

## CONTACT

### CHELCY VARGHESE

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## OBJECTIVE

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To obtain a position as a counsellor where I can effectively utilise my skills for providing patient care and work for the betterment of the organisation and for self betterment by utilising social work skills effectively and efficiently.

## EDUCATION

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*2019-2021*

- **Master of Social Work(Medical and Psychiatry)**  
Santhigiri College of Computer Science, Vazhithala, Thodupuzha, Idukki.  
3.66/5(CGPA)

*2016-2019*

- **BA English Literature and Communication studies.**  
Nirmala College, Muvattupuzha.  
7.64/10(CGPA)

*2016*

- **Higher Secondary Education.**  
Nirmala Higher Secondary School, Muvattupuzha.  
75%

*2014*

- **SSLC**  
St. Xaviers Public School, Pothonicad(CBSE)  
8.4/10(CGPA)

## EXPERIENCE

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*02/03/2022 -*

- **Public Relations Executive.**  
Welcare Hospital, Vyttila  
Medical social worker.  
Patient Relations.  
Patient counselling.  
Financial Counselling  
Coordinate different IP activities.

- 25/11/22  
Ongoing
- • **Life skill trainer.**  
District Child Protection Unit, SMART 40, ORC(Our Responsibility to Children) at Idukki District  
Life Skill training classes for students of Idukki District.
- 20/08/2021  
12/10/2021
- • **Social Work Trainee**  
Government Tribal Speciality Hospital, Attapadi  
Worked as a psychiatric Social Worker.  
Worked as a medical social worker in different medical departments.  
Organising and participated in different medical Camps.  
Counselling.  
Postpartum Counseling.  
Case Study and MSE
- 19/01/2021  
13/02/2021
- • **Social Work Trainee.**  
Louise Mount Hospital, Kalpatta, Wayanad  
MSE taking.  
Case Study,  
In patient Visit,  
Analyse about different psychiatric illness and their therapeutic interventions,  
Group Work and Case Work practices.
- 15/02/2020  
7/03/2020
- • **Social work trainee.**  
Kerala Social Security Mission, Vayomitram, Thodupuzha. Idukki  
Visited old age home for elderly.  
Early care centres for medical assistance and palliative Care.
- 6/12/2019  
6/01/2020
- • **Social Work Trainee.**  
Social Audit Society.  
File Verification of MGNREGA, Field Verification.
- 17/07/2019  
20/09/2019
- • **Social Work Trainee**  
Kumaramangalam Gramapanchayth  
Working of the three tier system, local governance and how it benefit people.  
Deaddiction center visits.

## SKILLS

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- MS Word.
- Microsoft Powerpoint.
- Google Forms.
- Documentation.
- Crisis Managment.

- Reporting.
- Communication and Rapport Building.
- Counselling and Coordination.

## PROJECTS

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- **Issues and Problems Faced by Street Vendors in the time of Covid\_19.**
- **Public Relations in Organizational Crisis Management.**

## PERSONAL DETAILS

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- Date of Birth : 10/06/1998
- Marital Status : Single
- Nationality : Indian
- Languages Known : English, Malayalam
- Age : 24

## CERTIFICATIONS

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- Public Health in Humanitarian Crisis- an online credit course authorised by Johns Hopkins University and offered through Coursera.
- Understanding and strengthening health systems offered through Coursera.
- Psychological support and psychotherapy during Covid- 19( K. E College, Mannanam).
- Prospects of social work in Hospitals: Reflections from Practises(KAPS Skill Academy)

## PARTICIPATION

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- Covid \_19 Counselling in Edavetty Grama Panchayth, Idukki District.
- Awakening Through Human Rights, Dyothana 2020 National Conference Organised by Santhigiri College, Thodupuzha.
- National Conference on Climatic Change in India Organised by Sree Sabareesa College and Department of Climatic Change, Government of Kerala.
- Inter- Cilleguate Media Seminar and Workshop, Chiarouscuro 2K18 organized by Newman College, Thodupuzha.
- Media Seminar Organised by Press Club, Muvattupuzha.
- National Conference on Evolving Gender Roles In Social Institutions: Scope

of Social Work, Awake 2020 organised by K.E College, Mannanam.

## PROFESSIONAL MEMBERSHIP

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- KAPS( Kerala Association Of Professional Social Workers).

## REFERENCE

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- **Anumol Joy - "Santhigiri College, Thodupuzha "**  
Assistant Professor  
Anumoljoy@santhigiricollege.com  
9744659006
- **Manju Binu - "Welcare Hospital, Vyttila"**  
Public Relations Manager  
manjubinu44@gmail.com  
9447725411

## DECLARATION

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- I Chelcy Varghese hereby declare that all the above mentioned information are true to the best of my Knowledge and belief.  
Place: Pothanicad  
Date: 02/04/23



CHELKY VARGHESE