

# Sudheesh Das

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**TCMC No :** 83675

Passionate and Motivated Doctor with extensive experience in Internal Medicine & Cardiology and hospital settings. Adept in properly diagnosing and strategizing for the best treatment plans for patients. Bringing forth an empathetic and professional attitude, committed to providing patients with the best care possible. Experienced in counseling patients on preventative care and positive lifestyle changes. A strong leader who works well under pressure and with other medical professionals.

## **Skills**

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Competent in basic skills

Independent in

- Venesection
- IV Cannulation
- Lumbar puncturing
- Thoracentesis
- Ascetic tap
- Suturing
- Arterial puncture in adult
- Insertion of nasogastric tube
- Urinary catheterization- male/female
- Administering subcutaneous, intradermal, intramuscular injections

## **Work History**

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### **2022 Nov – 2022 Dec ; CLINICAL OBSERVER**

Done Clinical observer ship in the department of Cardiology at Great Western Hospital, Swindon, United Kingdom from 17<sup>th</sup> November to 1<sup>st</sup> December 2022

- Pursued all opportunities for learning by attending procedures, treatments and examinations.
- Asked insightful questions to gain deep understanding of work
- Shadowed consultants, watching work and making observations about tasks.

### **2022-January – 2022 August ; JUNIOR RESIDENT**

Department of Cardiology, ESIC MCH & SSH , Hyderabad, Telangana, India

- ESIC Hospital being a central government institution had a huge input of patient on regular opd and as out patient
- As a junior resident in Cardiology department, I evaluated patient histories, complications and current symptoms. Thoroughly examined patients and elicited medical history data to use in assessing health and identifying conditions.
- I maintained and updated patients notes with latest information, test results
- Teamed with other physicians, specialists and health care providers to provide well-rounded care for complex cases

## **2020-Nov – 2021- Nov JUNIOR RESIDENT**

Department of General medicine, ESIC MCH & SSH, Hyderabad, Telangana, India

- As a junior resident, maintained and updated patients notes with latest results and differential diagnosis.
- Evaluated patient histories, complications and current symptoms.
- Wrote admission notes, care plans and chart notes for new patients
- Diagnosed and treated patients suffering from chronic conditions.
- Provided emergent medical care and treatment for life-threatening injuries and illnesses.
- Learned to evaluate and manage patients in stressful environments.
- Instructed and advised patients regarding preventive health care measure to promote early detection, diagnosis and management of medical conditions
- Provided special care to COVID patients

## **2019- Oct – 2020- Sep INTERN DOCTOR**

One year Rotatory Internship

- In ESIC Medical college & Post Graduate Institute of Medical Science and Research, Bangalore, Karnataka, India
- As an intern doctor I was responsible for initial patient review, discuss history, current symptoms, clinical examination, updated charts with latest information with adequate supervision.
- I learnt basic procedures such as venesection, catheterization, running investigation etc. and became independent in these basic skills at the end of the one year rotation
- I learnt to recognize medical emergencies and act accordingly in the level of an emergency
- I learnt the skill of team working, prioritization and time management during this one year rotation.
- Monitored post-operative recovery and educated patients on at-home recovery
- Treated patients undergoing substance abuse treatment, detoxification and recovery in in-patient treatment facility.

## **Education**

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<b>2023 March -</b>	<b>PLAB -2</b> (practicals) ; Results awaited
<b>2022 Feb -</b>	<b>PLAB 1</b>
<b>2015 – 2020</b>	<b>MBBS</b> ESIC Medical College & Post Graduate Institute of Medical Science and Research, Bangalore, Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, India
<b>2013</b>	<b>A LEVEL</b> Nair Samajam Boys HSS, Alappuzha, Kerala, India

2011

**O LEVEL**

Nair Samajam Boys HSS, Alappuzha, Kerala, India

## Reference

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- Dr. William McCrea  
Consultant Cardiologist  
Great Western Hospital,  
Swindon, United Kingdom  
[w.mccrea@nhs.net](mailto:w.mccrea@nhs.net)
- Dr. T. Sadanand Reddy  
MBBS, MD (internal medicine)  
DM (cardiology)  
Senior Consultant Cardiologist  
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- Dr. Raichur Vijay Kumar  
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