239106
Date of issue	:06/02/2015
Date of expiry	:05/02/2025

## Professional Details

- Discipline** : Post Basic BSc Nursing, General Nursing & Midwifery
- Education** : Caritas School of Nursing, Thellakom Kottayam (GNM)
- : Indirani College of Nursing, Ariyur, Pondicherry (PBBSc)

## Professional History

- Rajagiri Hospital, Chunangamvely (450 bedded)
  - Position : Staff Nurse
  - Unit : Medical & Surgical ward
  - Years of Exp. : 27<sup>th</sup> August 2018- to 24-07-2021
- Pondicherry Institute of Medical Science (750 bedded)
  - Position : Staff Nurse
  - Unit : Female Medical ward
  - Years of Exp. : 13<sup>th</sup> September 2017 to 22<sup>nd</sup> August 2018
- Caritas Hospital, Thellakom, Kottayam (650 bedded)
  - Position : Staff Nurse
  - Unit : Emergency Dept.
  - Years of Exp. : 2013- 2015, Two Years

## Training Attended

- BLS / ACLS (AHA accredited)

## Academic Qualifications

Qualification	Institution	University	Score	Year of Passing
SSLC	ST. Michael's HSS, Kudavechoor	Kerala	72 %	2007
Higher secondary	ST. Michael's HSS, Kudavechoor	Kerala	67%	2009
GNM	Caritas School of Nursing, Thellakom	Kerala	74 %	2013
PB B.Sc	Indirani College of Nursing, Ariyur, Puducherry.	Pondicherry	79 %	2017

### Conference and Workshop Attended

- August 2015 – novice extensive research for sound empirical knowledge, Indirani College of Nursing, Pondicherry
- November 2016 – Emergency poly trauma care, Indirani College of Nursing, Pondicherry
- January 2016 – Workshop on ACLS / BCLS, Indirani College of Nursing, Pondicherry
- March 2016 – Work shop on breast feeding, Indirani College of Nursing, Pondicherry

### Familiar Tools and Equipment

• Endotracheal Tube & Suction Apparatus	• ECG machine
• Syringe Pumps	• Nebulizer
• Defibrillators	• BP Apparatus
• Invasive & Non Invasive Ventilators	• Glucometer & Thermometer
• Computer (For all Medical Information System)	• Ambu bag
• Oxygen Cylinder	• AED
• Pulse Oximeter	• Laryngoscope
• Cardiac Monitor	• VAC Machine

### Experienced Routines

• Endotracheal tube suctioning	• Stomach wash
• Collection of specimen for investigations	• Tracheostomy care
• Preparation and administration of therapeutics	• Wound dressing
• Preparation of patients for surgeries Eg, Part preparation and enema	• Blood transfusion
• Insertion of nasogastric and NG tube feeding	• Urinary Catheterization
• Placement of intravenous line	

## Qualified Responsibilities

- Assist Doctor while patient examination and rounds
- Medication, Oral, Intramuscular, Subcutaneous, Intradermal, Intravenous, Enema, Suppositories,
- Manage emergency situations like administer I V Line, assess ECG, assess patient level of consciousness, administrator Oxygen and CPR if required, Oral air way placement.
- Caring of patient on Ventilators
- Assist procedures like Intubations, Extubations, Suturing, Dressing Central Line, Subclavian, LP Femoral Catheter, Catheterization & insertion of Nasogastric Tube, Stomach wash ,Tracheostomy, Ultra Sound (Bedside)
- Blood transfusion
- Inotropes administration (Eg. Dopamine, Dobutamine, Non-adrenaline, NTG, Infusion, etc...)
- Pre – Operative care including CAG ,CABG, AV FISTULA
- Preparation of patient for lumbar puncture, acitic taping, pleural tapping etc.
- Preparation of patient for ENDOSCOPY, COLONOSCOPY, ERCP, MRCP etc
- Tracheostomy care (Suctioning Tracheostomy, Dressing)
- Care of pressure sore (Eg. frequent back care & positioning)
- Skilled in procedures like CPR, IV Cannulation, Catheterization, Ryle's Tube, Blood transfusion, Nebulization, Dressing, Suctioning, Oxygen administration, collection of specimen for investigation including ABG, venous Blood etc.
- Health education
- Maintenance of records including MLC ,admission and discharge register ,inventory ,ward stock register etc
- Cardiac and cerebral thrombalisation

## Declaration

I Elizabeth Joseph, hereby declare that all the details furnished above are true to the best of my knowledge.

Place:

Date:

Elizabeth Joseph