

Dr Bobiya James

M.B.B.S, DPM PSYCHIATRY

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Career Profile:

Passionate psychiatrist with 1.5 years of experience effectively treating patients with a wide range of conditions, including schizophrenia, bipolar disorder, OCD, Sleep disturbance, substance use- deaddiction, anxiety disorder, depression and child/adolescent disorders.

Educational Details:

- **M.B.B.S** – Malabar Medical College, Kozhikode
- **D P M Psychiatry** - K M C (Kasturba Medical College), Manipal – MAY 2021

Experience:

- Senior resident in **KMC Manipal (MAY 2021 - JUNE 2021)**
- SENIOR RESIDENT in **Lourdes hospital post graduate institute of medical science and research, Kochi (AUG 2021- currently working) 1.5 years**
- Consultant psychiatrist OPD - weekly twice in **Kristu Jayanti Hospital, Kochi (JULY 2022 - currently working) 6 months**

Achievements:

1. **Online National psychiatry update** –Nov 21st and 22nd 2020
Did poster presentation with title “Causes of mortality in patients residing in rehabilitation center- case series” and was awarded first prize.
2. **Innovations in psychiatry and health care in the UK** –22nd April 2022
CPD certificate of attendance -3 CPD points
3. **Indian Psychiatry Society CME by Rajasthan medical council** – 4th and 5th Dec 2021(4 credit hours)

Annual conference of media and mental health subcommittee, young psychiatrist subcommittee and 5th national symposium women and mental health specialty section, perinatal psychiatry.

4. **Indian Psychiatry Society Karnataka Chapter Post graduate CME 2021** - 6th and 7th March 2021.
 5. **Thursday Musings Educational CME** on current evidence and experiences in managing negative symptoms in schizophrenia IPS society on 27th January 2022
 6. **Thursday Musings Educational CME** on behavioral therapy for the treatment of Tourette's disorder; an Indian experience held on 10th September 2020
 7. **E-KANCIPS 2020** held on 4th and 11th October 2020, the online version of 30th Annual state conference of Indian psychiatric society -Karnataka chapter
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Structured courses attended:

Basic course in biomedical research score of 80% March -June 2020.

American heart association- Basic life support held on 11th July 2019

American heart association -Advanced cardiovascular life support held on 12,13th July 2019

Personal Details:

Languages Known: Malayalam, Hindi, English, Kannada

DOB: 26/07/1992

Address: Kalambadan House, Police station road, Ollur, Thrissur, Kerala

Clinical Skills:

Expert in treatment for schizophrenia, bipolar disorder, OCD, Sleep disturbance, substance use-deaddiction, anxiety disorder, depression and experience in treating child and adolescent disorders