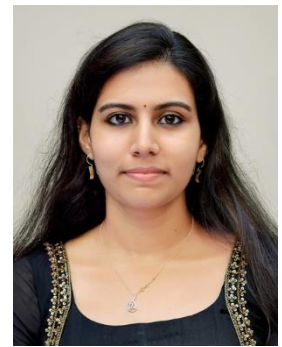


Sandra Santhosh

Optometrist

Address: Kodungallur, Thrissur,
Kerala
Mob: +91 7558083559
Email: sandrasanthosh55@gmail.com



OBJECTIVE

To build career in a growing organization, where I can get the opportunities to prove my abilities by accepting challenges.

SKILLS

- Retinoscopy and Refraction
- Low vision and rehabilitation
- Pachymetry
- Ascan Biometry
- Perimetry(HFA,Confrontation)
- Contact lens management
- IOP measurements
- LASIK evaluation
- Keratometry
- OCT
- Orthoptic workup
- Spectacle dispensing

EDUCATION

- | | |
|--|--------------------|
| Bachelors of Science in Optometry
Ahalia School of Optometry, Palakkad,kerala | 2018 - 2022 |
| Higher Secondary Education in Science
International indian school Dammam, Saudi Arabia | 2016 – 2018 |

ACHIEVEMENTS & PROJECTS

CHANGE IN BLINKRATE AND OCULAR SYMPTOMS DURING BLUE BACKGROUND COLOR AND DURATION OF READING WITH DIFFERENT FONT SIZE.

ACME-IV, A dispensing galore

Participated in CME on " A Dispensing Galore" held at Ahalia Foundation Eye Hospital Palakkad 24th November 2018

AMET, A Refraction workshop

Participated CME at Alsifa College of Paramedical Science on the topic " Refraction" on 8th March 2020.

IACLE student trial Exam

Participated in IACLE student trial Exam.

Attended more than 100 eye camps

Attent more than 100 camps at Ahalia Foundation Eye Hospital Palakkad and Ahalia Foundation Eye Hospital North Paravur.

PROFESSIONAL EXPERIENCE

- | | |
|--|--------------------|
| Did a one year internship in Ahalia Foundation
North Paravur, Ernakulam | 2022 - 2023 |
|--|--------------------|

- Learned how to bond with the patients to make them comfortable.
- Strengthened communication skills by interacting with people from all over Kerala.
- Focusing on task prioritisation and breakdown to concur to the short deadline in a time efficient manner.

REFERANCE

- | | |
|---|--------------------|
| Dr.Sajeev Cheriyan Jacob -- "Ahalia Foundation Eye Hospital "
Ophthalmologist, Medical Director | August 2020 |
|---|--------------------|

Meddir@afeh.org

701256566

Mr. Venkitaramana Kalakkivayi - "Ahalia School Of Optometry "

August 2020

Head of department

Hod.aso@ahalia

9380764631

Dr. Sandhy Vijayan - "Ahalia Foundation Eye Hospital, North Paravur " Consultant

Ophthalmologist, MBBS, DO, MS

DECLARATION

I hereby declared that the above-mentioned details are true and can be verified with relevant certificate.

SANDRA SANTOSH