### FATHIMA SHAJI

#### SUMMARY STATEMENT

As an adept social worker, I have well rounded skill set in services for Individuals, groups, and communities. Further, I am capable and efficient in maintaining collateral relationships and networking. My previous trainings have strengthened my capabilities in communication including active listening and openness. Adept in organizing programs, and capable to work with multidisciplinary team. Highly motivated individual looking forward to pursue a challenging career and to be a part of progressive organization that gives scope to enhance my knowledge and skills and to reach the pinnacle in this profession and to help the needy as much as I can with sheer commitment



#### CONTACT

Permanent address: Kaippilly parambil (H) baby smaraka (R) Elamakkara P.O, Kaloor. Residential address: Kaippilly parambil (H), kaippilly Lane, kaloor. Phone : 9747228566 Email : fathimashaji090@gmail.com

## EDUCATION

2020-2022	Masters of social work
	De Paul institute of science & technology,
	Angamaly
2017-2020	Bachelor of science in zoology
	Bharata Mata college, Thrikkakara, Ernakulam
2015-2017	Vocational higher secondary
	Darul uloom v.h.s.s.

#### SOCIAL WORK INTERNSHIPS

#### September 2022-october 2022

Kusumagiri mental health centre, kakkanad

- Gained experience in
- Intake
- mental status examination
- Diagnosis
- Rehabilitation
- Follow up
- Case work
- Group work
- Advocating for work
- Resource mobilization
- Psycho education
- Promotion of mental health

#### SKILLS

- Active listening
- Organizing
- Communication
- Documentation
- Confidentiality
- Rapport building
- Teamwork
- Time management
- counselling
- Empathy
- Public speaking

#### March 2022-April 2022

#### MVR Cancer Centre and research institute, Kozhikode

- Acted the roles like
- Organizer
- Coordinator
- Problem solver
- Mediator
- Health educator
- Facilitator
- Counsellor
- Care manager
- Advocacy
- Promotion of health
- Fund raiser

#### July 2022-August 2022

# National Health Mission (NHM), District health & family welfare society, Ernakulam

Gained experience in

- Psychosocial assessment
- Implementation of activities of national health programs
- Coordination of tasks
- Organizing educational classes
- Research (KAP survey research)

#### February 2022-March 2022

Mulavukadu grama panchayath, Ernakulam

Social worker provided

- Referral services
- Home visits
- Educational events
- Fund raising
- Vocational training

#### PUBLICATIONS

• Paper published titled, "A study on the effect of occupational stress in family life of women working from home in IT sector during covid-19 pandemic, special reference to Ernakulam district"

#### **COMMUNITY OUT REACH**

- Resource person on the topic "SEXUALITY HEALTH EDUCATION" at St. Jude catechetical school, Urulanthanny in June, 2021.
- Resource person on the topic "MENSTRUAL HYGIENE AND MENSTRUAL CUP" organized by DiST, De Paul Extension Service (DES) in association with Thuravoor panchayath & ICDS in May, 2022.

• Resource person on the topic "ALCOHOL AND DRUG ABUSE AMONG ADOLESCENTS" organized by G.H.S.S Nayarkuzhi, Calicut in March, 2022.

#### CERTIFICATION

Student membership in Kerala Association of Professional Social workers (KAPS).

#### DECLARATION

I hereby declare that all the information given above is true to the best of my belief

Place: Ernakulam Date: 12/1/2023