

CURRICULUM VITAE

ANU ELYZABATH BABY

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Ernakulam, Kerala- 683574, India.



POSITION DESIRED: STAFF NURSE

HIGHLIGHTS

Registered Nurse & Registered Midwife (RN/RM); with B.Sc. nursing degree, with 1.2 year in Medical Surgical Department of nursing experience and Worked at Saifee Hospital a 254 bedded multi-specialty hospital. The facility has world class infrastructure. The hospital is ISO certified. The facility focuses on quality care and providing best services. The facility is privileged to be accredited by National Accreditation Board for Hospitals and Healthcare Providers [NABH] and for world class healthcare and service delivery.

I have also worked at Primary Health Centre, Thenhipalam, Malappuram, Kerala, which is a Covid second line treatment center under NHM certified 1200 bedded. I had been working in this centre as full-time registered nurse in Covid emergency department for about months.

I perform my professional nursing duties related to trust and welfare of the patient, responsible for always maintaining the highest possible standard of patient care. I hold up-to date knowledge in the industry with good skills in delivering support services, adaptable to changes and willing to learn further.

WORK EXPERIENCE

- Department: Medical Surgical Department- Saifee hospital Mumbai,

India Duration : January 27, 2021 to August 28, 2022

- Department: Covid Emergency Department- Primary Health Centre, Thenhipalam, Malappuram, Kerala- India

Duration: July 14th 2020 to November 07th 2020

AREAS OF EXPERTISE

- Quality care in patient assessment, medication and range of motion.
- As a Nurse, I can carry out medical management in all kind of cases:
 - Life support
 - Care plan administration
 - Precise charting and documentation

- Intravenous therapy
- Psychological support
- Interpersonal communications and Language efficiency and telephone etiquettes

TYPES OF EQUIPMENTS HANDLED

- | | |
|----------------------------------|--------------------------------|
| ➤ Pulse oxymeter | ➤ Suction apparatus |
| ➤ Centralized oxygen and Suction | ➤ Sphygmomanometer |
| ➤ Thermometer | ➤ Nebuliser |
| ➤ Stethoscope and B P apparatus | ➤ Glucometer |
| ➤ Gastric lavage funnel | ➤ ECG machine |
| ➤ Foley's catheter | ➤ AMBU bag with mask |
| ➤ Colostomy bag | ➤ Endotracheal tubes |
| ➤ IV infusion sets | ➤ Defibrillator |
| ➤ Tracheostomyset | ➤ Laryngoscope |
| ➤ Mechanical respiratory Aids | ➤ Syringe Pump |
| ➤ Cardiac monitor | ➤ Crash cart |
| ➤ Steam Inhaler | ➤ Feeding pump |
| ➤ Glucometer | ➤ Computerised central monitor |

PATIENT CARE RESPONSIBILITIES

- ✓ Maintenance of good nurse patient relationship in critical care areas and Patient family education
- ✓ Patient assessment and reassessment and Nurses notes
- ✓ Comprehensive critical care

OTHER RESPONSIBILITIES

Can do the following procedures:

Admission procedure, I V Cannulation, Foley's Catheterization, Blood Transfusion, CPR, ECG, Nebulisation, Steam Inhalation, Dressing, ABG, Tube feeding, Gastrostomy feeding, Collection of blood samples, Oral care, catheter care, Sponge bath, Oxygen therapy, Transfer Discharge procedure and Assisted in Ryles tube insertion.

OTHER RESPONSIBILITIES IN ICU MANAGEMENT

- Maintaining the drugs and supplies as per standing orders
- Maintaining the equipments in working condition
- Maintaining emergency drugs and equipments at accessible place only
- Maintaining the reports and records of the patient up to date

- Receiving critically ill patients from emergency department and wards
- Barrier Nursing
- Scrubbing and Hand washing and isolation precautions

CASES HANDLED

- | | | |
|----------------|-------------------------|---------------------------|
| ▪ Pancreatitis | ▪ Diabetics mellitus | ▪ Acute Liver Failure |
| ▪ Poly trauma | ▪ Hypertension | ▪ Coronary Artery Disease |
| ▪ Hyperthermia | ▪ Liver Cirrhosis | ▪ Hepatic Encephalopathy |
| ▪ Haemorrhage | ▪ Chronic Liver Disease | ▪ Biliary stenosis |
| ▪ Anoxia | ▪ Myocardial Infarction | ▪ Pneumonia |
| ▪ Poisoning | ▪ COPD | ▪ Convulsions |
| ▪ Accidents | ▪ Tuberculosis | ▪ Chronic Renal Failure |
| ▪ Head injury | ▪ Hepatitis A & B | ▪ Drug reactions |
| ▪ Hypertension | ▪ Drowning | ▪ Angina pectoris |

ACHIEVEMENTS

- ✓ Gained wide range of knowledge about nursing care in several medical cases
- ✓ Check the vitals of the patients every hourly along with date and time (ECG, B P, R. T Feeding, Drainage etc) including comprehensive nursing care and documentation
- ✓ Maintenance of intravenous fluids
- ✓ Administration of medications in time (Eg: OD, BID, TID, QUID, STAT, SOS, etc)
- ✓ Hot & cold application (Eg: Ice bag, hot water bag, cold compress, sterile hot compress and cold sponge)
- ✓ Personal hygiene including assist in activities of daily activities ⊖ Care of pressure sore (Eg. Frequent Back care positioning)
- ✓ Surgical site dressing and wound dressing
- ✓ Withdrawing blood samples Nasogastric tube feeding
- ✓ Oral and nasal suctioning
- ✓ Management of Partogram
- ✓ Care of Invasive Catheters (IV Cannula, Foleys Catheter)
- ✓ Maintaining reports and records
- ✓ Supervision and orientation of students and new trainees
- ✓ Follow up treatment

NURSING SKILLS AND QUALIFICATIONS

- Clinical and Nursing skills
- Bedside manners
- Infection control
- Physiological knowledge
- Administer medications
- Medical team work
- Multi- tasking
- Listening and Verbal communication
- Deft hands & sense of proportion
- Health promotion & maintenance

EDUCATIONAL QUALIFICATIONS

- ✓ BSc. Nursing – Samaritan College of Nursing, Pazhanganad, Ernakulam
Under Kerala University of Health Sciences, Thrissur in the year 2019 [Got First Class]

Percentage of Marks achieved

- First year: 68.3%
 - Second year: 63%
 - Third year: 70%
 - Forth year: 74.3%
- ✓ Higher Secondary Education - Govt. Girls HS Perumbavoor, under Board of Public Higher Secondary Examination, Kerala in the year 2015 [% of mark: 89%]
 - ✓ Secondary Education – St. Joseph GHS, Chengal, Board of Public Examination, Kerala in the year 2013 [Marks obtained: 73%]

ACADEMICS ACHIEVEMENTS

- Won 2nd prize in SNA level dance competition in 2017
- Bagged 2nd prize in Story writing at SNA level in 2018
- Workshop on Quality Enhancement in Patient Care : Attended a workshop on 30th November 2019 at Samaritan College of Nursing, Pazhanganad
- Workshop on Reflective Practices conducted by Dinson Davis(Nurse Educator): Attended a workshop on 30th July 2019 at Samaritan College of Nursing, Pazhanganad
- Bagged 3rd prize in dance competition at SNA level in 2018

Other Strengths

- Positive thinking
- Hard working and sincere in job
- Highly motivated
- Eagerly willing to learn

- Good listener with an understanding nature
- Enjoys working with a team
- Good communication and Problem handling skills

PERSONAL PROFILE

Date Of Birth: 20/01/1998

Sex: Female

Nationality: Indian

Religion: Christian, R.C.

Languages Known: English, Hindi, Malayalam

Marital Status: Single

KNMC No. : KL03202000519

PASSPORT DETAILS

Passport No. : T0907912

Place of issue: Cochin

Exp. Date: 28/11/2029

REFERENCE

1. Dr. Sr. Shalini Principal, Samaritan College of Nursing, Pazhanganad
2. Mrs. Mary Fernande Head Nurse, Saifee Hospital
3. Mrs. Sherly Koshy Head Nurse, Saifee Hospital

DECLARATION

I, hereby declare that the information furnished above are to the best of my knowledge and belief. I look forward to being given an opportunity to prove my skills in your esteemed organization.

Date: 24/02/2023

Yours sincerely,

Place: Ernakulam

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