

# DR. SHILPA K DINESHKUMAR

## MBBS

TCMC REG. NO: 78639

[shilkd94@gmail.com](mailto:shilkd94@gmail.com)

### **OBJECTIVES**

Seeking to expand my expertise in the medical field, to help the patient community and their overall state of health. Under expert guidance, I wish to enhance my personal and professional growth as a medical practitioner with strong moral codes.

### **PROFILE**

A multicultural background has enabled me to interact with different societies and understand diverse lifestyles. I am a punctual person with good adaptability, communication and leadership skills.

### **ACADEMIC QUALIFICATIONS**

QUALIFICATION	SCHOOL/ COLLEGE	UNIVERSITY	CGPA/ PERCENTAGE	YEAR OF PASSING
Bachelor of Medicine and Bachelor of Surgery (MBBS)	Sree Narayana Institute of Medical Sciences, Ernakulam, Kerala	Kerala University of Health Sciences	63.59%	2018
Senior Secondary School	Gulf Indian School, Fahaheel, Kuwait	Central Board of Secondary Education	90.8%	2012
Secondary School	Gulf Indian School, Fahaheel, Kuwait	Central Board of Secondary Education	9.4	2010

### **EXPERIENCES**

#### ➤ **MBBS Internship**

Institute: **Sree Narayana Institute of Medical Sciences**, Ernakulam, Kerala, India

Period: November 2018 – December 2019

- Assisted senior doctors in examination, diagnosis, treatment and follow-up of patients.
- Assisted in OP, minor and major OT procedures in various departments.
- Managed casualty, ward emergencies and provided basic treatment.

- Worked in rural, urban health centres and provided efficient treatment.
- Studied diagnostic procedures and equipment.
- Performed sample collection procedures and interpreted investigation reports.
- Regularly met patients, examined them and made detailed case reports.
- Wrote case sheets and discharge summaries.
- Educational classes taken in the Department of Obstetrics and Gynaecology.
- Educational talks given in rural areas involving Preventive and Social Medicine.

➤ **Junior Residency, Department of Vascular and Endovascular Surgery**

Institute: **Jubilee Mission Medical College and Research Institute**, Thrissur, Kerala, India

Period: April 2021 – August 2022

- Independently managed vascular emergencies, critical care of vascular patients with multi-organ dysfunction.
- Independently performed vascular anastomosis, AV fistula surgeries.
- Observed and assisted in management of various Vascular and Endovascular cases including emergencies like Abdominal Aortic Dissection, Abdominal Aortic Aneurysm and Rupture, Superior Mesenteric Artery Thrombus, Celiac Artery Dissection, Renal Artery Stenosis, Aortic Occlusion, Acute Limb Ischemia, Deep Vein Thrombosis and Vascular Traumas.
- First assistant to emergency and elective Vascular and Endovascular Surgeries including:
  - Aorto-Bifemoral bypass
  - Lower limb arterial bypass
  - Upper limb arterial bypass
  - Aortic and renal artery stenting
  - Peripheral Angioplasty with stenting
  - Arterial Embolectomy
  - Pharmaco-Mechanical Thrombectomy using Angiojet
  - Catheter-Directed Thrombolysis
  - Arterio-Venous Fistula creation
  - Arterio-Venous malformation excision and sclerotherapy
  - RadioFrequency Ablation of Varicose veins
  - Ultrasound-guided Injection Foam Sclerotherapy
  - Hook phlebectomy
  - Wound debridement
  - Amputation
- Diabetic foot care and podiatry.

- Managed Vascular Intensive Care Unit, Out-Patient Department and In-Patient care on a 24 hour-7day per week work schedule.
- Thorough examination, diagnosis and preparing plan of action for patients.
- Pre-operative, intra-operative and post-operative patient care with follow up.
- Peripheral Arterial and Venous system basic Ultrasound scanning.
- Guidance for House surgeons during Vascular surgery posting.
- Covid ward management on a rotation basis.

➤ **Casualty Medical Officer**

Hospital: **Taluk Headquarters Hospital**, Chalakkudy, Thrissur, Kerala

Period: November 2022 – December 2022

- Managed all emergencies presenting to the casualty
- Managed Medico-legal cases including RTA, assaults.

**CERTIFICATIONS**

- Certified BLS provider - Trained in BASIC LIFE SUPPORT Program by AMERICAN HEART ASSOCIATION, conducted in Ernakulam.
- Certified ACLS provider - Trained in ADVANCED CARDIOVASCULAR LIFE SUPPORT Program by AMERICAN HEART ASSOCIATION, conducted in Ernakulam.
- Online Course: “Let's Break the Chain of COVID-19 Infection” – Mohammed Bin Rashid University of Medicine and Health Sciences, UAE

**CONFERENCES/ SEMINARS**

Students National Conference of Community Medicine at Trivandrum Medical College.

TOPIC: “CAREER PREFERENCES OF INTERNS OF A MEDICAL COLLEGE IN CENTRAL KERALA AND THEIR ATTITUDE TOWARDS WORKING IN GOVERNMENT RURAL HEALTH CENTRES”

**CO-CURRICULAR RESPONSIBILITIES**

- Master of Ceremony for International and National Seminars conducted in Ernakulam, Kerala.
- Master of Ceremony for Official Graduation ceremonies conducted in Sree Narayana Institute of Medical Sciences during the years 2015-2019.

**PERSONAL INFORMATION**

**Full Name:** Shilpa Kattikoloth Dineshkumar

**Age/ Gender:** 28y/ Female

**Date of Birth:** 16<sup>th</sup> November, 1994

**Languages known:** English, Malayalam, Tamil, Hindi

### **CONTACT DETAILS**

**Contact Address:** Flat 2D

Mookambika's Sree Sakthi Apartments  
Opposite Vydyuthi Bhavan  
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Kerala - 680004

**Permanent Address:** 'Vaderi'

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### **REFERENCE CONTACT**

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MBBS, MS(PGIMER), FIAGES, FMAS, MCh (SCTIMST)

Reg No: 37066

Consultant Vascular and Endovascular Surgeon

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### **DECLARATION**

I hereby declare that all the facts above are true to the best of my knowledge and belief.

I pledge to serve humanity to the best of my abilities.

