

# RESUME

## AKHILA UNNI

MACHIPALAMOOTTIL EDASSIMALA P.O  
ARANMULA PATHANAMTHITTA  
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## PERSONAL DETAILS

Date of Birth : 16/09/1998  
Marital Status : Single  
Nationality : Indian  
Languages known : English, Malayalam, Hindi

## OBJECTIVE

To strive for excellence in the field in physiotherapy with dedication, focus , proactive approach, positive attitude and passion and utilise my knowledge and skills in the best possible way for the fulfillment of oranzationall goals.

## SKILLS

Excellent communication ,accurate , assessment and diagnosis, skill in dealing with patients in all situations.

## EDUCATION

<b>MEDICAL TRUST INSTITUTE OF MEDICAL SCIENCES, IRUMPANAM</b> <i>Bachelor of Physiotherapy</i>	2020
<b>GOVERNMENT VOCATIONAL HIGHER SECONDARY SCHOOL,ARANMULA</b> <i>Plus two</i>	2016
<b>ABRAHAM MARTHOMA MEMORIAL HIGHER SECONDARY SCHOOL, EDAYARANMULA</b> <i>SSLC</i>	2014

## PROJECTS

Prevalence of Lower Crossed Syndrome among Collegiate young Females

## PEER - REVIEWED JOURNAL ARTICLES

Sushmitha T, Akhila Unni, Angel Anna Chacko, Angela Sarah Jolly " Prevalence of Lower Crossed Syndrome among Collegiate young Females in Kochi". International Journal of Science and Research 11 (1 ) [2022 ] :1202 -1206

## ACHIEVEMENTS & AWARDS

Member of Medical Team for IDBI Federal Life Insurance spice coast marathon held on November 11, 2018

## **INTERNSHIP EXPERIENCE (6 Months)**

*Medical Trust Hospital, Ernakulam (NABH Accredited )*

During the period of internship the following departments were covered

Physiotherapy OPD

Orthopaedics

General medicine

Neurology

Geriatrics

Cardiology

Pulmonology

Paediatric

Gynaecology

Preoperative and postoperative ICU

Sports medicine

Plastic surgery

Orthotics and prosthetics

Radiology

Differenty Abled school -Janey special school, Eroor,Kochi, Kerala

Swasaraya Training and Rehabilitation center vettical

## **CME ATTENDED**

HANDS ON WORKSHOP- THERAPEUTIC TAPING FOR MUSCULOSKELETAL CONDITION at MEDICAL TRUST INSTITUTE OF MEDICAL SCIENCES, IRUMPANAM on 7th and 8th February 2020

CHARTERED SOCIETY OF PHYSIOTHERAPY TEACHERS NATIONAL CONFERENCE 2018 on 12th and 13th may 2018 at Malabar Marina Convention Center, Calicut

SYMPOSIUM ON PHYSIOTHERAPY UPDATE IN CRITICARE at MEDICAL TRUST INSTITUTE OF MEDICAL SCIENCES, IRUMPANAM on 23rd February 2019

## **REFERENCE**

**Mrs. Anila paul** - Medical trust institute of medical sciences,Irumpanam , Ernakulam" - HOD and Professor | 8547992248

**Mr Arun Thachil**- " Medical trust institute of medical sciences, Irumpanam, Ernakulam" - Principle and Associate professor | 9895191924

**Mr.M.A Joseph**- " Medical Trust Hospital, Ernakulam" - Chief Physiotherapist | 9846091844

## **DECLARATION**

I hereby declare that all the above mentioned particulars are true to the best of my knowledge and belief,

Place : PATHANAMTHITTA

Date. :

**AKHILA UNNI**