



## PROFILE

Seeking an entry level position in medical field to leverage my capabilities in a challenging position which will use my acquired knowledge and skills. I am determined to enhance my own productivity at the same time achieving the organizational objectives with attributes of time, quality and discipline

## CONTACT

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## PERSONAL DETAILS

**Date of Birth:** 17 March 1997

**Gender:** Female

**Nationality:** Indian

**Marital Status:** Single

**Languages Known:** English, Hindi, Malayalam

**Address:**

Ans Villa,  
Puthenparambil H,  
Manassery,Mundamveli  
p.o,Kochi,Kerala

**Membership:**

Lifetime membership in Association of Pharmacy Professionals from Nov 2015.

# ANOORA CHARLES

## DOCTOR OF PHARMACY

## EDUCATION

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**PHARM-D**

2021

Pharm-D with 65% from St. Joseph's College of Pharmacy, Cherthala under Kerala University of Health Sciences, Thrissur, Kerala.

**CLASS XII**

2015

PCM - Biology with 84% in HSC Examination from Santa Cruz Higher Secondary School, Fort Kochi.

**CLASS X**

2013

SSLC with 74% from St. Mary's Higher Secondary School, Fort Kochi

## WORK EXPERIENCE

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**Pharmacist, Pharmadude Retails, Ernakulam**

2021-2022

Worked as a pharmacist with Pharmadude Retails for a span of 1 year.

**6<sup>th</sup> year Internship, Lourdes Hospital & Ernakulam General Hospital**

Aug 2020- Aug 2021

- 6 months internship as Clinical pharmacist in General Medicine department, 2 months each in Obstetrics and Gynecology, Pediatrics and Dermatology from Lourdes Hospital Ernakulam.
- 3 months in Palliative care department from Ernakulam General Hospital

**5<sup>th</sup> year Clerkship, Lourdes Hospital Ernakulam**

2019-2020

Ward round participation in Cardiology, Gynecology and Oncology departments over a period of 2 months each.

## SKILLS

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- Adverse Drug Reaction Reporting
- Patient Counselling
- Knowledge in pharmacology and therapeutics

- Knowledge in pharmaceutical products and industry
- Medical writing
- Proficient in MS Excel and Word

## PROJECTS

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### **“To Assess the Quality of Life and Prevalence of Readmission in Myocardial Infraction Patients”**

- The project was mainly aimed to assess the quality of life in patients after MI, to monitor the ADR in MI patients and to study its management, to find the prevalence of cardiac readmission in MI patients, to study the effect of clinical pharmacist initiated patient counselling in medication adherence and knowledge of patients.
- An interventional study was carried out at the Cardiology Department of Lourdes Hospital, Ernakulam over a period of 6 months, during 5 th year pharmacy.
- Data collection form was used to collect pertinent data including demographic details, medical and medication history, social history. - Medication adherence using MORISKY Questionnaire, ADR was assessed using modified Hartwig's Siegel assessment scale, causality was assessed with WHO UPPSALA causality assessment, the knowledge of the patient is assessed by using validated KAP questionnaire's.
- Apart from this we counselled the patients and increased their awareness about the diseases, drugs and the importance of self-care practices and dietary restrictions through patient counselling and it was reflected during follow up

### **Medical Camp**

Conducted Post Flood medical camp in August 2018 in association with Aster Med City and Pharm D association.

## AREAS OF INTEREST

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- Pharmacovigilance
- Medication Pharmacology
- Quality Control & Quality Assurance
- FDA drug safety
- Clinical research and Trials

## CONFERENCES AND OTHER ACTIVITIES

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- Participation in Seminar on NEW INSIGHTS ON PHARMACEUTICAL CARE – 3rd February 2018 at Nazareth College of Pharmacy
- Participation in Seminar PHARMACHEM 16 – 22nd October 2016 at Chemists College of Pharmaceutical Sciences & Research
- Participation in Seminar on CHALLENGES IN IMPLEMENTING CLINICAL PHARMACY SERVICES & RESEARCH IN INDIA – 8th December 2016
- Participation in Seminar on CLINICAL PHARMACY COMPETENCIES – 25th August 2017 at KVM College of Pharmacy
- Participation in International Seminar on INNOVATIVE RESEARCH & SKILLS FOR BETTER CLINICAL CARE – 14th and 15th January 2016
- Participation in Seminar on EMERGING TRENDS IN CLINICAL PHARMACY IN INDIA: AN EXPERIENCE SHARING FOR THE ASPIRANTS – 25th January 2016.
- Attended Workshop on RESEARCH METHODS & APPLICATIONS OF BIostatistics - 5th February 2020
- Attended conference on TRANSITIONING TOWARDS MULTIDISCIPLINARY CARE & RESEARCH – 5th and 6th January 2019

## DECLARATION

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I hereby declare that the above written particulars are true to the best of my knowledge and belief,  
ANOORA CHARLES