

# **DELEESHYA ROY**

PHYSIOTHERAPIST

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Contact details: +91 9497509012

## **CAREER OBJECTIVE**

To pursue a challenging career in the area of Physiotherapy and to become a part of an esteemed organization to utilize my skills and abilities that offers personal and professional growth.

## **ACADEMIC QUALIFICATIONS**

<b>Course</b>	<b>Board</b>	<b>Institution</b>	<b>% of mark</b>	<b>Year of passing</b>
12 <sup>th</sup> STD	State board of Kerala	SCHSS Ranni	75%	2014-2015
10 <sup>th</sup> STD	State board of Kerala	Bethany St Mary's GHSS Perumad	74%	2012-2013

## **PROFESSIONAL QUALIFICATION**

Bachelor of physiotherapy from Narayana Hrudayalaya Institute of Physiotherapy, Bangalore

BPT 1st year : 62%
BPT 2nd year: 61%
BPT 3rd year: 67%
BPT 4th year: 66%

## **INTERNSHIP**

I did compulsory internship for a period of six months in Narayana Hrudayalaya Institute Of Cardiac Sceiences, Mazhumder Shaw Medical Center, and Sparsh Hospital, Bangalore in the departments as following

- **PHYSIOTHERAPY OPD** (MAZUMDER SHAW MEDICAL CENTRE, NARAYANA HEALTH CITY).
- **ORTHOPEDECS** (SPARSH HOSPITAL, NARAYANA HEALTH CITY).

- **CARDIOLOGY AND CARDIOTHORACIC SURGERY** (NARAYANA HRUDAYALAYA HOSPITAL, HEALTH CITY).
- **NEUROLOGY AND NEUROSURGERY** (MAZUMDER SHAW MEDICAL CENTRE, NARAYANA HEALTH CITY).
- **GENERAL SURGERY, MICU, SICU&PICU** (MAZUMDER SHAW MEDICAL CENTRE, NARAYANA HEALTH CITY).

The Internship fortified not only my theoretical knowledge but also my practical knowledge.

### **PROJECT WORK**

The effect of Pilates exercise on physical fitness index and hip waist measurement in young college students -Pre and Post study design.

### **CONFERENCES AND WORKSHOPS**

- International Conference on Recent Advancement in Physiotherapy at Krupanidhi College of Physiotherapy, Bangalore on 24th and 25th November 2017. (KRUPATACON 2017)
- National Conference on Recent Development in Orthopaedics Surgeries and Update in Rehabilitation and Research on 24th February 2018 at Alva's College of Physiotherapy, Moodbidri.
- 57th Annual Conference of Indian Association of Physiotherapist on February 2019 at Bangalore.

### **WORK EXPERIENCE**

#### **PHYSIOTHERAPIST**

- Worked as a Physiotherapist with Bangalore Care Takers (BCT) as a full time employee from 12-08-2020 to 19-03-2021.
- Worked as physiotherapist in Manav charitable hospital under Jindal naturecure institute Bangalore, from March 2021 to December 2022

### **PERSONAL SKILLS**

- Active listening
- Able to take on new tasks and responsibilities when it's necessary.
- Capable of working independently and managing stress, time and people effectively.
- Always optimistic and carries a good amount of moral values.
- Cooperative in Teamwork and also has leadership qualities.

**IT SKILLS:**

- Proficient in Microsoft Office packages Outlook, Word, Excel and Access.

**MULTILINGUAL:**

- Fluent in reading, writing and speaking English, Malayalam and Hindi. Fluent in speaking Tamil and Kannada.

**PERSONAL PROFILE**

Father's name: M J Roy

Mother's name: Annamma Roy

Date of Birth: 18-08-1997

Gender: Female

Religion: Christian, Roman Catholic

Nationality: Indian

Marital Status: Single

Permanent address: Mannarukunnel House, Kakkudumon Post, Ranni Taluk,  
Pathanamthitta District, Kerala- 689711

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**DECLARATION**

I, DELEESHYA ROY, do hereby declare that the above details are true and correct to the best of my knowledge and belief.

**REFERENCES**

**Mr. Tamilarasu**

Head of physiotherapy department at Manav Charitable Hospital.

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