



PERSONAL INFORMATION

NAME : VIDHYA VINOD

AGE : 27 YRS

SEX : FEMALE

D O B : 23-04-1995

FATHER's NAME: Mr. VINOD. C

MARITAL STATUS: MARRIED

NATIONALITY : INDIAN

RELIGION : HINDU

LANGUAGES KNOWN: ENGLISH

MALAYALAM, TAMIL, HINDI

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CERTIFICATE REGISTRATION

DETAILS:

KNMC No : KL03201702462

COUNCIL NAME : KERALA NURSES
AND MIDWIVES COUNCIL

CURRICULUM VITÆ

OBJECTIVE

To significantly explore in clinical and education field to obtain a highest position and to perform the best in any challenging field and to keep myself engaged in working process throughout my career.

PROFESSIONAL SUMMARY

- ❖ Experience in **Medical ward and COVID ward** in Lourdes Hospital, Eranakulam.
- ❖ Experience in **Cardiology Staff Nurse** (ward) in PSG Institute of Medical Science and Research Hospitals, Coimbatore.

PERSONAL OVERVIEWS

- ❖ Belief in team work, Initiative, Hard work, Sincerity and the will to carry out the assignment in the specified time limit.
- ❖ Mettle to prove efficiency in niche of employment.

STRENGTHS

- Positive attitude & Time management.
- An optimist who makes himself and others happy all the time.
- Vibrant, dynamic efficient and a go-getter.

TECHNICALSKILLS

Packages known : MS Office, Basic Computer apps

Operating System : Windows All Platforms

ACADEMIC & PROFESSIONAL QUALIFICATION

Name of the course	Name of the institution	Board & University	Year	Marks
B.Sc.NURSING	Guru Group Of Institute Karukachal – Kottayam, Kerala	Kerala University of Health Sciences	2012-2016	62.6%
HSE	GvHSS Kanakkary Kottayam, Kerala	Board of Higher Secondary Examination ,Kerala	2012	72%
SSLC	GvHSS kanakkary Kottayam, Kerala	Board of Secondary Examination ,Kerala	2010	80%

WORK EXPERIENCE

Working Period	Hospital Name	Department	Nature of Duties
23-01-2019 to 2023 Still Working	Lourdes Hospital Ernakulam (NABH accredited)	Medicine Ward & Covid Ward	Staff Nurse
2-11-2017 to 3-11-2018 (1 Years)	PSG Hospitals, (NABH accredited) (1400 bedded multi specialty hospital) Coimbatore, Tamilnadu	Cardiology	Staff Nurse

RESPONSIBILITIES

- Responsible for the plan, implement, educate and train the new staff in nursing and medical.
- Management of the health status with the help of the therapy techniques.
- Observe and analyze the patient data, assessment of short term or long term care plans.
- Monitored and maintains patient's charts.
- Educate and teach the patient about the techniques to maintain the health care by using the home therapies.

- Make recommendations to the physician for the patient care.
- Profound ability to plan, manage and organize the things.
- Exceptionally good analysis patient's assessment and medication.
- Great ability to deal with the queries and problems.
- In depth knowledge of the medication and advance and high tech equipments utilized in the clinics.
- Good communication and interpersonal skills with the ability to demonstration.
- Performed clinical tasks according to institutional policies.
- Assisted in the orientation of new staff members.
- Assisted patient conditions an advised of changes in status.

PROCEDURES ASSITED AND PERFORMED

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| <ul style="list-style-type: none"> ➤ Vital signs ➤ Catheterization ➤ Enema ➤ Wound care ➤ Colostomy care ➤ Management of mechanical ventilation ➤ Suctioning ➤ Nebulisation ➤ Oxygen Administration ➤ Oral care ➤ NG Tube feeding ➤ Pre & Post operative care ➤ Administration of medications ➤ Jejunostomy feeding & Care ➤ Assisting and Performing in suturing ➤ Intubation ➤ Management of TPN ➤ Pre & Post operative care | <ul style="list-style-type: none"> ➤ Assessing the physical and psychological needs of the patients ➤ Drug calculation and administration of oral medications, Intravenous, Intra muscular, Intra dermal and subcutaneous injections. ➤ Assessing hygienic needs of the patients. ➤ Assisting in Tracheostomy & Tracheostomy care ➤ Assisting and Performing Arterial cannulation & Central Venous cannulation ➤ Assisting in Supra Pubic Catheterization ➤ Assisting and Performing Lumbar Puncture ➤ Assisting in Pleural tapping ➤ Assisting in Abdominal Para Synthesis ➤ Performing Defibrillation and shock ➤ Assisting in Endoscopy ➤ Assisting in Bronchoscopy ➤ Assisting in Colonoscopy ➤ ABG Care ➤ Monitoring of Intra Abdominal Pressure. |
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| <ul style="list-style-type: none"> ➤ Sponge bath ➤ Assisting in Cava Fix insertion ➤ Assisting in Peg Tube Insertion & PEG Feeding ➤ Active and passive exercise and educating clients on crutch walking and assisting them with walkers. ➤ Preparing patients for gastroscopy, colonoscopy, rigid sigmoidoscopy and for radiology procedure. ➤ Rendering direct nursing care and barrier nursing care ➤ Planning and giving health teaching for patient ➤ Blood transfusion ➤ Administration of Narcotic analgesics | <ul style="list-style-type: none"> ➤ Bladder & Bowel wash ➤ Ryle's Tube Insertion ➤ Ileostomy care ➤ Assisting in PIGTAIL Tube insertion ➤ Changing chest drainage bottle ➤ Suture removal and surgical dressing ➤ Taking care of patients with jugular, femoral, subclavian, temporary and permanent catheters, Arterio-venous fistula and graft. ➤ Pre and post care of patients for renal and coronary angiogram |
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REFERENCES

- ❖ **Rev.Fr Shaiju Augustine Thoppil (Director), Lourdes Hospital, Ernakulam.**
- ❖ **Rev.Fr Sebastian Sony Kalathil (Asst.Director), Lourdes Hospital, Ernakulam.**
- ❖ **Rev.Sr Dhanya Joseph (Nursing Superintendent), Lourdes Hospital, Ernakulam.**
- ❖ **Mrs.Anuradha (Nursing Superintendent), PSG IMSR Hospitals, Peelamedu, Coimbatore. Mob: 09894676406.**

DECLARATION

I hereby declare that all the details given above are true to the best of my knowledge and any clarifications can be check with me.

Place : KOTTAYAM

Date : VIDHYAVINOD