





CURRICULUM VITAE

CLINICAL EXPERIENCE

- ❖ Total 5 years' Experience in Medical surgical ward & Casualty.
- ❖ Currently working In **KTCT Hospital Attingal, Thiruvananthapuram(Dist)**

PERSONAL DETAILS

NAME : Mrs.Sheeba .M.Varghese
FATHER NAME : Mr.M.G. Varghese
HUSBAND NAME : Mr.Aji Chellachen
DATE OF BIRTH : 05 April 1991
AGE : 30 Yrs
SEX : FEMALE
RELIGION : CHRISTIAN
CASTE : ORTHODOX
MARITAL STATUS : MARRIED
NATIONALITY : INDIAN
LANGUAGE KNOWN : ENGLISH & MALAYALAM
PASSPORT : P 1597695
VALIDITY : 22-11-2016 TO 21-11-2026
PLACE OF ISSUE : TRIVANDRUM.
E-MAIL ID : sheebaanu30@gmail.com
PERMANENT ADDRESS : MELUTTU PUTHEN VEEDU
KARICKOM P.O
KOTTARAKARA, KOLLAM
KERALA, INDIA.
POSTAL CODE 691531
PHONE NUMBER : +91 9895755717, +91 8921304950

ACADEMIC QUALIFICATION

| EXAM | SCHOOL | BOARD | YEAR OF PASS | REMARK |
|------------------|----------------------------------------------|--------|--------------|--------|
| 10 TH | ST. MARY'S, HSS KIZHEKKEKARA, KOTTATAKARA | KERALA | 2007 | 79% |
| 12 TH | ST. MARY'S, HSS KIZHEKKEKARA, KOTTATAKARA | KERALA | 2009 | 66% |

PROFESSIONAL QUALIFICATION

- COURSE : GENERAL NURSING & MID WIFERY 3-1/2 YEAR DIPLOMA .
- INSTITUTE : MAR THEODOSIUS MEMORIAL MEDICAL MISSION SCHOOL OF NURSING,SASTHAMCOTTA, KOLLAM.
- UNIVERSITY : KERALA UNIVERSITY.
- DURATION : 2009 -2013

PERCENTAGE OF MARKS

| YEAR | TOTAL MARKS | PERCENTAGE | DIVISION |
|------------------------------|-------------|------------|-----------------|
| 1 st YEAR | 287/500 | 57.4% | SECOND DIVISION |
| 2 nd YEAR | 298/500 | 59.6% | SECOND DIVISION |
| 3 rd YEAR | 391/600 | 65% | FIRST DIVISION |
| 6MONTH COURSE (INTENSHIP) | 261/300 | 72% | FIRST DIVISION |
| TOTAL | 1192/1900 | 62.73% | FIRST DIVISION |

REGISTRATIONDETAILS

| QUALIFICATION | INSTITUTION | YEAR | REMARK |
|---------------------------|-----------------------------------------------------------------|----------------------------|--------|
| PROFESSIONAL REGISTRATION | MAR THEODOSIUS MEMORIAL MEDICAL MISSION SCHOOL OF NURSING | OCTOBER 2009 TO APRIL 2013 | 89358 |

EMPLOYMENT DETAILS

➤ **EMPLOYMENT HISTORY**

TOTAL 5 YEARS EXPERIENCE IN CASUALTY, PAEDIATRIC DEPARTMENT MEDICAL SURGICAL WARD, PAY WARD & POST -OPERATIVE WARD. AND NOW STILL WORKING .

PERSONAL SUMMARY

An enthusiastic, hardworking and competent healthcare professional that possess the required level of nursing experience needed to deliver high quality, customer focused and clinically effective patient care in a modern well equipped clinical setting. Key qualities include being able to continually assessing a patient's needs and wishes, coping with frequent interruption in high pressure situations and being able to respond quickly to emergencies.

WORK EXPERIENCE

Required to work rotational shifts as part of a multi -disciplinary healthcare team that is delivering general medical services to patient. Providing medical screening &

advice to patients, appropriate assessment, planning, implementation & evaluation of care needs.

➤ **DUTIES AND RESPONSIBILITIES**

- ❖ Admission of patients.
- ❖ Continuous monitoring of patients.
- ❖ Assessment of vitals.
- ❖ Preparation of emergency drug and tray for the patient.
- ❖ Following physician rounds and carrying out of the orders prescribed.
- ❖ Planning and implementation of patient care include hygiene, nutrition, elimination need sand administration of medications.
- ❖ Providing health education.

KEYSKILLS & COMPETENCIES

- a) Exposure lots of different areas and environment with nursing
- b) Comprehensive understanding of clinical governance and risk management system.
- c) Observing hygiene codes & demonstrating good infection & hand hygiene
- d) Good written &verbal communication skills.
- e) Using resources efficiency
- f) Physically able to perform the full range of nursing duties.
- g) Respecting & understand different religious beliefs & cultural needs.
- h) Ability to follow instructions & feedback.

DECLARATION

I DECLARE THAT THE INFORMATION HERE PROVIDED IS TRUE TO THE BEST OF MY KNOWLEDGE.

Place: Punalur

Mrs.Sheeba .M. Varghese

No. G No 421737

331FJ16 F611DF5 3741293



GOVERNMENT OF KERALA

GENERAL EDUCATION DEPARTMENT
SECONDARY SCHOOL LEAVING CERTIFICATE
(Issued under the Authority of Government of Kerala)



SECONDARY SCHOOL LEAVING CERTIFICATE EXAMINATION

Name : SHEEBA .M . VARGHESE
Register Number : 172493 Month & Year : March 2007 No. of Chances : 1

This is to certify that the candidate herein has appeared for the SSLC Examination and secured the following Grades

Name of School
ST. MARY'S H S KIZHAKKEKARA, KIZHAKKETHERUVU
P O
Admission No. 9363

- 1. Name : SHEEBA .M . VARGHESE
- 2. Name in Regional Language : ശീബ മി. വർഗീസ്
- 3. Sex : FEMALE
- 4. Date of Birth (in figures) : 05/04/1991
(in words) : FIFTH APRIL NINETEEN NINETY ONE
- 5. Religion and Caste, if any : CHRISTIAN, ORTHODOX
- 6. Place of Birth : PUNALUR
- 7. Nationality : INDIAN
- 8. Name of Father/Guardian : M. G. VARGHESE
- 9. Name of Mother : LEELAMMA
- 10. Home Address : MELUTTU PUTHEN VEEDU, KARICKOM P.O.,
KOTTARAKARA-691 531.

| Subject | Grade | Grade in words |
|--------------------------------------------------------|-------|----------------|
| First Language Paper - I (..... Malayalam)) | A | A Only |
| First Language Paper - II (..... Malayalam)) | A+ | A Plus |
| English | B+ | B Plus |
| Hindi | A | A Only |
| Social Science | C+ | C Plus |
| Physics | C+ | C Plus |
| Chemistry | B | B Only |
| Biology | B | B Only |
| Mathematics | C+ | C Plus |
| Information Technology | A | A Only |

11. Identification Marks

- 1. A BLACK MOLE ON THE RIGHT UPPER ARM.
- A BLACK MOLE BELOW THE NECK.



K. M. Georgekutty
Headmaster
Name & Signature of the Head of the Institution with Date
St. Mary's High School
Kizhakkarakara, Kottarakara
11.06.07

GRADE RANGE

| | | | | | |
|------------------|-------------|------------|---------------|------------|------------------|
| A+ 90% and above | Outstanding | B 60 - 69 | Good | D+ 30 - 39 | Marginal |
| A 80 - 89 | Excellent | C+ 50 - 59 | Above Average | D 20 - 29 | Need Improvement |
| B+ 70 - 79 | Very Good | C 40 - 49 | Average | E Below 20 | Need Improvement |

(i) Grades are on nine-point scale
(ii) Minimum eligibility for higher study is D+ Grade for each Paper
Eligible for Higher Studies



K. SASIDHARAN

SECRETARY
Board of Public Examinations, Kerala

11FI011 113JI31 6557291



GOVERNMENT OF KERALA
BOARD OF HIGHER SECONDARY EXAMINATION
 HIGHER SECONDARY EXAMINATION (CLASS XII)

No. HSE A 389852

CERTIFICATERegister
Number**5062687**

This is to certify that Mr / Ms **SHEEBA.M.VARGHESE** appeared for the

HIGHER SECONDARY EXAMINATION (SCIENCE GROUP) held in MARCH 2009

He /She is **NOT ELIGIBLE** for higher studies.

The Scores and Grades obtained by the Candidate are shown below :

| SUBJECTS | SCORES | | | | | | | | Grade Obtained | Grade in Words |
|-----------------------------------------------|-------------------|---------------|-------------------|---------------|-------------------|---------------|-------------------|---------------|-------------------|-------------------|
| | CE | | PE | | TE | | TOTAL | | | |
| | Score Obtained | Max. Score | Score Obtained | Max. Score | Score Obtained | Max. Score | Score Obtained | Max. Score | | |
| PART I ENGLISH | 19 | 20 | | | 33 | 80 | 52 | 100 | C+ | C plus |
| PART II MALAYALAM | 19 | 20 | | | 62 | 80 | 81 | 100 | A | A only |
| PART III (Optionals) PHYSICS | 19 | 20 | 19 | 20 | 13 | 60 | 51 | 100 | D | D only |
| CHEMISTRY | 19 | 20 | 17 | 20 | 18 | 60 | 54 | 100 | C+ | C plus |
| BIOLOGY | | | | | | | | | | |
| Botany | 9 | 10 | 8 | 10 | 9 | 30 | 49 | 100 | D | D only |
| Zoology | 10 | 10 | 10 | 10 | 3 | 30 | | | | |
| MATHEMATICS | 19 | 20 | | | 12 | 80 | 31 | 100 | D | D only |

Eligible for Higher Studies : D+ or above for all subjects



Place: Thiruvananthapuram
Date: 12/05/2009

SECRETARY
 Board of Higher Secondary Examinations,
 Government of Kerala.

1161511 01J1131 8484373



**GOVERNMENT OF KERALA
BOARD OF HIGHER SECONDARY EXAMINATION
HIGHER SECONDARY EXAMINATION (CLASS XII)**

No. HSE A **253695**

CERTIFICATE

Register
Number

5062687

This is to certify that Mr / Ms **SHEEBA.M.VARGHESE** appeared for the
HIGHER SECONDARY EXAMINATION (SCIENCE GROUP) held in **JUNE 2009 (SAY)**
He /She is **ELIGIBLE** for higher studies.

The Scores and Grades obtained by the Candidate are shown below :

| SUBJECTS | SCORES | | | | | | | | Grade Obtained | Grade in Words |
|-----------------------------|-------------------|---------------|-------------------|---------------|-------------------|---------------|-------------------|---------------|-------------------|-------------------|
| | CE | | PE | | TE | | TOTAL | | | |
| | Score Obtained | Max. Score | Score Obtained | Max. Score | Score Obtained | Max. Score | Score Obtained | Max. Score | | |
| PART I | XX | | XX | | XX | | XX | | XX | XXXXX |
| PART II | XX | | XX | | XX | | XX | | XX | XXXXX |
| PART III (Optionals) | | | | | | | | | | |
| PHYSICS | 19 | 20 | 19 | 20 | 18 | 60 | 56 | 100 | C+ | C plus |
| | XX | | XX | | XX | | XX | | XX | XXXXX |
| BIOLOGY | | | | | | | | | | |
| Botany | 9 | 10 | 8 | 10 | 14 | 30 | 63 | 100 | B | B only |
| Zoology | 10 | 10 | 10 | 10 | 12 | 30 | | | | |
| MATHEMATICS | 19 | 20 | | | 31 | 80 | 50 | 100 | C+ | C plus |

Eligibility for Higher Studies : D+ or above for all subjects



(Signature)

SECRETARY

Board of Higher Secondary Examinations,
Government of Kerala.

Place: Thiruvananthapuram
Date: **15/07/2009**

KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery


First year Examination held in **OCTOBER 2010**

Register No. **575**

Name: **SHEEBA .M.VARGHESE**

| Paper | Subject | Max. Marks | Marks Awarded | Minimum For pass |
|--------------------|----------------------------------------------|------------|---------------|------------------|
| Paper - I | Anatomy & Physiology Microbiology | | | |
| | Theory - Internal | 25 | 16 | 12.5 |
| | Council Exam. | 75 | 38 | 37.5 |
| | Total | 100 | 54 | 50 |
| Paper - II | Psychology & Sociology | | | |
| | Theory - Internal | 25 | 17 | 12.5 |
| | Council Exam. | 75 | 39 | 37.5 |
| | Total | 100 | 56 | 50 |
| Paper - III | Fundamentals of Nursing | | | |
| | Theory - Internal | 25 | 16 | 12.5 |
| | Council Exam. | 75 | 44 | 37.5 |
| | Practical - Internal | 50 | 27 | 25 |
| | Council Exam. | 50 | 35 | 25 |
| | Total | 200 | 122 | 100 |
| Paper - IV | Community Health Nursing - I | | | |
| | Theory - Internal | 25 | 17 | 12.5 |
| | Council Exam. | 75 | 38 | 37.5 |
| | Total | 100 | 55 | 50 |
| | Grand Total | 500 | 287 | 250 |

Marks entered by: 

Checked by: 

Date: 28-12-2010




REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Second year Examination held in **September 2011**

Register No. **4845**

Name: **SHEEBA M VARGHESE**

| Paper | Subject | Max. Marks | Marks Awarded | Minimum For pass |
|--------------------|--------------------------------------------------|------------|---------------|------------------|
| Paper – I | Medical Surgical Nursing I(Pharmacology) | | | |
| | Theory-Internal | 25 | 16 | 12.5 |
| | Council exam. | 75 | 38 | 37.5 |
| | Practical – I – Internal | 25 | 17 | 12.5 |
| | Council exam. | 75 | 48 | 37.5 |
| | Total | 200 | 119 | 100 |
| Paper – II | Medical Surgical Nursing II (Specialties) | | | |
| | Theory – Internal | 25 | 18 | 12.5 |
| | Council Exam. | 75 | 38 | 37.5 |
| | Total | 100 | 56 | 50 |
| Paper – III | Mental Health & Psychiatric Nursing | | | |
| | Theory – Internal | 25 | 16 | 12.5 |
| | Council exam. | 75 | 38 | 37.5 |
| | Practical – II | 100 | 69 | 50 |
| | Total | 200 | 123 | 100 |
| | Grand Total | 500 | 298 | 250 |

Marks entered by: *R*

Checked by: *[Signature]*

Date: 13-01-2012



[Signature]

REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Third year Examination held in **September 2012**

Register No. **485**

Name: **SHEEBA . M. VARGHESE**

| Paper | Subject | Max. Marks | Marks Awarded | Minimum For pass |
|--------------------|------------------------------------|------------|---------------|------------------|
| Paper – I | Midwifery & Gynaecology | | | |
| | Theory - Internal | 25 | 18 | 12.5 |
| | Council Exam. | 75 | 49 | 37.5 |
| | Practical – I – Internal | 25 | 18 | 12.5 |
| | Council Exam. | 75 | 50 | 37.5 |
| | Total | 200 | 135 | 100 |
| Paper – II | Paediatric Nursing | | | |
| | Theory – Internal | 25 | 18 | 12.5 |
| | Council Exam. | 75 | 40 | 37.5 |
| | Practical – II – Internal | 25 | 20 | 12.5 |
| | Council Exam. | 75 | 52 | 37.5 |
| | Total | 200 | 130 | 100 |
| Paper – III | Community Health Nursing II | | | |
| | Theory – Internal | 25 | 20 | 12.5 |
| | Council Exam. | 75 | 38 | 37.5 |
| | Practical – III – Internal | 25 | 21 | 12.5 |
| | Council Exam. | 75 | 47 | 37.5 |
| | Total | 200 | 126 | 100 |
| | Grand Total | 600 | 391 | 300 |

Marks entered by:

Checked by:

Date: 16-11-2012



REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL

Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Fourth year (6 Months) Examination held in **MARCH 2013**

Register No. **506**

Name: **SHEEBA. M. VARGHESE**

| Paper | Subject | Max. Marks | Marks Awarded | Minimum For pass |
|------------|------------------------------------------------------------------------------------------------------|------------|---------------|------------------|
| Paper I | Educational Methods & Media for Teaching in Practice of Nursing & Research in Nursing | | | |
| | Theory-Internal Assessment for six months | 50 | 40 | 25 |
| | Council Exam. | 50 | 32 | 25 |
| | Total | 100 | 72 | 50 |
| Paper – II | Professional Trends and adjustment, Administration and Ward Management & Health Economics | | | |
| | Theory – Internal Assessment for six months | 50 | 36 | 25 |
| | Council Exam | 50 | 25 | 25 |
| | Total | 100 | 61 | 50 |
| | Practical Evaluation | | | |
| | School Assessment | 25 | 18 | 12.5 |
| | Viva (Council Exam) | 75 | 65 | 37.5 |
| | Total | 100 | 83 | 50 |
| | Grand Total | 300 | 216 | 150 |

Passed / Failed

Marks entered by:

Checked by:

Date: 18-04-2013



REGISTRAR

Sl. No. 110046371

Exm. No. 13000506

Kerala Nurses And Midwives Council



Diploma in General Nursing and Midwifery

The Kerala Nurses and Midwives Council hereby makes known that

Sheeba M Varghese
daughter of **Mr. M G Varghese** after having undergone **Three years and Six months**

Diploma in General Nursing and Midwifery course at
School of Nursing, Mar Theodosius Memorial Medical Mission,
Sasthamcotta, Kollam

for the period from October 2009 to April 2013 and passed
the examination with Second class
by duly appointed examiners is awarded the

Diploma in General Nursing and Midwifery.

P. Devaky
President

Board of Examiners
Kerala Nurses and Midwives Council

P. DEVAKY
Additional Director of Nursing Services
Directorate of Health Services
Thiruvananthapuram

Thiruvananthapuram

Dated: 16-May-2013

Latha R
Registrar

Kerala Nurses and Midwives Council

PROF. LATHA. R
Registrar
Kerala Nurses and Midwives Council
Red Cross Road
Thiruvananthapuram-695 035



R012018026192



Kerala Nurses And Midwives Council



REGISTRATION CERTIFICATE



This is to certify that

SHEEBA M VARGHESE

having undergone a

Three years and Six months Diploma in General Nursing and Midwifery programme at *School of Nursing, Mar Theodosius Memorial Medical Mission, Sasthamcotta, Kollam*

from *October 2009* to *April 2013* has passed the examination conducted by the *Council with Second Class*

and is permitted to practice as a Nurse and Midwife under the provisions of the Nurses and Midwives Act, 1953.

The number assigned to her in the Register is 83958 dated 16th May 2013.

The Registration Certificate is renewed on 16th May 2018 and valid upto 15th May 2023.

Digitally signed by
PROF VALSA K PANICKER
Date: 02.03.2019 17:52:51 IST

Registrar

Kerala Nurses and Midwives Council

PROF. VALSA. K. PANICKER

Registrar

Kerala Nurses and Midwives Council

Red Cross Road

Thiruvananthapuram-695 025

0187166



Since 1971
Reg. No. Q. 245/83

MAR THEODOSIUS MEMORIAL MEDICAL MISSION HOSPITAL

(Owned and Run by Kollam Diocese of the Malankara Orthodox Syrian Church)

PORUVAZHY P.O., BHARANICAVU, SASTHAMCOTTA, KOLLAM DIST.

KERALA, SOUTH INDIA – 690 520

Phone: 0476 2830258, 2831758, 3250500

Email: mtmmmh@gmail.com, Web: mtmmhospital.com

No. 48/16

Date
01/08/2016

EXPERIENCE CERTIFICATE

(TO WHOMSOEVER IT MAY CONCERN)

This is to certify that **Ms. SHEEBA M. VARGHESE**, Plavila Puthen Veedu, Manjamonkala P.O., Punaloor has worked as a Staff Nurse in this 155 bedded Hospital from 22nd April 2013 to 30th June 2016.

She was posted in Casualty, Surgical Wards & Post Operative wards. She was efficient in her duties with sense of dedication and responsibility. She had been pleasant in nature and behaviour.

Her conduct and character are very good.

Fr. Koshy Vaidyan V.G.
Administrative Officer



N.S. Sosamma
Nursing Superintendent

CHRISTURAJ HOSPITAL PHONE: 0474-2452615, 2452512,
PULAMON, KOTTRAKARA -691531 2456100,245447
FAX: 0474-2456100

Date: 28-06-2017

EXPERIENCE CERTIFICATE

This is to certify that Mrs. Sheeba M Varghese, Residing at Plavila Puthen veedu , Manjamonkala P.O, Punlure. Kerala, had been working in this Multi Specialty Hospital as a Staff Nurse from 17-10-2016 to 13-06-2017.

Christuraj Hospital is a 75 bedded Multi Specialty Hospital. We have all the major departments like Internal Medicine, Cardiology, General Surgery, Gynecology, Orthopedics & Pediatrics.



Premila Varghese
MEDICAL SUPERINTENDENT

DR. PREMILA VARGHESE
MBBS, DGO
Medical Superintendent



POYANIL HOSPITAL

Chemmanthoor, Punalur P.O., Kollam. Pin 691305

Tel: 0475 2230600, 2221072, 2221074 Fax: 0475 2221073

(A Multi Speciality Hospital with 24 hours Emergency care facility)

E-mail: admn.poyanilplr@gmail.com, web: www.poyanilhospitals.com

Ref: SN/ 5/19/843

31/12/2020

CERTIFICATE

This is to certify that Mrs. Sheeba M Varghese worked in this hospital as Staff Nurse in Medical, Gynaec and Surgical Wards from 08/5/2019 to 06/12/2020. She is hard working and sincere and her character and conduct were good during her tenure with this hospital.

Ours is a multi specialty hospital. Our department includes General Medicine, General Surgery, Orthopaedic, Paediatric, Gynaecology, Cardiology, Radiology, Neurology, Nephrology, Ayurveda & Anaesthesia.

*Mrs. Jyothi S Nair
Administrative Officer*



**Administrative Officer
Poyanil Hospital
Chemmanthoor,
Punalur**

निर्वाह / OBSERVATION

विभिन्न सेवा / MISCELLANEOUS SERVICE



P1597695

पिता / कानूनी अभिभावक का नाम / Name of Father / Legal Guardian

VARGHESE MELUTTU GEEVARGHESE

माता का नाम / Name of Mother

LEELAMMA

पति या पत्नी का नाम / Name of Spouse

AJI CHELLACHAN

पता / Address

PLAVILA PUTHEN VEEDU, MANJAMANKALA PO

PUNALUR PO, KOLLAM

PIN: 691305, KERALA, INDIA

पुराने पासपोर्ट का नं. और इसके जारी होने की तिथि एवं स्थान / Old Passport No. with Date and Place of Issue

फाइल नं. / File No.

TV1069725514116