

Objective

To be an orthopedic surgeon providing orthopeadic care of the best standards

Skills

- Independantly Manage all kinds of Orthopediac trauma by surgical or non-surgical methods as required according to the standard recognised protocols with good results
- Performing Joint replacement surgeries like THR, TKR, Hemiathoplasty, Shoulder replacement
- Perfrom Arthoscopic surgeires like ACL reconstruction, meniscal surgeries, synovectomy, subacromial decompression, etc
- Performing complex traum surgeries like acetabular fracture fixation, Tibial condylar fracture fixation, calcaneum fracture fixation, Talus fracture fixation, PFN, Interlocking nailing, plating etc
- Providing needed empathetic medical and emotional support to patient and bystanders
- Performing spinal surgeires like laminectomy, spinal decompression, pedicle screw fixation etc
- Perfroming plastic surgery procedures like tendon repair, skin grafting, nerve repair etc
- Managing peadiatric orthopedaic conditions like CTEV, Perthes, SCFE, etc

Education

 Government Medical College, Kottayam, Kerala MBBS 	2002 to 2008
 Government Medical College, Trivandrum, Kerala MS Orthopedics A 	2010 to 2013
Experience	
MBMM hospital, Kothamangalam, Ernakulam	April 2021 - Till date

Orthopaedic surgeon

- Full time orthopeadic surgeon attending OP, IP and emergency duties
- Independantly Managing all kinds of Orthopediac trauma by surgical or non-surgical methods as required according to the standard recognised protocols with good results
- Performing Jont replacement surgeries like total hip arthoplasty, Total knee arthoplasty, hemiathoplasty etc with good results
- Performing Arthoscopic surgeires like Acl reconstruction, meniscal repair, synovectomy, subacromial decompression etc
- Performing spinal surgeires like laminectomy, spinal decompression, pedicle screw fixation
- Performing complex trauma surgeries like Pelvic fracture fixation, Tibial condylar fracture fixation, calcaneum fracture fixation, PFN, Interlocking nailing, Plate fixation etc
- Performing basic plastic surgery procedures like tendon repair, skin grafting, nerve repair etc
- Managing peadiatric orthopedaic conditions like CTEV, Perthes, SCFE, fracture etc
- Maintaining good rapport with patient and bystanders

 Aravinda Hospital, Ponkunnam Orthopedic surgeon Full time orthopeadic surgeon perfroming the above-mentioned duties 	April 2020 - April 2021
 JMP Medical Centre, Piravom, Ernakulam Orthopaedic surgeon Full time orthopeadic surgeon 	July 2013 - Feb 2019
South Western Railway, Railway hospital, Hubli Divisional medical officer	Sep 2016 - Sep 2017
Languages	
• English	
• Hindi	
Malayalam	

Reference

- Dr Manoj Kumar "JMP Medical Centre, Piravom" Orthopaedic surgeon 9447192493
- **Dr Arum Mathew "Medical College, Trivandrum"** Professor in orthopeadics 9495102052

Research

• Study on functional outcome of dual plating in supra intercondylar fracture distal humerus