

DR. ABRAHAM VARGHESE

CONTACT

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PROFILE

Qualified healthcare professional experienced in treating patients' concerns with care, compassion and skill. Focussed on helping patients improve physically and mentally for complete wellness. Works great with other disciplines to meet patients' unique needs.

WORK HISTORY

Non Academic Junior Resident

Believers Church Medical College Hospital, Thiruvalla (November 17, 2022- February 22, 2023)

- Worked as NAJR in the **Department of Gastroenterology**, with eminent Gastro-physicians and Endoscopy technicians.
- Examined and admitted patients as part of 24 hour on-call services.
- Witnessed all the major and minor Gastroenterology procedures.
- Attended morning seminars hosted within the department and as well as the hospital management.
- Closely monitored post procedure patients, recorded their progress and intervened accordingly.

Intern Doctor (August 20, 2021- August 19, 2022)

Government Medical College Kottayam, Kerala

- Teamed with other Physicians, Specialists and other healthcare providers to facilitate well-rounded care for complex cases.
- Admitted and treated patients as part of hospital's **24 hour on-call services**.
- **100+ hours** in **District Covid Cell** under the roof of Medical College, which comprised of Covid ICU, COVID ward and OPD specially dedicated for the covid pandemic by the Government.
- Provided emergent medical care and treatment for life threatening injuries and illnesses.

- Recorded patients' health histories and *provided* over 15 consultations per week.
- Interviewed patients concerning their physical complaints, discussed symptoms, asked questions, executed physical examination and investigations, analysed diagnostic images to provide information on patient conditions and suggested the most effective and feasible treatment options for them.
- Monitored post-operative recovery and educated patients on at-home recovery.
- Presented cases to multi-disciplinary teams and discussed therapeutic interventions.
- Performed research on **Knowledge, Attitude and Practice towards Pharmacovigilance among Doctors of a Tertiary Healthcare Facility in Kerala.**
- Dedicated 30 hours per week as **On-Call Physician** at various rural Primary Health Centre in Kottayam District as part of Community Medicine postings.
- Completed 45 days internship in **General Surgery** and 30 days in **Orthopaedics** where I got opportunity to assist many major as well as minor surgeries.
- Completed 30 days internship in **Paediatrics** which included posting in **NICU, PICU** and **Vaccination Clinic.**

**Out-patient Clinician and Emergency Care Provider
Family Health Centre, Ettumanoor, Kerala.**

- Evaluated and treated approximately 100 patients per day in the Out-Patient Department, 80 patients in the casualty during the peak Covid-19 era and conducted more than 20 covid tests per day.

**Out-patient Clinician and Emergency Care Provider
Community Health Centre, Koodallur, Kerala**

- A very rural health facility and limited staff and supplies, where along with outpatient care provided rapid assessment and referral accordingly.

Out-patient Clinician and Emergency Care Provider

Primary Health Centre, Athirampuzha, Kerala

- Teamed with other physicians, specialists and health care providers to provide optimum care for all patients.
- Conducted and led the team in out-reach vaccination programmes.

Out-patient Clinician and Emergency Care Provider

Community Health Centre, Kumarakom, Kerala.

- Diagnosed and treated patients in the out-patient department and minor Out Patient procedures.
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EDUCATION

MBBS (2016-2021)

GOVERNMENT MEDICAL COLLEGE, KOTTAYAM

Graduated with **First Class** from one of the most prestigious Government Medical Colleges in Kerala, having eminent faculties cum doctors who provide most efficient healthcare for patients from various parts of the state.

CERTIFICATIONS

OCTOBER 2022- COVID 19 TRAINING FOR HEALTHCARE WORKERS

- Successfully completed the course of study offered by Stanford Online, an online initiative of **Stanford University**.

NOVEMBER 2021 - ACLS-BLS

- Certificate of Completion of **Basic Emergency Course for Doctors by Apex Trauma and Emergency Learning Centre Thiruvananthapuram(DME)**, knowledge partnership from UHCW NHS Trust UK and CIHS, supported by Tata Trust.
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