

## SREELEKHA. T. J

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Thrissur, Kerala

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### CAREER ABRIDGEMENT

To work with an institution that drives me constantly to improve my medical skills by providing me an opportunity to work on challenging cases thus helping me earn repute and value both for myself and my institution.



### KEY SKILLS

- Anatomy Knowledge
- Therapy Intervention
- Myofascial trigger release technique
- Dry needling technique
- Kinesiology taping techniques
- Pediatric PT
- ICU management
- Stroke rehabilitation
- Balance and coordination training
- Pre and Post Operative management



### EMPLOYMENT CHRONICLE

● Rajarajeshwari Medical College and Hospital, Bangalore

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INTERN

● ELEMENTS 5 Ayurveda & Physiotherapy, Thrissur

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PHYSIOTHERAPIST



### CLINICAL EXPOSURE

● TRAINEE

RAJARAJESWARI COLLEGE OF PHYSIOTHERAPY

- Department of Orthopaedics
- Department of Neurosurgery and Neurology
- Department of Pediatrics
- Department of General Medicine
- Department of General Surgery
- Department of Community based Rehabilitation.



## ACADEMIC CREDENTIALS

S. N. Vidhya Bhavan Sr Sec School, Thrissur  
2015  
SSC

S. N. Vidhya Bhavan Sr Sec School, Thrissur  
2017  
INTERMEDIATE

Rajarajeswari College of Physiotherapy, Bangalore  
2022  
B. P. T



## CME PROGRAMMES ATTENDED

### WORKSHOP ON BLS

Rajarajeswari College of Physiotherapy 2018

### IAP Conference

BANGALORE PALACE, Bangalore 2020

### WORKSHOP ON DIABETIC FOOT

Rajarajeswari College of Physiotherapy 2019



## PERSONAL DOSSIER

Gender : Female  
Date of birth : 15 May 1999  
Nationality : Indian  
Marital Status : Single



## LANGUAGES

English, Malayalam, Hindi, Tamil, Kannada



## COMPUTER PROFICIENCY

MS Word \*\*\*\*\*

MS Power Point \*\*\*\*\*

Internet & Email \*\*\*\*\*

MS Excel \*\*\*\*\*



## REFERENCE

Dr.Jibi Deepak - "MPT(Neurological and Psychosomatic disorders) "

Associate Professor, RajaRajeswari College of Physiotherapy

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## DECLARATION

I hereby declare that all the details in the application are true, complete and correct to the best of my knowledge and belief. I assure you that, if given an opportunity, I would put the best of my skills and talents to build my career as well as to meet your expectations.

Place: Thrissur

Sreelekha. T. J

Date : 26/01/2023