

CURRICULUM VITAE

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Sex : female
Marital Status : Married



OBJECTIVE

Obtain a position as a registered nurse, that will utilize existing knowledge in post - Operative care patient education and case management, as well as challenge them to continue to develop, learn and grow.

QUALIFICATION

Exam/Degree	Year	School/College/Institute
General Nursing and Midwifery	2006-2009	Sri. Ramya Sai School of Nursing
Plus Two	2002-2004	St. George.H.S.S Kattappana
SSLC	2001-2002	St. George. H.S.S Kattappana

EMPLOYMENT HISTORY

Job Title	Date of Employment	Employer Name	Address	Department
Staff Nurse	18.4.2016 to 31.05.2021	Aster med city DM Health Care	Kuttisahib road, Cheranallor Kochi + 91486699999	Cardiac ICU
Team Leader	21.10.2013 to 30.03.2016	Sunrise Hospital	Kakkanad ,Kochi	Cardiac ICU
Staff Nurse	19.09.2011 to 23.09.2013	Medanta The Medicity	Gurgaon, Haryana	MICU
Staff Nurse	17.12.2009 to 17.12.2010	Ravindranath Hospital International Institute of cardiac Science.	Kolkatta -99 email @ rttics.org	HDU and cardiac General ward

DUTIES AND RESPONSIBILITIES

- To admit, discharge and transfer the patients.
- To maintain personal hygiene and comfort of the patients .
- To provide physiological support to the patients.
- To see to the nutritional needs of the patient and should feed.
- To maintain clean and safe environment for the patients.
- To maintain nurses notes and intake and output chart
- Monitoring and controlling on emergency drugs.
- Maintenance of daily inventory of all the necessary articles.
- Providing comprehensive and palliative quality nursing care to all patients.
- Conduct ward meeting and classes.
- Communication and coordination.

CASE HANDLED

- Taking care of all, post cardiac patient with ventilator TPI,PPI ,AICD, ICD all drainage cardiac sheath and IABP.
- CAG, PTCA,MVR,BMV,CABG.
- Cardiovascular disease.
- Pneumothorax.
- ECMO - Extra corporeal membrane oxygenation.
- COPD - Chronic obstructive pulmonary disease.
- Insertion and removal of arterial line , IV cannula
- Blood sample collection
- Assist and perform Intubation ,tracheostomy, CVP line. Insertion and Dialysis catheter.
- Blood transfusion and infusion therapy.
- Bedsore dressing .
- Minor dressing and suture removal.
- Foleys Catheterisation.
- Ryle's tube insertion .
- Pneumonia.
- Pulmonary oedema.
- Heart failure .
- Arrhythmia.
- Congenital heart conditions.
- Stable and unstable angina.
- Cardiomyopathy.
- Stroke.
- Deep vein thrombosis and Pulmonary embolism .
- Myocardial infarction .
- Coronary artery disease.
- Heart valve disease.

EQUIPMENTS USED

- ECG machine.
- Defibrillator.
- Pulse oxymeter.
- Nebulizer.
- Suction apparatus.
- Thermometer.
- Laryngoscope.

- Oxygen cylinder.
- Glucometer.
- Ventilator.
- Infusion pump.
- Syringe pump.
- Doppler.
- Cardiac monitor.
- ACT machine.
- ABG machine.
- AMBU Bag.
- Bipap machine.
- Cpap machine.
- Incubation Kit.
- BP Apparatus.

KEY SKILLS

- Excellent critical thinking, and decision making skills.
- Administration of chemotherapeutic drugs.
- Maintaining highest possible standards in patient care.
- Performing emergency life saving care like CPR .
- Pre - operative and post - operative care of patients.
- Monitoring and evaluating nursing care plan.

DECLARATION

In the view of the above particulars, please consider this application favourably and give an opportunity to work in your esteemed organization. If I am given a chance to work under your control, I assure you that I will perform my duties honestly to the entire satisfaction of all concerned. The above mentioned information is true and correct to the best of my knowledge and belief.

Place : Kattappana

Shynu K Sebastian

Date :