



# Thameem Kn

kakkattil house kuttamassery thottumugham po aluva

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**DOB :** 07/10/2002

## OBJECTIVE

To enhance my professional skills, capabilities and knowledge in an organization which recognizes the value of hard work and trusts me with responsibilities and challenges.

## SKILLS

- Hard Working
- Creative  
Sincere & Honest  
Punctual  
Experience in rotating sterile supplies in order of expiration dates.  
Distribute sterile supplies and instrumentation for surgical procedures and patient care.  
Receive, store, and distribute sterile and non-sterile supplies while maintaining their integrity  
Strong attention to detail, vigilance, and meticulous care on the job. Passion for keeping people safe.  
Good judgment and critical-thinking skills. Manual dexterity and the ability to handle fragile equipment

## REFERENCE

mani thirukumar - cssd incharge  
vps Lakeshore  
manitk123@gmail.com | 9539603187

## EXPERIENCE

### VPS LAKESHORE, MARADU

#### internship

Duration : **05/06/22**

3. Ensure cleaning the department and other housekeeping related activities
4. Issuing the items to the user departments
5. Loading the materials for sterilization
6. Lubricating and separating the instruments that do not function
7. Maintaining the registers required as per NABH key quality indicators.
8. Material planning and communicating to the In Charge
9. Monitoring the parameters
10. Packing and labelling the materials
11. Planning and executing the cleaning & sterilization processes
12. Preparing items for sterilization – gauze, cotton and such other consumables
13. Putting up and updating the Standard Operating Procedures related to CSSD
14. Recall procedure initiation
15. Receiving, checking and segregating the CSSD items
16. Running validation tests
17. Washing, cleaning and drying the instruments

## EDUCATION

### ISLAMIC HSS ALUVA

#### SSLC

Passing Year - **2018/19**

Grades : **85%**

### JAYAKERALAM HSS PULLUVAZHI

#### PLUS TWO

Passing Year - **2019/21**

Grades : **70%**

### S R LORDS INSTITUTE THRISSUR

#### DIPLOMA IN CSSD TECHNICIAN

Passing Year - **2023**