

# **CURRICULUM VITAE**

## **OBJECTIVE**

Enthusiastic, hardworking, and dedicated individual seeking a position of Junior Resident in a reputed institution to learn and provide exceptional and quality healthcare services. My goal is to gain practical experience as a general practitioner and I will work with my maximum effort until such a time that I qualify as a practicing General Physician in the longer term.

#### PERSONAL INFORMATION

o Date of birth: 04-03-1994

o Gender: Female

o Age: 29

Father: A Abdul RasheedMother: A Alifnisa

o Religion: Muslim

o Place of Birth: Trivandrum

o Languages known: English, Malayalam, Tamil.

### **ACADEMIC QUALIFICATION**

- Qualification Bachelor of Medicine & Bachelor of Surgery (MBBS) from TRAVANCORE MEDICAL COLLEGE KOLLAM (2014-2020) under Kerala University of Health Sciences (KUHS).
- Higher Secondary -St Marys Pattom 2010-2012

## **ACHIEVEMENTS**

- Volunteered in the 2019 Kerala flood relief
- Volunteered in the pandemic of Covid 19 during internship.
- Did a survey on awareness of general public on SARS Covid 19 disease in kollam district.
- Attended a class on ACLS and BLS in 2020
- Initiated Community Action Programme (CAP), which aims at training MBBS students to communicate with society whilst providing primary health care and screening disease.
- Batch representative 2014-2020
- Active member in all extracurricular activities during school and college time.

#### **EXPERIENCE**

• Worked as an intern in TRAVANCORE Medical College, under Kerala University Of Health Sciences (KUHS) from 1 April 2019 to 17 May 2020

Responsibilities handled as an Intern.

- 1. General Medicine: Provided quality health care in both ward and Intensive care unit setup along with ability to perform basic procedures confidently.
- 2. General Surgery: Fast and reliable patient assessment, ability to confidently do basic surgical procedures and assistance to minor and major surgeries in operation theatres
- 3. Obstetrics and gynaecology: Basic approach to pre natal, natal, Post natal and gynecology patients. Practice in conducting normal labour and assistance in performing gynecology surgeries
- 4. Paediatrics: Assessment, diagnosis and management of commonly occurring diseases. Experience in Intensive care unit management
- 5. Psychiatry, Dermatology, Pulmonology: Diagnosis of common illness and performing basic procedures.
- 6. Anaesthesia: Assisted multiple surgical cases. Performed IV cannulation, endotracheal intubation,
- 7. Orthopaedics: Ability to do basic suturing, splinting, cast application. Assisted multiple elective and emergency surgeries
- 8. Community medicine:. Provided General medical service, conducted health awareness classes, Did a survey on awareness of general public on SARS Covid -19 disease.
- 9. Emergency medicine: Acquired basic skills on assessment of a emergency patient, treatment of general cases, doing emergency procedures such as cannulation, gastric lavage, suturing, resuscitation, etc.. Attended a class on ACLS and BLS.
- Worked as General Practitioner in Kollam district.
- Worked as Medical Officer at Sanew Medical Clinic, Thirur
- Worked as Junior Resident at Marsleeva Medicity, Palai

#### **HOBBIES**

- Drawing
- Reading
- Writing

### **STRENGTHS**

- Leadership quality
- Excellent theoretical knowledge
- Excellent communication skills

## **CONTACT**

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