



CURRICULUM VITAE

WORK HISTORY

Staff Nurse, Advanced critical care unit, Apollo Health City, Hyderabad, (02, March 2020 to 21 March 2022).

Appolo Hospitals, the largest healthcare group in Asia With JCI accreditation, is a 530 bed tertiary care center. It has over 50 medical and surgical disciplines. Its services are supported by sophisticated technology and experienced medical professionals.

BRIEF PERSONAL PROFILE

I am a registered Nurse seeking to use my experience and knowledge to assist your hospital as a Staff Nurse. I have the requisite knowledge and experience, gained during my work and while undergoing education, to ably handle any medical situation, by employing required nursing skills.

I possess excellent interpersonal skills, and I am a dedicated worker with a sense of purpose.

Responsibilities

- Cardio- pulmonary resuscitation (as per ACLS protocol)
- Maintenance of good nurse patient relationship
- Prepare daily nursing care plans for professional care
- Assess, Plan and implement care of professional care Plans for Professional care of Cardiothoracic Pre and Postoperative Patients and tracheotomy patients. Assists in patients and tracheotomy patients. Assist in Central line insertion, ICD Insertion, Endotracheal Intubation, Extubation & Pleural tapping.
- Management of all types of Cardiac, Cardiothoracic and Vascular Surgeries.
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- Management of Artificial Airways and Mechanically Ventilated Patients.
- Assist in diagnostic Procedures such as X- Rays, Echocardiography, Ultrasound and ECG.
- Assist in therapeutic modalities like ICD insertion, Emergency or Elective intubation and Emergency resuscitation.
- Care of Patients after invasive Procedures (care after coronary Angiogram, PTCA)
- Check Vitals of the Patient every hour and document it along with date and time (Eg. B.P, R.T. Feeding, drainage etc.) including Pre and Post Operative care and documentation.
- Maintenance of intravenous fluid and inotropes.

CONTACT DETAILS

Address

SNEHA SUSAN GEORGE

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Kerala – 689622

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Date of Birth : June 19th , 1997

Responsibilities

- Maintain intake and output charts (E.g., Urine output, RT feeding and Drainage)
- Administrations of medication on time (E.g., OD, BID, TID, QID, State, SOS etc.)
- Invasive haemodynamic monitoring (C.V.P. ,P. A. P,ABP)
- Hot & Cold Application (E.g., Ice Bag. Hot Water Bag, Cold Compress, Sterile hot compress and cold sponge).
- Maintain personal hygiene of patients including assisting activities of daily living.
- Tracheostomy care of the patient (E.g., Suctioning, Tracheostomy dressing)
- Care of pressure sore (E.g., Frequent Back care & positioning)
- DVT Prophylaxis
- Continuous assessment of patient physical and emotional needs by health care team members which include Doctors, Medical Social workers and Physiotherapist.
- Prevention of aspiration
- "MORSE"- Fall risk assessment
- GCS monitoring and close Neuro observation
- Steam inhalation
- Naso Gastric and PEG Tube feeding
- Skin Traction application and Care
- Care of ICD
- Care of patient after PTCA , CAG, PPI
- Blood transfusion
- Management of Pain scale Adult and Paediatric
- Care of invasive catheters (E.g., Central line, Arterial line, IV Cannula, Foley's catheter, epidural catheter etc)
- Maintain records and reports
- Supervision and orientation of students and new trainees.
- Follow-up Treatment

Training

Medical & Surgical Nursing : PSG Hospitals & GKNM Hospitals, Coimbatore Community health Nursing, Gandhinagar, Arasur, PHC Veerapandi

Child Health Nursing : PSG Hospitals & GKNM Hospitals, Coimbatore.

Fundamentals of Nursing : PSG Hospitals, Coimbatore.

Mental Health Nursing : PSG hospitals, Coimbatore.

Obstetrical & gynaecology Nursing : PSG Hospitals & GKNM hospitals.

Participated in

* Quiz Competition in College

* Member of National Service Scheme

* Skit, Mime and group dance

* Won third prize for bridal show event held at GKNM Institution.

SPECIAL PROCEDURES: Resuscitation; Endotracheal intubation and extubation; Arterial Canulation; Central Venous Catheterization and pulmonary arterial line catheterization; Pericardiocentesis; Pleural fluid aspiration; Intercostal Drainage; Suturing, X-Rays, Echo Cardiography, Ultrasound, Endoscopy, Bronchoscopy

Other Responsibilities

- Maintain drug & Investigations as per orders
- Proper documentation of drugs administered and investigations done
- Maintain equipments in working condition
- Maintain emergency drugs and equipments at accessible place
- Proper monitoring of patients
- Informing the doctor concerned, whenever necessary
- Barrier nursing
- Scrubbing, hand washing and aseptic precautions
- Transportation of critically ill patient

Programs Attended

- Attended Basic Life Support, Advanced Cardiac life support, pediatric advanced life support programme at Apollo Hospital, Jubilee Hills, Hyderabad. Attended World Class Stroke Management By Dr. Subhashini Prabhakar.
- Attended IV Cannulation (peripheral and central access) conducted by BD Company.
- Attended seminar of Infection Control Programme, conducted at Apollo Hospitals, Jubilee Hills, Hyderabad. Attended D.V.T Management conducted by Dr. Ravindra Babu(HOD, NICU, Apollo)

Equipment' s used

Ventilator
AMBU
Defibrillator
Pulse Oxymeter
I.C.I Monitor
C.V.P monitor
Suction Apparatus
Nebulizer
ABP ABG machine
Closed Suction System ACT
Machine ABP Monitor
Temporary Pacemaker
NIBP ECG Syringe Pump Steam Inhaler
Glucometer
Humidifier
Warmer
Machine CPAP
Machine BIPAP
Machine Cardiac Output Monitor
Airway Adjunctives
L.M.A Oral and Nasal Airway

Reference

Mrs. Saravjeet Kaur
Nursing Director

Dr. Deepak
HOD – Critical Care Unit

Dr. Vijay Kumar
In – charge Doctor
Apollo Health City
Hyderabad, Telangana
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- Successfully completed the nurses orientation training programme conducted by Apollo Health City, Hyderabad.
- National conference on "Let Technology unlock the future nursing education" (Ed-tech in Nursing)
- National conference on "Nursing Research - Basics and Beyond"(Explore, Experience, Expedite)
- State level seminar on "Love in every Drop - Mom's secret"
- National Seminar on "Trendy Teens - Tricks to Tackle" (Aspire, Advocate, Achieve)

PROJECT & RESEARCH: Conducted research on the topic, "Nutritional Assessment of under Five Children among Rural and Urban area". The thesis was published in the year of 2018

Education

B.Sc. NURSING

College: PSG College of Nursing, Coimbatore, TN, India

University: The Tamil Nadu Dr. MGR Medical University, Chennai, India

Years: 2015-2019

Percentage each year: 64, 62, 67, 75

Higher Secondary Education (12th) School: NSHS School, Mannar, Kerala, India **Years:** 2013-2015

Percentage: 74

Secondary School Leaving Certificate (10th)

School: Sree Bhuwaneshwari English Medium School, Kerala, India

Year: 2013

Percentage: 86