

## ARYA S

Diploma in Ophthalmic Assistance

aryasuresh392015@gmail.com

+91-9656796414 (M)

Alappuzha, Kerala

### OBJECTIVE

Skilled ophthalmic technician adept at evaluating complex eye examinations, diagnosis of eye diseases, disorders, and cross examination of patient medical history. Skillful in preparing prescriptions for eye glasses, maintaining strong commitment to accuracy. Prepares patient for ophthalmology tests, friendly and accommodating with good workflow and task delegation skills.

### ACADEMIC QUALIFICATIONS

Qualification	Institution	University/Board	Year of Passing
Diploma in Ophthalmic Assistance	AKG Co-operative Institute Of Health Sciences	Directorate of Medical Education	2021
XII	Govt. H S S For Boys Mavelikara	Government of Kerala board of higher secondary examination Thiruvananthapuram	2018
X	Govt. Girls HSS Mavelikara	Government of Kerala Thiruvananthapuram, SSLC.	2016

### PROFESSIONAL

- Zion Opticals ,Thattarambalam (September-October 2022)
- Roza Opticals and Eye Clinic ,Kasargod(June-August 2022)
- Optometrist trainee at Community Health Centre, Thrikkunnapuzha, (December 2021 to April 2022).
- Optometrist trainee at Govt: District Hospital Ernakulum (November 2020 to August 2021).
- Training at Jyothis Eye Care, Kannur (April 2019 to November 2019)

## FIELD WORK

- Glaucoma camp
- Eye donation camp
- Diabetic retinopathy camp
- Cataract camp
- Eye donation awareness class
- School screening camps
- Awareness class in local panchayath about cataract and eye disease.

## CLINICAL INSTRUMENTS /TECHNICAL EXPERIENCE

- Objective and Subjective refraction.
- Lensometry and Hand neutralization.
- Auto refractometry and Keratometry.
- Spectacle dispensing and Contact lens management.
- A-Scan Biometry.
- Fundus fluorescein angiography (FFA).
- Leverage full field optometric instruments and equipment to determine patient visual acuity, amplitude of accommodation and refractive state.
- Owned and operated private optometry practice and partnered with administrative staff to plan schedules and promote service.
- Prescribed eye treatment and corrective eye glasses and contact lenses to align with patient diagnostics.
- Examined, diagnosed and managed diseases and disorders of eyes and associated structures.
- Referred patient with indications of pathological conditions to ophthalmologist for additional examination.

## SKILLS

- **Good communication skills and Good computer knowledge.**
- **Obtain and record patient's preliminary case history.**
- **Prescribe eye glasses with precise prescription.**
- **Testing for near and far acuity, depth perception, color perception and visual field utilizing ocular testing apparatus.**
- **Assess patients for vision deficiencies i.e., complete binocular analysis, ocular health examinations, and Spectacle prescriptions.**
- **Provide patient's about their ocular conditions.**
- **Educate and counseling patients on contact lens care, visual hygiene, lighting arrangements and safety factors.**
- **Maintaining the materials and equipment in a cleaned manner.**
- **To be able to concentrate while doing repetitive tasks.**
- **Ophthalmic equipment expertise.**
- **Get a proper assistance in LASIK Surgery , Refractive Surgery etc.**
- **Pre and post-surgery care.**
- **Ability to work with patients of all ages.**
- **Tonometry experience (Schiotz and Applanation)**
- **Visual hygiene.**
- **Adaptive in mature .**

## PERSONAL DETAILS

Permanent Address: Suresh Bhavanam,  
Ponakam punnamoodu P.O  
Mavelikara  
Alappuzha, Kerala  
pincode-690101

Date of Birth: SEP 12 2000

Gender: Female

Nationality: Indian

### **DECLARATION**

**I hereby declare that all the information given above is true to the best of my knowledge and belief.**

**Place:**

**Date:**

**ARYA.S**