



# Jeslin Mathew

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Thalikandathil (H), Nazareth Hill P.O,  
Kuravilangad, Kottayam, Kerala-686633

Nationality: Indian

Birthday: 05/12/1998

Marital Status: Single

## Objective

To achieve and fulfil my goal of being content and happy in an environment that will foster my growth and give me the opportunity to develop and use my skills for the overall benefit of the organization

## Educational Qualification

MSW  
Mahatma Gandhi University  
01/2021 - 12/2022

BSc Mathematics  
Mahatma Gandhi University  
07/2017 - 05/2020

8.41/10

Class XII  
Kerala State Board  
07/2015 - 03/2017

81%

Class X  
Kerala State Board  
05/2014 - 03/2015

86%

## Additional Qualification

Certificate Course on Counselling and  
Psychotherapy:- 07/2021-07/2022

Completed one year certificate course on Counselling & Psychotherapy under ICCP, Malappuram. Got A grade.

## Field Work Experience

Santhi Hospital, Calicut :- 02/12/2022 - 31/12/2022

Completed 1 month training in medical and psychology department of Santhi Hospital. Prepared a project proposal for the establishment of Social Work Department in Santhi Hospital, attended medical camp, took case history and MSE

Father Muller Medical College Hospital, Mangalore:-  
01/09/2022-30/09/2022

Completed Training on 1350 bedded hospital providing pre & post operative counselling to patients, critical assessments conducted for financially weak, provide information while offering psychological support and care to patients and families.

MaxMinds Psychosocial Rehabilitation Centre,  
Kannur:- 01/03/2022-25/03/2022

Completed training in a Psychiatric Hospital acquiring training in all aspects of Psychiatric Social Work viz detailed case history taking, mental status examination, organization study.

Shreyas- Organization for Sustainable Development and Justice, Wayanad:- 01/10/2021-31/10/2021

Worked under SAFFP project, visited colonies to collect details for the project, conducted Lifeskill Training for children, attended group meetings.

Tele Counselling

Served in COVID-19 community counseling support team as part of "Ottakkalla Koodeyund Kottayam Program" a joint initiative of Local Self Gov. Dept, Kudumbashree, Kerala Institute for Local

Administration (KILA) and Kerala Association of Professional Social Workers (KAPS) in Kottayam District.

## Efficiency As Organiser, Details of Programmes Hosted

### Finance Coordinator

- Finance coordinator of AWAKE, State Level Cultural Fest for Differently Abled Children, conducted by PG Department of Social Work, KE College Mannanam on 2022 July 29 & 30.
- Finance coordinator of International conference on the theme "gender perspectives preconceived ideas and stereotypes" held on 29th July 2022 and National conference on the theme "Reshaping gender attitudes to promote gender equality" held on 25th August 2022 conducted by PG Department of Social Work, KE College Mannanam.

### Organizing Secretary

Organizing secretary of the webinar on the topic "Importance of Mental Health During Covid Pandemic" on 6th August 2021.

### Summer Camp

Coordinated 5-day summer camp "HARITHAM 2K22" on the theme 'Climate Change' for 10–17-year-old children at St. Margaret UP School, Kaippuzha.

### ASER Survey

Conducted educational survey through phone calls in the allotted district.

### Resource Person

Resource person of webinar on the topic "Parenting During Pandemic"

### Editor

Editor of resource book named "Laws and Support System in India".

### Study Release

Released a study on the topic " Sustainable Energy

Conservation Models in Kerala".

## Publication and Research Work

### Publication (with details)

"A Study on Socio-Economic Problems of Transgender and Possible Social Work Interventions" Jeslin Mathew, the Investigator, Vol.8, No.3 (September 2022) ISSN 2454-3314, September 2

### Research Work

Research work for MSW was "A Study On Anxiety Among Postgraduate Students In Kerala During The Covid-19 Pandemic With Special Reference To Kottayam District".

## Area of Interest

- Medical setting ·Psychiatric setting ·Elderly care
- Community Health ·Projects ·Differently Abled
- Children

## Languages

English and Malayalam- Fluent  
Hindi, Tamil & Telugu- Intermediate

## Strength

- Organizing ·Leadership ·Empathetic ·Resource Mobilization ·Flexible ·Confident ·Honest ·Sincere
- Teampayer

## Reference

Dr. Elizabeth Alexander

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KE College, Mannanam  
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