



ABIYA VARGHESE

Kalakudiyil(h), Kolakkandam(P.O)

Nilambur, Kerala -679329

Ph: 08138857345

Email abiyavarghese96@gmail.com

OBJECTIVE

Enthusiastic Physical Therapist versed in patient assessment and education. Builds meticulous treatment plans and frequently assesses progress. Compassionate and energetic healthcare provider with four years of industry success.

EXPERIENCE

Aster MIMS HOSPITAL, kottakal, Kerala, India

Physiotherapist Trainee | From 13 aug 2018 to 12 aug 2019

- Consultation, assessment, and treatment of various orthopaedic, neurologic, cardiology, paediatric, cases under supervision
- Maintenance of case records
- Evaluation and re-evaluation of cases and recording it in the system as well as patient notes.

Aster MIMS HOSPITAL, Kottakal, Kerala, India

Physiotherapist | From 1 sep 2019 to 9 jan 2021

- Consultation, diagnosis and treatment of various orthopaedic, neurologic, paediatric, cardiac patients
- General health and wellness programmes for geriatric and people with special needs
- Covid and post covid rehabilitation
- Palliative care
- Physiotherapy in emergency and critical care units
- Fitness training

Parc advanced pain and movement disorder clinic, kadalundi, kozhikode, Kerala

Consultant physiotherapist | From 11 jan 2021 to 30 June 2021

- Consultation and treatment for chronic pain and movement disorders

- Billing and case records.

Family health centre Noolpuzha, Kerala, india

Junior Physiotherapist | From 1 July 2021 to 30 sep 2022

- Rehabilitation of long term cases like spinal cord injury, TBI, CVA and all
- Electrotherapy treatment for pain conditions
- Maintain case records and bills

- ❖ Successfully completed 3 months internship training at **DM WIMS Medical College and Hospital**, Meppadi, Wayanad, Kerala, India.
- ❖ Successfully completed 3 months internship training at **Kannur Medical College and Specialty Hospital**, Anjarakandy, Kannur, Kerala, India.
- ❖ Clinical exposure from second academic year onwards.

EDUCATION

Bachelor of physiotherapy (BPT, 4 and half years course) passed out in the year 2017, with 1st class under Kerala University of Health Sciences (KUHS), Thrissur, Kerala. (Studied at Institute of paramedical sciences, Kannur Medical College, Anjarakandy.)

SSLC passed out in the year 2010 with 87% marks, from GHSS Moolankave.

PLUS TWO passed out in the year 2012 with 90% marks, from St. Marie's College and Higher Secondary School, Sulthan Bathery.

PERSONAL PROFILE

- Name : Abiya varghese
- Age: 27
- Gender: female
- Date of Birth: 06-05-1996
- Marital Status : Married
- Religion: christian, Pentecost
- Nationality: Indian
- Passport No: U3049400
- Languages Known: Malayalam, English

OTHER QUALIFICATIONS

- Fully vaccinated against Covid 19
- Certified in First aid and CPR under National CPR Foundation, USA
- Successfully completed basic office automation course and placed A grade from KELTRON, 2011.
- Life member of Kerala Association of Physiotherapists Co-ordination (KAPC), Reg no: 3653.

REFERENCES

- ❖ Dr. Rashij M PhD PT.
Physiotherapist, Govt. Hospital Tirur,
Malapuram, Kerala.
Ex Member – KAPC Malapuram
Ph. 9567576736
- ❖ Muhammed Jamsheer Thottiyil
HOD, Dept of physiotherapy
Aster MIMS kottakal, kerala
Ph: +91 98476 28901

DECLARATION

I hereby declare that the above mentioned facts are true and correct to the best of my knowledge and belief.

Place Sulthan Bathery.

SD/-

Date

Abiya Varghese