

# **VIJI VIJAYAN**

THEKKUMKATTIL HOUSE  
KIZHAKOMBU P. O  
KOOHATTUKULAM  
ERNAKULAM (DIST)  
KERALA , PIN - 686662

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**Post Applied For: STAFF NURSE**

## **CAREER OBJECTIVES**

To be able to work in Hospital that proceeds excellent working condition which enable me to put into practice my skills of servicing and caring patients in emergency or otherwise with at prejudice and also able to up myself with the latest development in the field of nursing.

## **INTER PERSONAL SKILLS**

Self-motivated professional with commitment to provide quality nursing care strong organization and communication skills.

## **PERSONAL SKILLS**

- Happy to work as in individual and in a group in any working environment
- Compressive problems solving ability
- Ability to be optimistic in challenging circumstances
- Excellent patient care skills
- Excellent communication skills

**PERSONAL PROFILE**

Name : VIJI VIJAYAN  
Father's Name : Mr. Vijayan T T  
Mother' Name : Mrs. Jalitha Vijayan  
Date of Birth : 30-05-1992  
Sex : Female  
Nationality : Indian  
Religion : Hindu  
Marital status : Single  
Nationality : Indian  
Languages Known : Malayalam, English, and Hindi

**CADEMIC CAREER**

Course	Institution	Year	% OF MARKS
SSLC	Govt. Model HS Palakuzha	2008	68%
PLUS TWO	Govt. VHSE Thirumardy	2010	74%

**PROFESSIONAL QUALIFICATION**

COURSE	YEAR	BOARD/ UNIVERSITY	NAME OF INSTITUTION
GNM	2010-2014	Kerala Nursing Council	Little Lourdes School of Nursing, Kidangoor, Kottayam
Post Bsc Nursing	2016-2017	Rajiv Gandhi University of Health and Science Karnataka	Gayathiri College of Nursing ,Kottigepalya

## **REGISTRATION**

*The Karnataka State Nursing Council*

## **WORKING EXPERIENCE**

<b><u>HOSPITAL'S NAME</u></b>	<b><u>NUMBER OF BEDS</u></b>	<b><u>DEPARTMENT</u></b>	<b><u>WORKING PERIOD</u></b>
<b>LOURDES HOSPITAL KOCHI.</b>	<b>850</b>	<b>MEDICAL &amp; SURGICAL WARD</b>	<b>09/02/2021- TILL THE DATE</b>
<b>YASHIODHA SUPER SPECIALITY HOPITAL KOSHAMBI DELHI.</b>	<b>350</b>	<b>LABOUR ROOM</b>	<b>03/11/2017-12/06/2020</b>

## **EQUIPMENTS USED**

- ❖ Suction Apparatus
- ❖ Thermometer
- ❖ Glucometer
- ❖ O2 Flow Meter
- ❖ Oxygen Cylinder
- ❖ ECG Machine
- ❖ Nebulizer Apparatus
- ❖ BP Apparatus
- ❖ Pulse Oxymeter
- ❖ Infusion pump
- ❖ Doppler
- ❖ Steam Inhalor
- ❖ NST Machine
- ❖ Laryngo scope
- ❖ Cardiac Monitoring
- ❖ Pulse oximeter
- ❖ Steam inhailer
- ❖ Laryngoscope
- ❖ Ambu Bag

- ❖ Venturi Face mask
- ❖ Oxygen Cylinder
- ❖ Oxygen Wall Connection
- ❖ Defibrillator
- ❖ Syringe pump

### **TYPES HANDLED IN LABOUR ROOM**

- ❖ Normal Delivery
- ❖ Inter Uterine Death
- ❖ Placenta Previa
- ❖ LSCS
- ❖ Eclampsia
- ❖ Pre Eclampsia
- ❖ Anti Partum haemorrhage
- ❖ Ectopic Pregnancy
- ❖ MTP
- ❖ Non Stress Test Patients
- ❖ Abortion
- ❖ PPH
- ❖ Post Partum Haemorrhage
- ❖ Ant Partum
- ❖ Pre Term Labour

### **INSTRUMENTS HANDLED**

- ❖ Speculum
- ❖ Sponge Holder
- ❖ Vaginal Wall Retractor
- ❖ Thumb Forceps
- ❖ Vulsellum
- ❖ Uterine Sound
- ❖ B.P Handle
- ❖ Scissors

- ❖ Ovum Forceps
- ❖ Clamp arteries
- ❖ Needle Holder
- ❖ Chittel Forceps
- ❖ Khocher's
- ❖ Toothed / Non Toothed Forceps
- ❖ Outlet Forceps

### **SPECIALIZED PROCEDURES**

- ❖ Hand Washing
- ❖ Dressing
- ❖ Vital Signs Monitoring
- ❖ CPR
- ❖ Stoma Care
- ❖ Assist for Plural Infusion
- ❖ Enema
- ❖ Normal Vaginal delivery
- ❖ Suturing
- ❖ Suture Removing
- ❖ Dilatation and Curettage
- ❖ Multi Load Incretion
- ❖ Cryotherapy
- ❖ Mouth Care
- ❖ ECG
- ❖ Urinary Catheterization
- ❖ Hydro Tubation
- ❖ Sample Collection
- ❖ Multi Load Removal
- ❖ New Born care
- ❖ Endometrial Biopsy/ Aspiration
- ❖ Tubal ligation
- ❖ Resuscitation
- ❖ PAP Smear
- ❖ Ryles Tube Insertion and feeding

- ❖ Bed Bath
- ❖ I.V Cannulation
- ❖ Suctioning
- ❖ Plural aspiration
- ❖ Lumbar puncture
- ❖ Total Parental nutrition preparation
- ❖ Blood culture
- ❖ Chemotherapy
- ❖ Bladder catheterization
- ❖ O2 administration

### **PATIENT CARE RESPONSIBILITIES**

- Maintenance of good Nurse- Patients Relationship
- Check the vitals of the patient hourly along with date and time (BP Pulse R/R temperature)
- Maintenance of intake and output (eg Urine Output , RT feeding, Drainage )
- Collection of specimens (eg Serum, ABG, Urine and Sputum)
- Management of intravenous fluids
- Administration of Medications in time (OD,BID TID Stat ect)
- Hot and cold application (Ice bag & Hot water bag)
- Personal Hygiene (Nail Care, Hair Care , Bowl and Bladder care )
- Maintenance of Physical , Social ,Phychological, Spiritual and Rehabilitative needs of the patients (eg. Religious guidance)
- Supervision and Orientation of student and New Trainees.
- Well versed in the cardio Pulmonary and Resuscitation
- Assist the doctors during the procedure
- To monitoring Fetal heart rate
- Measure the strength and timing of contraction and identify complications

❖ **SPECIAL DUTIES**

- ❖ In charge of the ward in absence of ward sister.
- ❖ Supervising non-professional workers in absence of ward sister.
- ❖ Teaching and instructing new staff nurses.
- ❖ Teaching and supervising students in absence of tutors.
- ❖ Giving reports.
- ❖ Attending rounds (Beside).
- ❖ Packing and sending sets used for special procedures for sterilization.(auto calving/gas sterilization)
- ❖ Maintaining cleanliness of ward.

**PROFESSIONAL REFERENCES**

- 1 Rev. Sr. Sarita Philip  
Nursing Superintendent Lourdes Hospital Kochi.
- 2 Lt .Col. Radha Rana  
Nursing Superintendent Yashoda hospital ,kaushambi u.p

**DECLARATION**

I hereby declare that the details furnished above are true and correct to the best of my knowledge and belief.

Place:

yours faithfully,

Date:

**VIJI VIJAYAN**