

KAVIYALAKSHMI. B

No. 22, Kothankudi street,
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OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

EDUCATION

- **VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM.** 2022
Master of Physiotherapy (Obstetrics & Gynaecology)
61.8%
- **ANNAMALAI UNIVERSITY, CHIDAMBARAM.** 2019
Bachelor of Physiotherapy
56.3%

WORK EXPERIENCE

- Clinic Name: Ova Women's Health Physiotherapy Centre, Coimbatore.
From: July 2022
To: Till now

SKILLS

- Passed "Certificate in ASSESSMENT SKILLS and MYOFASCIAL RELEASE" workshop.
- Passed "Certificate in PAIN HACKING (MODULE-1 & 2)" workshop.
- Soft Tissue Mobilization Technique

PROJECTS

- **Effects Of Soft Tissue Mobilization Technique Along With Hypopressive Exercise In Reducing Pain On Primiparous Women With Post Cesarean Low Back Pain.**
- **Comparison Of Functional Tasks Exercise Versus Resistance Exercise To Improve Grip Strength And Hand Function In Elderly Population.**

PUBLICATION

- **A Case Study To Evaluate The Effect Of Hypopressive Exercise In Women With Utero-Vaginal Prolapse**
- **Effectiveness Of Mckenzie Exercise Versus Core Stability Exercise For Chronic Non-Specific Low Back Pain In Female Nurses**
Published in International journal of creative research thoughts (IJCRT), 5 May 2022.

CONFERENCE DETAILS

- Attended conference in "CSI college of physiotherapy" in Kanyakumari on year 2017.
- Attended conference in "SRI VENKATESHWARA COLLEGE OF PHYSIOTHERAPY" in Puducherry conducted on year 2017 & 2019 (Participated in poster and group dance.)
- Attended "XTAZY 2k19" sports and cultural meet conducted in Rajah Muthiah medical college and hospital, Annamalai University.

LANGUAGE

- Tamil
- English

CLINICAL EXPOSURE

- PMR OPD
- Obstetrics and gynecology
- General Surgery
- General medicine
- Orthopedics
- Intensive Care Unit

Signature: 
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