

Dr. NAMITA S

[namiappu@gmail.com](mailto:namiappu@gmail.com)

9633051852

Muringanattu House ,Kumarapuram PO,Morakkala East,Ernakulam,India, Pin code: 683565

---

Compassionate Doctor with successful background in the diagnosis, treatment and management of patient in illnesses and diseases. Skilled in the delivery of medical advice with a focus on patient assessments, correct diagnosis and effective treatment. Passionate to be part of a work culture that provides me the opportunity to put my skills to its best use and in turn assist me in my personal development. Ensures adherence to healthcare guidelines and standard practice.

## SKILLS

- Symptom assessment
- Primary Medical Care
- Recording medical history
- Active listening
- Patient management
- Surgery support
- Treatment planning
- Cultural competence
- Interdisciplinary team coordination

## STRENGTHS

- Ability to work under pressure
- Build relationship and setup trust
- Communication
- Self discipline

## JOB HISTORY

### NON ACADEMIC JUNIOR RESIDENT

District Hospital, Palakkad

(14<sup>th</sup> May 2021- 13<sup>th</sup> July 2021)

- Administered primary care, prioritized and admitted cases to wards and ICU from COVID casualty with patient load of around 100 to 200 patients per day.
- Administered patient care in 80 bedded COVID ICU,during the second wave of pandemic, performed resuscitation in emergency situations.
- Measured patient vitals and prepared case paper to assist in ward rounds with Physician, in 100 bedded COVID IP ward.
- Attended ward calls from 4 general wards, assessed patient symptoms and administered appropriate management while working as GDMO.

## INTERNSHIP

Government Medical College Palakkad and District Hospital Palakkad

(April 2020- April 2021)

- Recorded patient vitals and history to assist in Physicians diagnosis, worked with nursing team to collect blood samples for sending to pathology labs.
- Assisted in major and minor surgeries in Surgery, Orthopedics and Obstetrics and Gynecology departments, performed 3 minor procedures under guidance, conducted 10 normal labors and assisted in 18 labors, monitored and recorded patient status in labor room.
- Assisted in emergencies, attended first call from wards during ward duties of various departments.
- Administered patient care in IP wards and Casualty of Government Tribal Hospital at Attappadi and attended 5 mobile medical units.
- Attended OP, prescribed medications for patients in PHCs at Malampuzha, Thenkurissi and Peruvamba under guidance of MO, and also have taken part in conducting IMMUNISATION PROGRAMS as part of National Immunisation program.
- Educated patients and family members about diagnosis and treatment protocol and answered questions to increase adherence.

**MEMBERSHIPS** : IMA Cochin Member

## **EDUCATION**

BACHELOR OF MEDICINE AND BACHELOR OF SURGERY (MBBS)

Government Medical College, Yakkara, Palakkad

Year of admission: 2015

Year of passing: 2020

SCHOOL EDUCATION :

Class 10 year of passing:2012

Class 12 year of passing: 2014

Mar Thoma Public School, Edachira, Kochi

**LANGUAGES** : Malayalam, English