

# DR. NANDU KRISHNAN

## MBBS, MS ORTHO, DNB ORTHO



### CONTACT:

[nandukrishnan\\_92@yahoo.co.in](mailto:nandukrishnan_92@yahoo.co.in)

Phone: 0-8806163904

### OBJECTIVE

My basic objective is to hone my skills for comprehensive personality development and gain experience and skills from my seniors and colleagues, which can be used for the betterment of my knowledge and in turn, help my patients with the best diagnosis and treatment options.

### SKILLS

- Arthroscopy and Arthroplasty
- Pediatric Orthopedics
- Spine
- Orthopedic Emergencies
- Polytrauma Management with ETC and DCO
- Fracture Management based on AO principles
- Management of Non-union and Infected implant
- Step wise approach to Bone tumour management
- Special training in handling Scoliosis patients
- Research work

### EDUCATION:

- 1) **MS ORTHOPEDICS, May 2018 – May 2021**  
Amrita Institute of Medical Sciences, Kochi, Kerala
- 2) **DNB ORTHOPEDICS, DECEMBER 2021 SESSION**
- 3) **AO FRACTURE BASICS TRAINING , May 2022 (Calicut)**
- 4) **MBBS, Aug 2011 – Jan 2016**  
Padmashree Dr. D. Y. Patil Medical College, Pune, Maharashtra

### EXPERIENCE: (1.5 years)

- 1) **Senior resident:** Amrita Institute of medical sciences, Kochi  
(June 2021 to May 2022)
- 2) **Jr. Consultant Orthopedic Surgeon:** Valiyath Institute of Medical Sciences, Karunagapally ( June 2022-Present)

### PUBLICATIONS

- Comparison of clinical outcomes of Endoscopic vs Microscopic lumbar discectomy: A prospective randomized controlled study. Indian J Orthop Surg 2021;7(4):1-7.
- Functional and radiological outcome of bicondylar tibial plateau fractures treated with dual buttress plating. Journal of Trauma and Orthopaedic Surgery April/June 2021;16(2): 18-21.

### PRESENTATIONS

- Faculty talk on "Emergency management in Orthopedics" at AETLS National level conference on 21-23<sup>rd</sup> March, 2019 at Amrita Institute of Medical Sciences, Kochi
- Faculty Presentation on "Case introduction and approach to Spondylolisthesis" at 19<sup>th</sup> International Spine Conference from Aug 30<sup>th</sup> to Sept 1<sup>st</sup>, 2019 at Le-Meridien, Kochi
- Clinical Audit on "Infection Rates in Post Total Knee Replacement patients for 7 years" on 22<sup>nd</sup> October 2019 at Amrita Institute of Medical Sciences, Kochi
- Oral presentation on topic "CT guided Radio Frequency ablation for Osteoid Osteoma" at KOACON 2020 at Shifa convention centre Perinthalmanna on 26<sup>th</sup> January 2020
- E-poster presentation on "An uncommon variant of Pagets disease" at OASISCON 2020 on 27<sup>th</sup> November 2020
- Gold medal poster presentation on "Megaprosthesis reconstruction for a proximal tibia Osteosarcoma" at KOACON 2021 on 31<sup>st</sup> January 2021