

Dr Akash Xavier

MBBS

Registration no. - 62995

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OBJECTIVE

- MBBS graduate from Govt. Medical College, Alappuzha with a work experience of nearly 4 years post-internship as Casualty Medical Officer and NHM MO across both Govt and private hospitals seeking job in Emergency or ICU or Medicine department.

SKILLS

- Active listener and a good interpersonal communicator.
- Maintains excellent team spirit with the colleagues and confident in being a team leader.
- Motivated to teach juniors and students.
- Manages time efficiently, able to carry forward own improvement initiatives.
- Got moderate typing speed and decent understanding of basic computer expertise needed in medical practise.
- Able to perform medical procedures such as wound suturing and suture removal, aseptic dressing, urinary catheterisation, blood sampling, Intravenous cannulation, Arterial Blood Gas sampling, Injections (IV/IM/SC), Nasogastric tube insertion, Incision and drainage, removal of wound drain independently.
- Capable of executing procedures like endotracheal intubation, lumbar puncture, ascitic tap, pleural tap under supervision.

EDUCATIONAL QUALIFICATIONS

- **UK PLAB exams** (both part 1 & 2) - Pass; Feb 2023
General Medical Council, UK
- **MBBS** - Pass; 2017
Govt T.D. Medical College, Alappuzha

WORK EXPERIENCE

- Aug 2022-Sep 2022 ; **Clinical Attachment in Geriatrics**
(1 month) Heartlands Hospital, Birmingham, UK
(University Hospitals of Birmingham NHS Foundation Trust)

- Shadowed Consultant in Geriatric wards including Ortho-geriatric ward, Emergency and Outpatient departments.
- Observed Ward rounds and Multi-Disciplinary Team (MDT) meetings
- Interacted with patients and health care members
- Listened to telephonic conversation between doctor and patient's next of kin
- Did abdominal, upper limb, lower limb, neurological, per-rectal examinations under supervision
- Performed IV cannulation and blood sampling under supervision
- Observed Arterial Blood Gas sampling
- Observed doctors using Prescribing Information and Communications System (PICS)

- Nov 2021 – June 2022: **Casualty Medical Officer**
(8 months) Poochakkal Medical Centre, Cherthala

- Attended patients in Emergency
- Stabilized acutely ill patients
- Detailed examinations and relevant investigations
- Management according to hospital protocol
- Discussed cases with consultants regarding further management of the patients

- Performed CPR, wound suturing and suture removal, urinary catheterization, nasogastric tube insertion, incision and drainage, nasal packing, foreign body removal from the ear

- Sept 2021 - Oct 2021: **Covid Medical Officer**
(2 months) Poochakkal Medical Centre, Cherthala

- Attended patients with covid symptoms in out-patient facility
- Admitted covid positive patients
- Management according to hospital protocol
- Conducted ward rounds, assessed patients' progress
- Referred critically ill patients to higher centre
- Discussed cases with consultant on-call regarding further management of the patients

- May 2020 - Feb 2021: **NHM Medical Officer**
(10 months) Government Taluk Hospital, Fortkochi

- Attended patients in Emergency, In-patient and Out-patient departments
- Resuscitated critically ill patients in Casualty
- Management according to hospital protocol
- Conducted ward rounds, assessed patient conditions, escalated valid patient concerns to the consultants
- Attended patients with covid symptoms, admitted covid positive patients
- Performed CPR, wound suturing and suture removal, incision and drainage, nasogastric tube insertion, urinary catheterisation, nasopharyngeal and oropharyngeal covid sample collection

- Jan 2018 - Feb 2020: **Casualty Medical Officer**
(2 years) St. Sebastian's Visitation Hospital,
Arthunkal

- Attended patients in Emergency
- Stabilized acutely ill patients
- Performed relevant examinations and investigations
- Management according to hospital protocol
- Discussed cases with consultants on-call regarding further management of the patients

- Performed CPR, wound suturing and suture removal, urinary catheterization, nasogastric tube insertion, incision and drainage, nasal packing, foreign body removal from the ear
- Aug 2016 – Aug 2017: **House Surgeon**
 (1 year) Government T D Medical College Hospital,
 Alappuzha
 - Compulsory Resident Rotating Internship in departments of General Medicine (45 days), Psychiatry (15 days), General surgery (45 days), Anesthesiology (15 days), Ophthalmology(15 days), Otorhinolaryngology (15 days), Orthopaedics (33 days), Casualty (15 days), Obstetrics & Gynaecology (60 days), Paediatrics (30 days), Radiodiagnosis (17 days) and Community Medicine (60 days).
 - Duties in general across the departments included shadowing consultants, history taking, performing examinations, relevant investigations, basic management.
 - Performed blood sampling, IV cannulation, wound suturing and suture removal, aseptic dressing, urinary catheterization, Arterial blood gas sampling, Injections (IV,IM,SC), nasogastric tube insertion, incision and drainage, CPR, ascitic tap, blood transfusions, Lumbar puncture, nasal packing, foreign body removal from the ear, per-speculum examination, per-rectal examination, normal labour conduction, pre-surgical check-up, post-anesthetic care, removal of drain

TRAINING COURSES AND CONFERENCES

- **Adult Basic life Support and Automated External Defibrillation - Feb 2023**
 Resuscitation Council (UK)
 Bart's City Life Saver, London, UK
- **Basic Life support – June 2022**
 American Heart Association
 Health Careers Institute, Kochi, Kerala
- **Virtual IMG Career Conference - Dec 2021**
 Arora Medical Education, UK
- **Virtual IMG Conference - July 2021**
 Arora Medical Education, UK

- **Online CPD webinar – Induction to NHS for Overseas Doctors and career guidance in UK** - April 2021
Arlington British Medical Academy, UK
- **Covid training for Doctors** - Nov 2020
Govt. Taluk Hospital, Fortkochi
- **Covid training for Healthcare professionals** - May 2020
National Health Mission, Ernakulam

TEACHING AND PRESENTATIONS

- **Covid pneumonia case presentation**
at National Health Mission, Ernakulam in Jan 2021
- **Basic Life Support teaching**
at a medical camp in Ezhupunna in Dec 2020

REGISTRATION

- Kerala State Medical Council - Sep 2017
Registered with license to practise
Registration number: 62995

LANGUAGES

- Proficient in English, Malayalam & Hindi

REFERENCES

- Available upon request