

## CONTACT

### JEEN MARIA SEBASTIAN GEORGE

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West Bengal



## OBJECTIVE

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Seeking a growth-oriented and challenging career in nursing and patient care in professional reputed hospital where I can apply my knowledge and skills to the best of my abilities.

## MY PHILOSOPHY TOWARDS SERVICES & LIFE:

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- I consider myself as an optimistic and extravert. My patient is my best teacher. As a nurse I want to provide personalized care to every patient I see in the hospital instead of just treat the illness ,injury or condition they have . I want to make them feel comfortable, respected and confident in my nursing abilities .

## EDUCATION

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2013

- **Assembly of God church School Ukhra West Bengal**  
Secondary Education ( ICSE Medium)  
86 percentage

2015

- **Assembly of God church School Ukhra**  
Higher secondary (ISC)  
80 percentage

## UNIVERSITY / COLLEGE

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- **College- St.Jhons Medical College Hospital Bangalore**  
University- Rajiv Gandhi University Of Health Science, Karnataka

Basic BSc Nursing - FIRST YEAR  
Month and Year- September 2016  
Marks Obtained-430/700  
Division- ( 2nd Class)

Basic BSc Nursing- SECOND YEAR  
Month and Year - September 2017  
Marks Obtained-457/700  
Division- (1st Class)

Basic BSc Nursing - THIRD YEAR  
Month and Year - September 2018  
Marks Obtained- 496/700  
Division- (1st Class)

Basic BSc Nursing- FOURTH YEAR  
Month and Year - September 2019  
Marks Obtained- 338/600  
Division- (1st Class)

## PROJECTS

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- **Research .**

A study to assess the knowledge regarding basic life support among the auxillary health personnel in St. John's Medical College Hospital, Bangalore.

Role : Co-investigator

Team size : 10

Duration : 1 year

## INTERSHIP

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- **St.Jhons Medical College Hospital Bangalore**  
Department- In Paediatric Ward with 30 bed in each cubical.

Duration- 6 months

## ACHIEVEMENTS & AWARDS

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- 1. Bagged the overall championship prize for "Loyola Fest" conducted in Loyola College of Commerce, Bangalore. 2. First prize in Skit for Nurses Week, conducted by St. John's College of Nursing, Bangalore. 3. First prize in group song for Nurses Week, conducted by St. John's College of Nursing, Bangalore.

## PERSONAL DETAILS

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- Date of Birth : 22/05/1995
- Marital Status : Single
- Nationality : Indian
- Blood Group : O+ve

## LANGUAGES

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- English ,Hindi ,Malayalam , Kanada, Tamil

## SKILLS

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- PERSONAL SKILLS • Proven record of reliability and responsibility • Remain calm and professional throughout critical incidents • Strong Analytical skills, capable of assessing conditions and implementing appropriate Intervention development, rapport with the patients, family, staff, and physicians. • Relate well to people from a variety of cultures.

## INTERESTS

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- Singing , teaching ,cooking

## EXPERIENCE

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*02.03.2020 -  
02.03.2022*

- **St.Jhons Medical College Hospital Bangalore**  
Staff Nurse (Emergency)  
Worked as full fledged staff nurse in the Emergency Department taking over both Adult and Paediatric department. Rendered service in the Covid Ward during the pandemic.

## AREA OF SPECIALIZATION

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- As a staff nurse, I have been working in Accidents and Emergency taking over both Adult and Paediatric casualty. During the student period I have got sufficient training in all departments.

## JOB RESPONSIBILITIES

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- To provide a high standard of care for patients by assessing, planning, implementing and evaluation for the individual patients
  - Giving personal care to provide safe environment to the patients, maintaining of supplies and equipments, information processing
  - Research with the assigned hospital unit
  - Orientation of the personal to the emergency department and the care of the patients,
  - Respond and recording of the patient checking chart.
  - Observing the safety measures of the patients.
  - Attending the nursing needs of the patients.
  - Attending to the doctors rounds
  - Maintaining therapeutic relationship with patient and their relatives.
  - Reporting to the nursing supervisors, superintend of nursing rounds about the patient.
  - Maintain accurate records of observation, treatment and the patient family care,
  - Discharge procedure.

## **ADDITIONAL INFORMATION**

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### **DETAILS OF THE EQUIPMENT HANDLED.**

Infusion Pump  
 ECG machine  
 Cardiac monitor  
 Pulse oximetry  
 Suction apparatus  
 Haemoglobinometer  
 Defibrillator  
 BIPAP machine  
 Laryngoscope  
 Syringe Pump  
 HFNC machine

Intercostal drainage tube insertion  
& removal Bone marrow aspiration  
Lumbar puncture  
Tracheostomy  
Central line insertion.  
Major & minor dressing  
HD line insertion.  
Foley's catheter insertion.

- PROCEDURE INVOLVED

Blood transfusion  
Oxygen administration  
Bed making  
Taking vital signs  
Ryles Tube insertion and feeding.  
Sponge Bath  
Mouth Care.  
Enema.  
Hot and cold application.  
Eye and ear irrigation.  
Administration of medications and injections.  
IV line insertion  
ECG.  
Cardio pulmonary resuscitation  
Bandaging.  
Skin and pelvic traction.  
Steam inhalation.  
Nebulization.  
Suctioning.  
Care of central line.  
Bladder wash  
Bowel wash.

**REGISTRATION DETAILS**

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- **Board/University** - Rajiv Gandhi University of Health Sciences Bangalore  
,Karnataka 560041
- Registration Date** - 13th February 2020
- Registration Number** - 104532

## REFERENCE

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- **Mrs.Deepa Eapen - "St.Jhons Medical College Hospital Bangalore"**  
Head Nurse (Paediatric Emergency Department)  
+918884778152

## DECLARATION

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- I hereby declare that this Curriculum Vitae is true and correct.

DATE : 14-08

LOCATION : Kochi ,India

NAME : Jeen Maria Sebastian