

CURRICULUM VITAE

Mrs. DEEPTHY SUDHAKAR

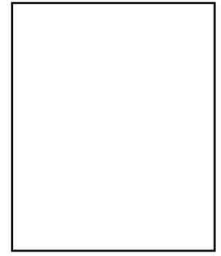
ADDRESS : ALUMKATTAYIL (H)

PERUVA P.O., PERUVA

(DISTt.) KOTTAYAM, KERALA – 686610

CONTACT NO: +91 9544177204(INDIA), +966 507977364(SAUDI).

EMAIL: deepthysudhakar@gmail.com



Post Applied for : **Staff Nurse**

CAREER OBJECTIVE

To archive success and knowledge is modern health care field and to strive held to career, development thereby benefiting to institution and patients and service to the best of my ability.

PERSONAL DETAILS

- Name : Mrs. DEEPTHY SUDHAKAR
- Father Name : Mr. A.C SUDHAKARAN
- Date of Birth : 10/09/1990
- Gender : FEMALE
- Religion : HINDU
- Nationality : INDIAN
- Marital Status : MARRIED
- Languages known : ENGLISH,HINDI,MALAYALAM,ARABIC

- Present Address : DEEPTHY SUDHAKAR
Mrs. DEEPTHY SUDHAKAR
ADDRESS : ALUMKATTAYIL (H)
PERUVA P.O., PERUVA
(DISTt.) KOTTAYAM, KERALA – 686610
CONTACT NO: +91 9544177204 ,+91 8714885498
EMAIL: deepthysudhakar@gmail.com

EXPERIENCE:- : 10 year and 4 months

BHAGWATI HOSPITAL AND HEART INSITUTE – NEW DELHI -
04/08/2012 to 13/01/2014

DEPARTMENT-CASUALTY AND ICCU.

➤ B L K SUPER SPECIALITY HOSPITAL , PUSA ROAD, KAROL BAGH ,
NEW DELHI – 15/01/2014 TO 05/02/2015
DEPARTMENT- MEDICAL ICU

⇨ KING FAHAD HOSPITAL, HOFUF,KSA.- 23/03 2015 to 27/12/2022

PROFESSIONAL EDUCATION:-

QUALIFICATION	INSTITUTION	UNIVERSITY	YEAR OF PASSING
B.Sc Nursing	UNIVERSITY COLLEGE OF NURSING, NEDUMKANDAM.	MAHATMA GANDHI UNIVERSITY	2011 DECEMBER

ACADEMIC QUALIFICATION

COURSE	INSTITUTION	BOARD/ UNIVERSITY	YEAR OF PASSING
SSLC	Govt. VHSS FOR GIRLS PERUVA.	BOARD OF PUBLIC HEALTH EXAMINATION, KERALA.	2005 MARCH
Plus Two	GOVT. HIGHER SECONDARY SCHOOL, PERUVA.	BOARD OF HIGHER SECONDARY, KERALA.	2007 MARCH

DETAILS OF PASSPORT

PASSPORT NUMBER	PLACE OF ISSUE	DATE OF ISSUE	DATE OF EXPIRY
M1881450	COCHIN	05/09/2014	04/09/2024

STAFF NURSE

- Responsible for patient care in a highly technical and complex hospital environment
- EHIS (Hospital information system)
- Pre and post operative preparation for surgeries.
- Receiving patients from operation theatre
- Take care of patients on mechanical ventilator and perform endotracheal tube, nasal and oral suctioning.
- Monitor Glasgowcoma scale ABG, vital sign, water seal drainage etc.
- Perform, extubation of patients, collection of specimens, ABG specimen collection and taking ECG.
- Remove sutures, CVP line, arterial line Swan- Ganz catheter and Urinary catheter
- Prepare total parenteral nutrition. (TPN)
- Perform Ryles tube insertion, Nasogastric feeding, Jejunostomy feeding, wound dressing, back care, mouth care, care of eyes and ears, bathing, clothing position changing, Bladder wash, enema etc.
- Administer IV fluids and medication including antibiotics, TPN and narcotics and carefully monitor for side effects and adverse reactions.
- Perform resuscitation (CPR) procedure, infection control and management of acute emergencies.
- Administer oxygen, steam inhalation and nebulization.
- Apply expertise in data analysis by monitoring laboratory research and follow up lab data, blood work, and urine analysis and perform sterile procedure including surgical dressing changes.
- Leverage compression facilitating pain management and completing described treatment including dosage changes, accuchecks and ambulation.
- Perform clinical skills in accordance with hospital policies and standard of practices
- Employ sharp analytical and problem solving skills in assessing patients for skin integrity, lung sounds bowel sounds and wound and perform dressing changes
- Merge empathy and strong interpersonal skill to delivered emotional support to families and patients.
- Decisively and confidently make judgment on patient condition and call doctors based on decisions.
- Effectively assimilate, interpret and report changing patient data to ensure optimum care.

- Attend CNE (Continues Nurses Education) program and other in service programs as scheduled.
- Demonstrate exemplary documentation skills by sufficient communication among care staff.
- Maintain an up to date and confidential filling system for patients charts and records, medical and surgical files, insurance details.
- Patient care regarding surgical and medical condition, treatment – short and long teRm maintains.
- Liaison with physicians and medical staff.
- Communicate physician’s orders appropriate department.
- Interact with applicable departments regarding patients care.
- Educate patients and family members to health care need, condition and option.

ASSISTED IN

- Giving Advanced Cardio Vascular life Support (ACLS) & BLS.
- Insertion central venous pressure line, venous & arterial line.
- Extra ventricular drainage.
- Lumbar Puncture
- Intubation, Extubation
- Catheterization
- Removal of sutures and Inter Costal Drainage (ICD)

DECLARATION

I hereby declare that all the above given statement are true, complete and correct to the best of my knowledge and belief.

Place :

Date :

DEEPHY SUDHAKAR