



# George Zacharia

DOCTOR

## Details

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## Objective

As a recent graduate, I am seeking a role which allows me to continue learning and perfecting my skills as I provide high-quality work, and encourages me to flourish as a good clinician.

## Employment History

### House Surgeon, Government Medical College, Thiruvananthapuram

AUGUST 2021 – AUGUST 2022

I was privileged to observe, learn, assist and independently perform various clinical procedures, involve in the OP and IP management of patients, and manage an array of acute emergencies in multiple departments, from great clinicians and academicians.

I was also posted in Government Taluk Hospital, Vithura for 1 month for managing the OPD services and the 24 hour casualty, and the Integrated Family Health Centre, Pangaparra for 2 weeks for managing the OPD.

## Education

### MBBS, Government Medical College, Thiruvananthapuram

AUGUST 2016 – AUGUST 2021

Graduated with First Class

## Skills

Well versed with suturing, managing acute emergencies, provide BLS and ACLS care. Dedicated, punctual, and hardworking. Polite and Gentle towards patients.

Performed independently procedures including Intubation, CPR, Lumbar Puncture, Ascitic tap, Ryles Tube Insertion, Urinary catheterization, Blood sampling, Ear Syringing, Skin traction, Wound dressing

## Achievements

### Indian Academy of Pediatrics - UG Research Award 2019

NOVEMBER 2019

Among the top 10 research proposals selected across the country, and was awarded a grant to pursue the research project.

### Best Paper - Government of Kerala - Kerala Health SDG Conference

FEBRUARY 2021

For the paper "Sleep Deprivation Among School-Going Adolescents in an Urban Setting in Kerala (India); Descriptive Study"

### Miscellaneous

Diana Award, Sheikh Hamdan Award, Sharjah Award for Excellence in Education, Energy Globe Award.

Numerous prizes in oratory competitions, Quiz competitions, etc

## Publications

### Sleep Deprivation Among School-Going Adolescents in an Urban Setting in Kerala (India); Descriptive Study

SEPTEMBER 2022

Journal of Indian Association for Child and Adolescent Mental Health :-  
<https://journals.sagepub.com/doi/10.1177/09731342221122841>

## **Courses**

**Basic Emergency Course For Doctors, Apex Trauma Learning Centre, Govt. of Kerala**

FEBRUARY 2022

**AOS Basic Sciences Summer School 2021, Movement Disorders Society**

2021

**Platinum Jubilee Medical Convention (CME), Trivandrum Medical College**

AUGUST 2022

## **Interests**

My field of interest is Pulmonology and Sleep Medicine.

My hobbies include creating videos on Youtube, volunteering, learning new things, and travelling to historical places.

I have also worked as campus ambassadors for various organizations like Elsevier, Daily rounds-Marrow, CBS publishers, Prepladder, Viacom-18, etc.

## **Languages**

English, Malayalam, Hindi