



Dr. Aswathy S Nair

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SUMMARY

I am a recent BDS graduate with a passion for dentistry, seeking an entry-level position in a reputable dental practice. Throughout my academic journey, I gained extensive knowledge and hands-on experience in general dentistry, including patient care, treatment planning, and dental procedures. With excellent communication and interpersonal skills, I am committed to providing high-quality care to all my patients.

EDUCATION

Bachelor of Dental Surgery **September 2017 — February 2023**

Mahe Institute of Dental Sciences And Hospital

GPA: 3.51 in 5 grading scale

Percentage: 70.3%

Matriculation **2013 — 2014**

SFS Public School and Junior college

CGPA : 9.4

Percentage: 89.3%

Higher Secondary Education **2015 — 2016**

SFS Public School and Junior college

Percentage: 86.4 %

WORK EXPERIENCE

Compulsory Rotating Residential Intern(CRRI) **February 2022 — February 2023**

Mahe Institute of Dental Sciences And Hospital

- Assisted in dental procedures and patient care
- Conducted oral health screenings and provided oral hygiene instructions to patients
- Worked with a team of dentists to develop treatment plans for patients
- Conducted health education sessions on oral hygiene and preventive measures
- Assisted in patient registration and triage
- Collaborated with healthcare providers to improve patient care and treatment outcomes
- Visited various schools in Mahe and conducted health education sessions on oral health and preventive measures
- Collaborated with teachers and school administrators to promote oral health and overall wellness among students
- Provided information on proper oral hygiene practices, nutrition, and healthy habits to promote overall wellness

Mahe Institute of Dental Sciences And Hospital

- Conducted one-to-one and group counselling for individuals seeking to quit smoking and use of tobacco products.
- Developed personalized cessation plans for each client and provided ongoing support throughout the quitting process
- Collaborated with healthcare providers and community organizations to promote tobacco cessation and prevention.

Researcher

Mahe Institute Of Dental Sciences And Hospital

Working on paper presentation on the Influence of different concentrations of pine bark extract (antioxidant) on micro-shear bond strength of resin composite to bleached enamel

QUALIFICATIONS

COVID-19 Contact Tracing - Course Certificate (Cousera)
John Hopkins University

TECHNICAL SKILLS

- Comprehensive General Dental Care
- Optimal Patient Care
- Dental Radiographs
- Crown placement
- Orthodontics Understanding
- Root Canal Treatment
- Emergency Dental Care
- Extraction
- Alveoloplasty
- Anterior and Posterior Composite Restorations(Cosmetic Restorations)
- Scaling and Root planning
- Proficient in Microsoft Office Suite and statistical software programs

SKILLS

- Strong oral and written communication skills
- Ability to work collaboratively in a team environment
- Strong attention to detail and organizational skills

WEBINAR PARTICIPATION WITH DENTAL COUNCIL OF INDIA

- Re-treatment strategies in Prosthodontics In General Dental Practice
- Role of magnification in Conservative Dentistry and Endodontics
- Adverse drug interactions and effects-What every dentist should know
- Management of traumatic injuries to permanent young tooth
- Informed consent-From dental surgeon's perspective
- Medical history influencing implant outcomes and digital technology in implantology
- Management of impression materials, impressions and models in COVID19 Era
- Malocclusion and its consequences
- Periodontics for the general practice
- Biopsy and integral component of diagnosis-treatment & prognosis of Oral Pre-Cancer & Cancer
- Orthodontic diagnosis & analysis of diagnostic records
- The renaissance era in Dentistry
- Non-Surgical Periodontal Therapy
- COVID and its impact in implications in Conservative Dentistry and Endodontics
- Dental caries- current concepts of dental caries

EXTRACURRICULAR ACTIVITIES

- Best poster award on Orthognathic Surgery from Sri Venkateshwara Dental College, Pondicherry
- Second prize for debate competition organised by Mahe Public Servants Cooperative Credit Society