

## **ANAND JOSEPH**

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### **PROFESSIONAL PROFILE**

Physiotherapy undergraduate with a great passion for caring and helping people of all ages, skilled in independent patient management, communicating treatment plans with patients and senior staff, and running outpatient services in co-operation with other healthcare professionals. I have previous experience in patients ranging from children suffering from Developmental disorders to adults and elderly affected by and recovering from injuries and movement disorders. I have great communication skills in Kannada, English, and Malayalam languages. And I also enjoy working with a variety of people.

### **PROFESSIONAL OBJECTIVE**

To work in a challenging area where I can use my abilities and improve my knowledge and skills as a physiotherapist and climb up to the ladder of success along with take my organization to heights of popularity and respect.

## KEY SKILLS, CORE COMPETENCIES & STRENGTHS

- ✓ Ability to carry out Accurate & Precious patient care.
- ✓ Experienced in designing patient-specific exercise programs and managing inpatient and outpatient settings.
- ✓ Sound knowledge in the use of electro-physical agent's and modalities.
- ✓ Expert in providing treatment to adult, geriatric and paediatric patients.
- ✓ Patience and Good Communication Skills.
- ✓ Interact with patients to understand their ailments and recommend proper treatment.
- ✓ Involved in diagnosing, recommending, and implementation of appropriate treatment and rehabilitation programs for the patients.
- ✓ Engaged in the rehabilitation of patients with orthopaedic, cardio-respiratory, and neurological deficits.
- ✓ Being Punctual.

## EDUCATION AND QUALIFICATIONS

### ❖ **Bachelor of Physiotherapy**

NAME OF INSTITUTION: JSS college of Physiotherapy

UNIVERSITY: Rajiv Gandhi University of Health and Science Karnataka

YEAR OF PASSING: 2022

Year	1 <sup>st</sup> (2019)	2 <sup>nd</sup> (2021)	3 <sup>rd</sup> (2021)	4 <sup>th</sup> (2022)	Aggregate
Result	56.8%	63%	60.1%	62.8%	60.5%

### ❖ **HSS: HIGHER SECONDARY SCHOOL CERTIFICATE**

NAME OF SCHOOL: St Marys Hss Mullenkolly, Wayanad, Kerala

YEAR OF PASSING: 2017

### ❖ **SSLC: SECONDARY LEVEL SCHOOL CERTIFICATE**

NAME OF SCHOOL: St Marys High School Mullenkolly, Wayanad, Kerala

YEAR OF PASSING: 2015

	INSTITUTION	BOARD/UNIVERSITY	YEAR OF PASSING	MARK
HIGHER SECONDARY	St Marys Hss Mullenkolly	State higher secondary	2017	80%
SSLC	St Marys Hs Mullenkolly	Kerala state	2015	86%

## CLINICAL POSTING AND INTERNSHIP

### J.S.S Hospital, Mysore, Karnataka

Postings were in the following areas:

Orthopaedics and sports, General medicine & surgery, obstetrics and gynaecology, neuro medicine & surgery, Paediatric physiotherapy in outpatient care, Artificial Limb Center Orthotics & Prosthetics Department, Physiotherapy Outpatient Care, cardiovascular and respiratory physiotherapy, Intensive Care Unit (ICU, RICU, NICU, MICU, NSICU, PICU, CTVS), Physical medicine and rehabilitation centre, community rehabilitation including special schools, ergonomics, old age home etc

## SPECIAL POSTINGS

- ❖ Physical medicine and rehabilitation centre.
- ❖ Community-based rehabilitation including DEIC, SSA, Geriatric home, Ergonomics,
- ❖ Special schools.

## WORKSHOPS AND CONFERENCES

- Core life support (basic) course at JSS College of Physiotherapy on 11<sup>th</sup> & 12<sup>th</sup> August 2022 conducted by the Indian institute of emergency medical services.
- Completed various online courses on PHYSIO PLUS (an online professional development from physiopedia) has been completed during the year 2022

### *REFERENCES*

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**Dr Kavitha Raja**

**MS (PT), TWU, USA; PhD PGDR, PGDMLE, CHFP. ATP**

**Professor, principal**

**JSS College of Physiotherapy, Mysore**

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**Dr M. Renukadevi**

**Professor**

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**Vijay Samuel Raj V, MPT, PGDHA, CKTT**

**Assistant Professor**

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I hereby declare that the above-furnished details are true to the best of my knowledge & professional registrations.

ANAND JOSEPH