



**GITHIA SUSAN VARGHESE
(PHYSIOTHERAPIST)**

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OBJECTIVE

To have a growth oriented and challenging carrier by contributing my knowledge and skills to the respected organization and enhance my experience through continuous learning.

PERSONAL DETAILS

D.O.B : 24/01/1997
Nationality : Indian
Marital Status : Single
Gender : Female

LANGUAGES KNOWN

English(full professional proficiency)
Malayalam(native proficiency)
Hindi(limited proficiency)
Kannada(limited proficiency)

TECHNICAL SKILLS

Basics of computer
MS Office

- Team player who is able to collaborate and coordinate with the whole team and work step by step to address patient's physical issues
- Ability to communicate well good speaker and listener
- Knowledge of physical therapy modalities, procedure, theory techniques and standards
- Able to assess and treat Neuromuscular, Orthopedics, Pediatrics and Cardiopulmonary disorders

EXPERIENCE

- Completed one month posting in the Department of Neurology and Neurosurgery at **IQRAA International Hospital and Research Centre** from 03.10.2022 to 02.11.2022.
- Undergone six months of compulsory rotatory internship from **A J Hospital and Research Centre**, Mangalore from 16.01.2020 to 12.08.2020 in the following departments: Neurology & Neurosurgery, Orthopedics, Pediatrics, General Medicine & General Surgery, Burns, Cardiothoracic & Intensive care unit, Outpatient department & Community Based Rehabilitation.

EDUCATIONAL QUALIFICATION

MPT in Neurology from JDT Islam College Of Physiotherapy, Kozhikode, Affiliated to Kerala University of Health Sciences (KUHS), Thrissur, Kerala 2020-2023 [81.05%]
 BPT from Laxmi Memorial College of Physiotherapy, Mangalore, Affiliated to Rajiv Gandhi University of Health Sciences (RGUHS) Karnataka 2015-2020 [69.61%]
 H.S.S from St. Behanans Higher Secondary School, Vennikulam 2013-2015 [90.25%]
 SSLC from St. George High School, Kottangal 2013 [94.5%]

ACHIEVEMENTS & AWARDS

Certificate for Clinical excellence Award from JDT Islam College of Physiotherapy 2022
 Attended 58th Annual Conference of IAP from 6th March 2020 to 8th March 2020 held at Historical City of Mahabalipuram near Chennai (Tamil Nadu)
 Attended CME on “Diagnostic Imaging & Investigations: Recent Advances & Applications in Rehabilitation” held on 18th June 2019 organized by department of Radiodiagnosis & Imaging, A.J Institute of Medical Sciences, Mangalore, Karnataka
 Attended Mangalore Physiocon organized by South Canara physiotherapy teachers association on 17th and 18th January 2018 at Town Hall, Mangalore, Karnataka
 Attended CME on “vaccine preventable diseases - the way forward” held on 16th November 2018 organized by department of community medicine at A.J Institute of Medical Sciences and Research Centre, Mangalore, Karnataka
 Attended CME on “Geriatric Rehabilitation” held on 19th and 20th July 2018 organized by department of general medicine at A.J Institute of Medical Sciences, Mangalore, Karnataka
 Attended Mangalore Physiocon held at Yenepoya University, Mangalore, Karnataka on 3rd and 4th March 2017
 Attended CME on “Road Traffic Accidents-Prevent. Prepare. Protect” held on 20th Nov. 2017 organised by Department of Community Medicine, A.J Institute of Medical Sciences, Mangalore, Karnataka

PROJECTS

- Completed research work on “A comparative study on the efficacy of task-oriented training as an adjunct to mirror box therapy and bilateral arm training to improve upper limb function in sub-acute stroke patients”
- Effect of modified hold-relax stretching and static stretching on hamstring muscle flexibility.
- Done Review of Literature on Effect of aquatic exercise in patients with osteoarthritis.

SKILLS

-Ability to establish a good relationship with patients and their families

REFERENCE

1. Dr. Sajeevan T –Principal, JDT Islam College of Physiotherapy, Kozhikode, Kerala
2. Dr. Sanjay Eapen Samuel –Principal, Laxmi memorial College of Physiotherapy, Mangalore, Karnataka