## AFRA BALAN

## **DOCTOR OF PHARMACY (PharmD)**

Address: Marakappu Kadappuran, Ozhinjavalappu P.O, Nileshwaram, Kerala 671314

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Exceptionally hardworking, productive and self-motivated person with a promising mindset to grow together with the institution professionally. As a recently graduated PharmD (Doctor of Pharmacy) professional (2022), I am seeking a full time position in an esteemed organization to fully utilize my training and skills with emphasis on accurate work and strong organizational skills, while making a significant contribution by being part of a highly professional environment.

#### **EXPERIENCE**

### GOVERNMENT MEDICAL COLLEGE KANNUR

## **PharmD Internship**

September 2021- September 2022

Performed clinical activities under several departments including General Medicine, Pediatrics, Obstetrics and Gynecology, Urology, Psychiatry, Oncology, Cardiology, Neurology, Chest Medicine and Dermatology.

- Drug Interaction tracking and reporting
- Tracking and reporting ADR
- Drug Information Centre duty
- Medication reconciliation
- Carried out Covid Swab Coordination and Transit Duty.

#### NEETHU MEDICALS

Trainee Pharmacist May 2022- July 2022

- Accurately dispensed drugs to patients according to doctor's prescription.
- Improved customer service and pharmacy efficiency.
- Instructing patients on how to use medications, possible side effects and storage.
- Answering questions from patients and staff about medicines.
- Ensuring the accuracy of all prescriptions, products and services supplied.
- Managing and resolving complaints.
- Communicating with patients empathetically and supportively.
- Maintaining pharmaceutical stock.

#### **EDUCATION**

## $PharmD\ (Doctor\ of\ Pharmacy) - 72\%$

2016-2022

College of Pharmaceutical Sciences, Government Medical College, Kannur Kerala University of Health Sciences

# **Higher Secondary – 91%**

2014-2016

Central Board of Secondary Education

## **SKILLS**

- Patient counseling
- Drug Information Services
- Drug interaction tracking and reporting
- Tracking and reporting ADR

- Verbal and written communication skill
- Team working skills
- Computer skills (MS word, powerpoint, excel)

### PERSONAL DETAILS

Date of Birth: 10/10/1998
Nationality: Indian
Gender: Female
Marital Status: Single

• Languages: English, Malayalam, Hindi

## PROJECTS AND PUBLICATION

- Prescription pattern of antihypertensive drugs and blood pressure control in coronary artery disease patients in a tertiary care centre in North Kerala.
- Evolving the impact of Vaccination, Blood Group, Social Habits and Sensory perception impairment burden in COVID 19: A Multiregional survey based study.
- Gestational diabetes mellitus: An overview with emphasis on therapeutic approaches.

## CERTIFICATIONS, CONFERENCE AND SEMINARS

- Presented a paper in a conference held at Manipal "Transitioning towards multidisciplinary care and research".
- Attended a national webinar on "Access to diabetes care" organized by Pushpagiri College of Pharmacy, Kerala in association with Doctor of Pharmacy Association, Kerala.
- Certificate course on Basics of Cardiac Pharmacology conducted by CliMed and WYHF (World Youth Heart Federation).
- Certificate course on Antimicrobial Stewardship: A competency- based approach (WHO June 2022)
- Certificate course on Essentials of pharmacovigilance communications (Uppsala Monitoring Centre-September 2022)
- Orientation workshop on Pharmacovigilance conducted by Kidwai Memorial Institute of Oncology.