

Name of the candidate: TINCY T THOMAS

(as in the passport)



Date of Birth : 06th September 1996
Age : 26yrs
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PRESENT ADDRESS

Kaliyath house, Arpana Nagar Palluruthy (P.O) 682006 Kochi
Ernakulam dist. Kerala, India

PERMANENT ADDRESS

Kaliyath house, Arpana Nagar Palluruthy (P.O) 682006 Kochi
Ernakulam dist. Kerala, **India**

INTRODUCTION

I am a passionate and resourceful professional with ongoing experience in nursing since 9th January 2019. I am confident in providing exceptional care for the patients whilst also leading a team of staff nurses and junior nursing staffs. Experience in dealing with a broad range of medical and surgical conditions in pediatric. Effectively communicating with other medical professionals, as well as educating patients and family members about managing their conditions. Mentoring and training of junior members of staff.

EDUCATION QUALIFICATIONS

BACHELOR'S DEGREE

Name of Exam : Rajiv Gandhi University of Health Science
Year of Passing : 2018
Institution from which passed : Harsha College of Nursing, Nelamangala
City : Bangalore
State : Karnataka
Country : India

HIGHER SECONDARY

Name of exam : Kerala state board of higher secondary examinations

Year of passing : 2014
Institution from which passed : St. Mary's M. M. G. H. S. S, Adoor
City : Adoor
State : Kerala
Country : India

HIGH SCHOOL

Name of exam : Kerala state board of examinations.
Year of passing : 2012
Institution from which passed : G.V.H.S.S, Kulakkada
City : Kulakkada
State : Kerala
Country : India

PROFFESIONAL QUALIFICATION:

BSc. Nursing graduate from Rajiv Gandhi University of Health Science

PROFFESIONAL REGISTRATION:

Kerala Nurses and Midwifery Council, Thiruvanthapuram, Kerala, India

EXPERIENCE DETAILS

Staff Nurse in Pediatric Intensive Care Unit (PICU)

Kailash Health Care and Heart Institute accredited by National Accredited Board for Hospitals and Health Care Providers.

Noida, Uttar Pradesh, India

From 09th January 2019 to 29th September 2022

Size of the organization : 325 Bedded

Type of Works done : Management of Medical and surgical condition in pediatric.

TOOLS AND MACHINES, EQUIPMENT'S HANDLED, SPECIAL SKILLS IF ANY

- Am skillful in handling with all ICU equipment's such as Cardiac monitor, electronic and manual BP apparatus, syringe pump, defibrillator, mechanical ventilator, Bair hugger,

High Flow machine, BI-PAP machine, C-PAP machine, humidifier, nebulizer, steamer, pulse oximeter, suction apparatus, ECG machine, laryngoscope, AMBU bag, nasal cannula, GRBS machine,

- Specialized in taking care of critically patient
- Administration and documentation of medication
- Skillful in handling with sterile post-operative dressings and wound care management.
- Computer skills in word, excel operation and power point presentation.
- Language skills very much fluent in reading, listening, writing and speaking in English, Malayalam, kannada and Hindi.
- Personal good care taker, good manner, extravagant skills in teaching, and first aid management.

Team size : The ICU is occupied with 9 beds and in each shift

The staffs are allocated to each patient at 1:3 ratio

Reporting Structure : The ICU is organized with the Nursing staff, Team leader Nurse, Nursing in charge, Resident doctors, Consultant and Anesthetist (day shift and on-call at Night) and PICU HOD during day shift.

In case of any emergencies the nursing staff are reporting initially to the Team leader nurse (TL) they will check the severity and report to the higher authorities according to the need of the patient.

NURSING SERVICE DETAILS:

- ❖ Taking care of patients during pre- operative and post-operative surgical procedures.
- ❖ Assist the patients in performing their ADL's.
- ❖ Ventilator care and High Flow management.
- ❖ IV Catheterization
- ❖ Care of tracheostomy
- ❖ Vitals and intake-output chart maintaining.
- ❖ Assisting the patients with all ICU procedures.
- ❖ As good teacher educates the patients and family members regarding each and every procedure that should be carry out in the ICU and regarding follow up during the time of discharge.
- ❖ Administering medication according to the 6 rights of medication.
- ❖ As a good listener, listen to the patients and helps the patient to meet all his or her rights.
- ❖ Assisting the patients to meet all his or her emotional, physical, psychological, social and spiritual needs.
- ❖ Care of invasive lines and tubing

- ❖ Recording and documents all the services that are done during each shift.

AREA OF EXPOSURE / EXPERTISE IN CLINICAL MANAGEMENT SKILLS

- As a team leader in pediatric intensive care unit
- Staff nurse in Medical ICU during the time of COVID 19 pandemic
- Staff nurse in pediatric intensive care unit: Handling the patients who underwent
 - a) CVP (central venous pressure)
 - b) ARTERIAL LINE
 - c) ICD (Intercostal Drainage Tube)
 - d) **PLEURAL ASPIRATION (Thoracentesis)**
 - e) **LP (Lumbar Puncture)**
 - f) **BONE MARROW ASPIRATION**
 - g) **DIALYSIS**

SOFT SKILLS

- Reading novels
- Cooking
- Anchoring
- Hearing music
- Drowning

LANGUAGES

- ENGLISH
- HINDI
- MALAYALAM
- KANNADA

AWARDS AND MEDALS

- “AGE SPECIFIC COMPETENCY TRAINING FOR NURSES IN PAEDIATRICS” From **28th** November to **2nd** December, **2019**
- “PEDIATRIC CRITICAL CARE NURSING” From **1st** January to **9th** January, **2021**
- “AGE SPECIFIC COMPETENCY TRAINING FOR NURSES IN PAEDIATRICS” From **1st** February to **5th** February, **2021**
- “QUIZ ON BREASTFEEDING FACTS AND MYTHS” Held on **6th** August, **2021**

REFERENCE

1. Mr. Smipin P.D - Kailash health care and heart institute, Noida, India

Nursing In-charge, PICU

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DECLARATION

I hereby declares that the above mention information is true and verifiable to the best of my knowledge, and I bear the entire responsibility for the correctness of the above mentioned particulars.

Name: TINCY T THOMAS

Signature