

CURRICULUM VITAE

Dr. ANILA JOSE

MBBS, MD, DNB (INTERNAL MEDICINE), ACDM(UK)
ASSISTANT PROFESSOR
DEPARTMENT OF GENERAL MEDICINE
SNIMS, CHALAKA

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OBJECTIVE

As a General Physician my aim is to perform and utilize my professional skills for the benefit of patients and Institute. My passion towards the academics will continue with special emphasis to motivate the young budding doctors to choose General Medicine as a career goal.

ACADEMIC PROFILE

1. **MBBS**

Jubilee Mission Medical College and RI, Thrissur
Calicut university

2. **MD GENERAL MEDICINE**

KIMS, Bengaluru
RGUHS university

3. **DNB GENERAL MEDICINE**

4. **ADVANCE CERTIFICATE IN DIABETES MELLITUS**(RoyalLiverpool Academy,UK)

5. **FELLOWSHIP IN DIABETES MELLITUS**(RoyalLiverpool Academy,UK)-ongoing

REGISTRATION

Travancore Cochin Medical Council (TCMC) – 47847

EXPERIENCES

1. ASSISTANT PROFESSOR IN GENERAL MEDICINE

Sree Narayana Institute of Medical Science (SNIMS) , Chalakka : from 18-03-2022 till date

2. SENIOR RESIDENT IN GENERAL MEDICINE

Sree Narayana Institute of Medical Science (SNIMS),Chalakka :from 01-09-2020 to 16-10-2020

Wenlock Hospital, Mangalore : from 22-10-2020 to 28-04-2021

Sree Narayana Institute of Medical Science (SNIMS),Chalakka :from 03-05-2021 to 17-03-2022

3. JUNIOR RESIDENT IN GENERAL MEDICINE

Kempegowda Institue of Medical Sciences, Bangalore -3 years (June 2017- July 2020)

4. JUNIOR RESIDENT IN DEPARTMENT OF EMERGENCY MEDICINE

Jubilee Mission Medical College, Thrissur-1 Year (January 2013- January 2014)

RESPONSIBILITIES

1. Handling all responsibilities of patient care in department of General Medicine
2. Evaluation, diagnosis, management and regular follow up of patients , including both inpatient and outpatient .
3. Active participation in academic activities
4. Responsible teacher for building up the budding doctors , both ug and pg .
5. Moderated seminars for both undergraduates and postgraduates.
6. Coordinated with interdepartmental discussion for policy making : antibiotic policy .
7. Meticulous management of critically ill patients and ICU care
8. Emergency procedures including Intubation, Hemodialysis access, Central lines, Ventilator Management, Lumbar Puncture, Pleural and ascitic tapping.
9. FAST Scan and Screening Echo
10. Interpretation of ABG, ECG, X-rays , CT , MRI etc
11. Cordial relationship maintained with other departments, and in person approach and discussion with the supporting departments for early diagnosis of disease which improves patient care and hospital reputation.

CME CONDUCTED

1. Conducted **CME on MUCORMYCOSIS** on 10.06.2021 in SNIMS, Chalakka

COMMITTEE MEMBER

1. ANTIMICROBIAL STEWARDSHIP COMMITTEE , SNIMS, Chalaka.

CONTRIBUTOR

1. Guidelines for Empirical Antimicrobial Therapy - A Pocket Guide

WORK SHOPS COMPLETED

1. Acid base work shop
2. Mechanical ventilation workshop
3. Clinical research and Grantsmanship workshop
4. Exercise stress ECG essentials workshop
5. Pulmonary Function Testing Essentials workshop
6. Point-of-Care-Ultrasound Essential Workshop
7. Chest Xray Essentials Workshop
8. ECG mastery: black belt workshop

RESEARCH WORKS

1. **“Study of Non- Traumatic Altered Mental Status in Emergency Department of Tertiary Care Centre”** European Journal of Molecular and Clinical Medicine,2022,Volume 9, Issue 7, Pages 555-562.
2. **“Comparison of spectrum of medico-legal cases and outcomes in the emergency department of tertiary care center: A retrospective study”** European Journal of Molecular & Clinical Medicine,2022, Volume 9 , Issue 7 , Pages 22-33

3. **“Study of secondary lung infections in newly diagnosed pulmonary tuberculosis.”**, Journal of Medical Science and Clinical Research,2019 volume 7 issue 11:482-487
4. **“The value of modified early warning score , to predict outcome of patients of emergency medicine department”**, Indian journal of Emergency Medicine 2019;volume 5, Number 4, 2019;5(4) 221-224
5. **“The role of blood urea nitrogen / albumin ratio and albumin level in predicting the need for Icu care(intensive respiratory and vasopressin support) in community acquired Pneumonia patients.”**Journal of medical science and clinical research 2019; volume 7, issue 11: 707-711
6. **“Association of Quick Sepsis- Related Organ Failure assessment (qSOFA) to predict the severity in patients with pneumonia”** Journal of Medical science and clinical research 2019;volume7 issue11:688-693
7. **“Elevated monocytes to HDL cholesterol ratio as a new inflammatory marker in smokers”**., Journal of Medical Science and research 2019 volume 7 issue 11: 949-953

COURSES COMPLETED

1. Basic course in **Biomedical Research** by NPTEL and ICMR
2. NIECR 103 :**Scientific writing in health research**
3. BLS and **ACLS** from American Heart association
4. Noninvasive ventilation master class course
5. Antibiotics stewardship essentials course
6. Dialysis essentials course
7. Echocardiography essentials course

OTHER COURSES COMPLETED

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| 1. Liver lab essentials | 14. Abdominal examination essentials |
| 2. Neurology master class: managing common diseases. | 15. Covid mini: handheld echo graphs |
| 3. Headaches master class | 16. Covid mini : diagnostics |
| 4. Malaria mini : basics | 17. Noninvasive ventilations masterclass |
| 5. Blood gas analysis essentials | 18. Mechanical ventilation essentials |
| 6. Acid base essentials | 19. ICU masterclass : inotropes and vasopressors |

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| 7. Infectious disease essentials | 20. Pulmonary function tests essentials |
| 8. Clinical neurology essentials | 21. Transfusion medicine essentials |
| 9. Diabetes mellitus masterclass | 22. Haematology and coagulation essentials |
| 10. Viral hepatitis lab essentials | 23. Procedural ultrasound masterclass |
| 11. Thyroid disease masterclass | 24. Chest X-ray essentials |
| 12. Fluid and electrolytes masterclass | 25. ECG mastery: yellow belt course |
| 13. ECG mastery : blue belt course | |

CONFERENCE ATTENDED:

1. “ **KENDOCON 2022**” - by PACE , Kochi, December 11, 2022
2. “**Manipal clinical CME-2020**” at Kasturba medical college, Manipal
3. “**M.E.R.T CME- September 2019**” at API Bhavana, Bengaluru
4. “**KAPICON-2019**”-**Karnataka state conference**,at JawaharlalNehru Medical College, Belgavi
5. “**APICON-2019**” - **National Conference**,at Lulu Bolgatty International Convention Centre, Kochi
6. “**M.E.R.T CME- September 2018**” at API Bhavana , Bengaluru
7. “**ARPrAN 2018 - NIMHANS Annual Reviews in Practical Neurology** ”- July 2018 at NIMHANS , Bengaluru
8. “ **ADA-PAMS Clinical Update in Diabetes -2017**” at Hotel Le-Meridien, Bengaluru
9. “**INDUSEM 2013- INDO -US Emergency Medicine Summit** ”- **International conference** at Lulu International Convention Centre, Thrissur

PRESENTATIONS:

A. POSTER PRESENTATION

1. “ A TALE OF PROXIMAL MYOPATHY” in **National Conference APICON 2019**
2. “ A CASE OF PAIN IN THE NECK” in **International Conference INDUSEM 2013**

B. PODIUM PRESENTATION

1. “ Study of Secondary Lung infections in newly detected Tuberculosis ” KAPICON 2019

EXTRACURRICULAR

1. Won prizes in STATE LEVEL IQ COMPETITIONS
2. Participated and won prizes in various INTERSCHOOL ATHLETIC EVENTS
3. Won prizes in various COLLEGE and SCHOOL SPORTS AND ATHLETICS

PUBLIC RELATION

1. Treating doctor as a service to the community in the old age home - KRIPA SADHAN OLD AGE HOME , Karayamparambu
2. Talk in ALL INDIA RADIO- KOCHI FM about HYPOTHYROIDISM
3. Resource person in various camps in Ernakulam district.

I hereby affirm that the information in this document is accurate and true to the best of my knowledge.

Thanking You,

Yours faithfully

Dr ANILA JOSE

Date : 03-04-2023

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