

**DR. MEENU ELDO VARANATTU**

MBBS

TCMC - 75988

☎ 8075485892

☎ 8075485892

✉ meenueldo1994@gmail.com



## **CURRICULUM VITAE**

### **OBJECTIVE:**

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- To get a hands-on clinical experience to hone my professional skills and become a better version of myself.
- To perform a **clinical audit** which will be a step forward to the betterment of healthcare and in turn patient care.
- To prepare for **MRCP-Part 1** during this time frame.
- To get involved in other educational aspects like **seminars**, **teaching** and **presentations**.
- To work as part of a **research article** to understand its aspects and explore its boundaries.

### **PERSONAL DETAILS:**

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NAME : **DR. MEENU ELDO VARANATTU**

TCMC REGISTRATION NUMBER : 75988

AGE : 28 years

SEX : Female

DATE OF BIRTH : 22 July 1994

NATIONALITY : Indian

MARITAL STATUS : Unmarried

FATHER'S NAME : Mr. Eldo Varanattu John

MOTHER'S NAME : Mrs. Mary Eldo

ADDRESS : Varanattu House  
Kanjiramattom P.O.

Ernakulam District  
PIN – 682315

MOBILE NUMBER : 8075485892

EMAIL ID : [meenueldo1994@gmail.com](mailto:meenueldo1994@gmail.com)

**EXPERIENCE:**

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- 2022 - 2023** : Junior Resident, Department of Cardiology, Believers Church Medical College Hospital
- 2020 - 2021** : Casualty Medical Officer, Government Medical College, Thrissur (Contract-basis)

**EDUCATIONAL QUALIFICATIONS:**

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- 2014 - 2020** : MBBS degree from Pushpagiri Institute of Medical Sciences and Research Centre, Tiruvalla affiliated with Kerala University of Health Sciences (KUHS) from 2014-2020 with 75.6 % in 1<sup>st</sup> year (**DISTINCTION**), 64.5% in 2<sup>nd</sup> year, 63.25% in 3<sup>rd</sup> year and 69.3% (**FIRST CLASS**) in 4<sup>th</sup> year respectively.  
Completed 1 year of CRRM on 28 March 2020.
- 2012 - 2013** : CBSE 12<sup>th</sup> Grade Schooling completed from Indian School Al-Ghubra, Sultanate of Oman with 94.6% in 2013.
- 2010 - 2011** : CBSE 10<sup>th</sup> Grade Schooling completed from Indian School Al-Ghubra, Sultanate of Oman with a 10.0 / 10.0 GPA in 2011.

**AWARDS AND MERITS:**

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- 2020** : Best House-Surgeon of 2014-2020 Batch
- 2014-2020** : Certificates for various academic activities like quizzes and CME's and

other extra-curricular activities including sports and cultural (few certificates attached below)

- 2013** : Gold Medal for The Best Outgoing Student of Indian School Al-Ghubra  
: School Topper in English (95%) and Informatics Practices (98%)  
: Medal for Perfect Attendance for 10 consecutive years
- 2012** : Vice Head Girl in Prefectorial Body of Indian School Al-Ghubra
- 2007** : Medal for Perfect Attendance for 5 consecutive years

**STRENGTHS:**

- Passionate and dedicated
- Confident
- Good leadership qualities
- Creative
- Good communication skills
- Optimistic

**WEAKNESS:**

- To maintain a work-leisure balance
- Tendency to take on more responsibility than what I can handle

**HOBBIES:**

1. Travelling / Driving
2. Reading (Fiction Novels)
3. Painting (Glass and Acrylic)
4. Swimming
5. Badminton

**REFERENCES:**

**1. Dr. Tomy Philip**

MBBS, MD (Internal Medicine), MRCP  
Principal & Professor of Internal Medicine  
Pushpagiri Institute of Medical Sciences  
and Research Centre  
Phone: 91-9645766845  
Email: [tomyphilip64@gmail.com](mailto:tomyphilip64@gmail.com)

**2. Dr. R. N. Sharma**

MBBS, MD (Internal Medicine)  
Professor Emeritus, Internal Medicine  
Pushpagiri Institute of Medical Sciences  
and Research Centre  
Phone: 91-8281917291  
Email: [rnsharmasaimsdept@gmail.com](mailto:rnsharmasaimsdept@gmail.com)

## **DECLARATION**

I, Dr. Meenu Eldo Varanattu hereby declare that the above-mentioned particulars are true and accurate to the best of my knowledge and belief.



DR. MEENU ELDO VARANATTU  
(TCMC REG NO – 75988)

## TCMC REGISTRATION CERTIFICATE

# THE TRAVANCORE-COCHIN COUNCIL OF MODERN MEDICINE CERTIFICATE OF REGISTRATION

Registration No

75988



**Name** : Dr.MEENU ELDO VARANATTU  
**Father/Guardian's Name** : ELDO VARANATTU JOHN  
**Date of Birth** : 22-07-1994  
**Permanent Address** : VARANATTU HOUSE , KANJIRAMATTOM P.O, ERNAKULAM, KERALA, PIN-682315  
  
**Qualification** : M.B.B.S. (BACHELOR OF MEDICINE AND BACHELOR OF SURGERY)  
**Year of award of Degree** : 2020  
**Name of the Medical College:** PUSHPAGIRI INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTER, TIRUVALLA.  
**Name of the University** : KERALA UNIVERSITY OF HEALTH SCIENCES

I here by certify that Dr.MEENU ELDO VARANATTU is registered as a practitioner in Modern Medicine under the Travancore - Cochin Medical Practitioners' Act, 1953 on the 30th day of June 2020 at Thiruvananthapuram.

Thiruvananthapuram,

Date : 30-06-2020

SL No: 355723

SIGNATURE OF THE  
CANDIDATE



REGISTRAR  
MUHAMMED HUSSAIN  
REGISTRAR  
TRAVANCORE COCHIN MEDICAL COUNCIL  
RED CROSS ROAD  
THIRUVANANTHAPURAM-695035

- Information 1. Change of address must be communicated to the Registrar  
2. Additional Qualifications, if any, should be separately registered.  
3. This Certificate is not transferable and the holder shall abide by the Code of Ethics applicable  
4. This Certificate should be surrendered to the Council in case of cessation of practice or demise.

Travancore - Cochin Medical Councils, Redcross Road, Thiruvananthapuram 695035 Kerala, India  
Website: [www.medicalcouncil.kerala.gov.in](http://www.medicalcouncil.kerala.gov.in), Email: [registrar.tcmc@kerala.gov.in](mailto:registrar.tcmc@kerala.gov.in), Phone: office - 0471-2557227



**KUHS DEGREE CERTIFICATE – PRIMARY MEDICAL QUALIFICATION**

0085020



**KERALA UNIVERSITY OF HEALTH SCIENCES**  
THRISSUR, KERALA 680596

***Faculty Of Medicine***

*The Governing Council,  
Kerala University Of Health Sciences,*

*Hereby Makes It Known That*

**MEENU ELDO VARANATTU**

*Has Been Admitted To The Degree Of*

**BACHELOR OF MEDICINE AND**

**BACHELOR OF SURGERY**

*The / He Having Been Certified By Duly Appointed  
Examiners To Have Qualified To Receive The Same At*

*The Examination Held In February, 2019*

**WITH FIRST CLASS**

GIVEN UNDER THE SEAL OF THE UNIVERSITY

*Riluan*

**VICE CHANCELLOR**



**REG.NO: 140012576**

**DATE: 28-01-2021**



**WORK EXPERIENCE CERTIFICATE**

ഗവ: മെഡിക്കൽ കോളേജ്, തൃശ്ശൂർ  
മെഡിക്കൽ കോളേജ് പി.ഒ. തൃശ്ശൂർ-680596  
ഫോൺ/ഫാക്സ് : 0487 2201355  
ഫോൺ : 0487-2200310 - 2200319  
ഇ-മെയിൽ : principalmctcr@gmail.com



GOVT. MEDICAL COLLEGE, THRISSUR  
Medical College P.O, Thrissur-680596  
Direct Tel / Fax : 0487 2201355  
Ph: 0487-2200310 to 2200319  
E-mail: principalmctcr@gmail.com  
Website : www.mctsr.org

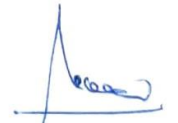
**No.E4/444/2021/GMCTCR**

**Dated: 30.04.2021**

**EXPERIENCE CERTIFICATE**

*This is to certify that **Dr.Meenu Eldo Varanattu** had worked in Govt. Medical College, Thrissur, in the Department of Casualty as Casualty Medical Officer on contract basis for the period from FN of 24.08.2020 to AN of 30.04.2021.*

*The work, character and conduct of the incumbent were **Good** during the above period that she worked here.*

  
**PRINCIPAL**



*28/30/21*

*30/4/21*



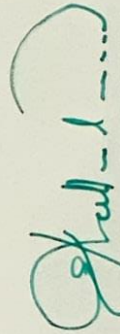
**CERTIFICATE FOR THE BEST HOUSE-SURGEON**




PUSHPAGIRI INSTITUTE OF MEDICAL SCIENCES & RESEARCH  
CENTRE  
TIRUVALLA, KERALA-689101

**BEST HOUSE SURGEON AWARD**

This certificate of excellence is awarded to  
**DR. MEENU ELDO VARANATTU**  
of 2014 batch MBBS for being the  
Best House Surgeon.

  
Rev. Fr. JOSE KALLUMALICKAL,  
CEO, Pushpagiri Group of Institutions



  
Dr. IOMY PHILIP  
Principal, PIMS & RC



## OTHER AWARDS AND MERITS



## **PUSHPAGIRI INSPIRATIONS GOLD MEDAL EXAMINATION IN RESPIRATORY MEDICINE FOR HOUSE SURGEONS 2020**



Co-organised by



Inspire - Pulmonary Centre, Pushpagiri and Kottayam Respiratory Society

*This certificate is awarded to Dr. Meenu Eldo for securing the 5<sup>th</sup> position in the Pushpagiri - Inspirations Gold Medal Examination for House surgeons-2020 conducted at Pushpagiri Institute of Medical Sciences and Research Centre.*

*[Signature]*  
REV FR. DR. MATHEW MAZHAVANCHERIL  
DIRECTOR - ACADEMICS AND RESEARCH  
PUSHPAGIRI GROUP OF INSTITUTIONS

*[Signature]*  
PROF. DR. T. P. THANKAPPAN  
PRINCIPAL  
PIMS & RC

*[Signature]*  
PROF. DR. P. SUKUMARAN  
HOD - RESPIRATORY MEDICINE  
PIMS & RC



PUSHPAGIRI EMERGENCY MEDICINE ANNUAL CONFERENCE 2019

# PEMAC 2019

WORKSHOP AND CONFERENCE



**PUSHPAGIRI**  
MEDICAL COLLEGE HOSPITAL

## Certificate

This is to certify that Dr. **MEENU ELDO VARANATTO** bearing Registration No. .... Registered with ..... Medical Council has attended **PEMAC 2019** as Delegate/Faculty/Organizer on 13<sup>th</sup> and 14<sup>th</sup> July 2019 organized by Department of Emergency medicine, Pushpagiri Medical College Hospital, Tiruvalla, Kerala. He/She is awarded 2/3/5 credit hours by TCME as per order No. C2.16684/2019/MC/CME

Rev. Dr. Mathew Mazhavancheril  
Academics Director, PTMS

Dr. Rency Thomas  
Head, Dept. of Emergency Medicine

Dr. Jebu A Thomas  
Organizing secretary

Dr. Suban Thomas  
Organizing Chairperson

Dr. Arjun James  
Organizing secretary

## NEUROLOGY UPDATE 2019

**DEPARTMENT OF NEUROLOGY**  
**PUSHPAGIRI INSTITUTE OF MEDICAL SCIENCES**  
**THIRUVALLA**

1<sup>st</sup> December, 2019

## Certificate

This is to certify that Dr. **Meenu Eldo Varanatto** .....  
has participated as a **Delegate / Faculty** at the One Day CME Programme conducted by the  
Department of Neurology, Pushpagiri Institute of Medical Sciences, Thiruvalla  
on 1<sup>st</sup> December 2019.

Dr. M. Madhusudan  
Organizing Chairman

Dr. Reji Thomas  
Organizing Secretary



## Certificate of Excellence


This is to certify that

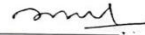
MEENU ELDO VARANATHU

of

has secured second position in the  
Elsevier Basic Sciences Olympiad 2015-16 round 1 on Anatomy

  
Head of the Department

  
Dr. Vishram Singh  
author of  
Textbook of Anatomy, 3-Volume Series

  
Sales Manager  
Elsevier Health Solutions