**Maya Thottumkal RN, MSN, CPMHNC**

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1(289) 886 2809 | mayan2024@gmail.com

**Education**

2020 Essentials in Clinical Simulations, The George Washington University, USA

2019 Certification in University Teaching, UOIT, Oshawa, Ontario

2018 Cognitive Behavior Therapy, OISE, University of Toronto

2015 Diabetic Educator Certificate Program, The Michener Institute, Toronto

2 010 M Sc (Nsg Education& Medical Informatics), University of Phoenix, USA

2003 Forensic Mental Health Nsg, Centennial College, Toronto

2001 Psychiatric Nsg, George Brown College, Toronto

1998 Critical Care Nursing Certificate, Centennial College, Toronto

1995 Operating Room Nursing Certificate, George Brown College, Toronto

1989 B.Sc. Nursing, AFMC, University of Pune, India

**Certificates**

Canadian Psychiatric Mental Health Nursing Certificate

**Professional Memberships**

College of Nurses of Ontario

Registered Nurses Association of Ontario

American Psychiatric Nursing Association

The Sigma Theta Tau International Honor Society of Nursing

Toastmasters International

**Academic, Administrative and Professional Appointments**

July 2022- present Assistant Professor (clinical), University of Calgary in Qatar, Doha, Qatar

2017 – June 2022 Clinical Nursing Faculty, Ontario Tech University, Oshawa, Ontario, Canada

Sept 2021- Dec 2021 PSW Instructor, Canadore at Stanford College, Toronto, Ontario

2018-19 Finance officer, RNAO, Durham Northumberland chapter

2017 – 2021 RN, Adult Inpatient Mental Health Unit, Michael Garron Hospital, Toronto

2016-2020 Nursing Clinical Instructor, Faculty of Nursing, University of Toronto,

2011 –2015 Inpatient Rehabilitation Unit Manager, Centre for Addiction & Mental Health, Toronto, Ontario, Canada

2004 – 2011 RN, Ontario Shores Centre for Mental Health Sciences, Whitby, Ontario

2000-2006 RN, Centre for Addiction & Mental Health, Toronto Ontario, Canada

1994-2000 RN, medical/surgical unit, The Scarborough Hospital, Toronto,

1989-1994 RN (Lieutenant), Military Nursing service, India

**Teaching**

Assistant Professor (clinical): N312 & N410 (Year 2 & year 3), Bachelor of Nursing (Regular Track)

Clinical Instructor: Year 1, Year 3, Year 4 of Bachelor of Science in Nursing, Ontario Tech University, Oshawa Ontario, Canada

Personal Support Worker Instructor: Canadore at Stanford College, Toronto, Ontario

Mental Health Nursing Clinical Instructor: RPN to RN Bridging program, Durham college, Ontario, Canada

Mental Health Nursing Clinical Instructor: Bachelor of Science in Nursing (BScN), Faculty of Nursing, University of Toronto. Canada

Mental Health Nursing Clinical Instructor: RN bridging Program, Centennial college, Toronto.

**Professional Development**

APNA (American Psychiatric Nursing Association) conference

RNAO (Registered Nurses Association of Ontario) workshops

Active member of Toastmaster International

VP of Education, VP of Membership, VP of Finance, & Youth Leadership Program organizer of Ajax Outspoken Speakers Toastmaster club

Area Director, District 60 Toastmasters, Toronto

**Committees**

Health and Safety Committee Faculty member, UCQ

RNAO, Finance ENO, Durham Northumberland chapter

Joint Health and Safety Committee, CAMH & Ontario Shores Hospital

CNO Outreach committee

SKILLS

Adult Teaching experience and facilitation skills

Electronic Health Record Implementation experience

Excellent organizational and leadership skills

Strong Communication & Interpersonal skills,

Problem solving & conflict resolution skills