

Dr. N. Anantha Narayanan

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Seeking assignments in Medical Practice/ Operations/ Administration with a frontline Healthcare Organisations/ Corporates/Multinationals/ Defence Hospitals or assignments in Industrial Hygiene & Safety with a reputed organization; in India or abroad.

Brief - Overview

- ⇒ MBBS with over 28 years of rich experience in general medical practice & administration across the primary comprehensive health care and industrial hospitals.
- ⇒ Last assignment: Medical officer, of the corporate company, TATA TEA LTD, INDIA, Munnar, Kerala, India-rendering primary & comprehensive medical care managing and delivering preventive/promotional/ curative health care services in an industrial hospital.
- ⇒ Current assignment: **Senior Medical Specialist** at SAUD BAHWAN GROUP, (TOYOTA), OMAN – Annual Budget Presentation, Conceptualising and developing the company's **Occupational health and Safety Application System - OHSAS (at Health Care Department)**, – managing & rendering comprehensive, community based, continuing, family care in industrial setting catering to a multinational, multicultural and multilingual population.
- ⇒ Proficient at diagnosing illnesses, prescribing & administrating appropriate treatment/ medication for various ailments or diseases.
- ⇒ Extensive experience in handling casualties, accidents & emergencies and inpatient/ outpatient care across internal medicine, surgery, pediatric medicine, anaesthesia, obstetrics, gynaecology, intensive care coronary unit, orthopaedics, radiology, infectious diseases, burns unit, dermatology, sexually transmitted diseases, tuberculosis, chest diseases & blood bank, primary comprehensive health care & health education.
- ⇒ **Lead Healthcare Team** and manage personnel & resources.
- ⇒ **Strong leadership & communication skills, analytical ability, capability to perform under stress & strenuous conditions, and deliver cost effective quality healthcare with humane touch.**

Languages known: English, Tamil, Malayalam, Hindi, Arabic (Basic), **English Fluency - Secured band 8 at IELTS (Conducted by the British Council at Chennai, India) with not less than band 7 in each module.**

Hold General Practitioner Medical License in Oman and India (Current & Valid)

Academics

2021 - ACLS & BCLS CERTIFICATION FROM AMERICAN HEART ASSOCIATION(AHA).

2005 - PGDHHM-PG Diploma in Hospital and Health Systems Management from IGNOU.

1993 - M.B.B.S (Bachelor in Medicine & Bachelor in Surgery),

Thanjavur Medical College, Thanjavur. Recognised by The Medical Council of India, Government Medical College Hospital, State of Tamil Nadu, India (INCLUDED IN THE WHO LIST OF RECOGNISED MEDICAL COLLEGES).

Core Competencies

- ⇒ Delivering and Managing family practice, casualty, seriously ill & emergency in/out patients.
- ⇒ Management of Chronic Ailments – Diabetes, Hypertension, Cholesterol & others.
- ⇒ Experience in history-taking, undertaking routine & diagnostic investigations & daily ward rounds.
- ⇒ Co-ordinating with the emergency team to ensure prompt response to emergencies.
- ⇒ Interfacing with specialists & multi-speciality units to ensure world class standards of patient care. ensuring and monitoring administration of appropriate drugs to patients.
- ⇒ Handling patient counselling sessions.

Administrative Management

- ⇒ Conceptualising and imparting on-the-job training to new fellow employees and other staff.
- ⇒ Implementing policies that promote & protect health, safety, security, and the quality of work life, the environment and organisational effectiveness.
- ⇒ Planning staffing needs, recruitment & manage personnel assigned to the facility.
- ⇒ Liaising with speciality hospitals/ specialists for better patient care.

Social Welfare/ Community Health.

- ⇒ Working towards development of the community/ society and spreading awareness for preventive medicine & occupational health amongst the mass.
- ⇒ Organizing & conducting training programmes for community volunteers, hospital attendants, factory workers & general population on first aid and training school teachers on school health.

Employment History

Since April, 2005 -as Senior Medical Specialist, SAUD BAHWAN GROUP, (TOYOTA), OMAN Automotive Corporate Group, OMAN.

- ✓ **The population covered includes 5000 executives and management staff, employees along with their families - catering to a multinational, multicultural population**
- ✓ **Professional** - Acute care of Myocardial infarctions, strokes, hypertension, deep and superficial injuries, fractures, dehydration etc..., Pre-Employment Medical Examinations, Annual Medical Examinations, Care of Hypertension, Diabetes, Coronary artery disease, Chronic diseases. routine Outpatient management, Inpatient Care of acutely ill. Update with professional standards by means of CME conferences and meetings.
- ✓ **Administrative** - Standardised the Health care Department's procedures as regards Branch visits to the Company's branches across Oman, pharmacy. Compilation and standardization of the clinic's formulary. Convened monthly drug committee meetings, Processing of the branch bills from the company's branch clinics across Oman. Managed and streamlined the health care departments Pharmacy, Physiotherapy, Laboratory, front office, Internal Audit (including adherence to SOP's & Ministry of Health Oman codifications, Branch operations, outreach & Occupational health programmes.
- ✓ **Health Insurance Co-ordination.**
- ✓ **Health and other initiatives** - Preventive and Occupational Health Programmes. Planning, Designing. Conducting like First aid, Health awareness programmes on various common & Chronic ailments (Including hypertension, Diabetes etc) for executives, employees and their families
- ✓ Health care delivery monitoring & optimization by interaction with specialist doctors of referral clinics and hospitals in Capital and Branches across Oman.
- ✓ **Formulate and implement STANDARD OPERATING PROCEDURES & Systems to implement company policy and Improve health care quality and team work.**
- ✓ **Budgeting and cost optimization leading to prompt & Quality health care delivery with human touch to patient & their families.**
- ✓ **Occupational Health and Safety application System-OHSAS –involved in Conceptualising and Developing the**

^{above}
Aug, 1994 – March, 2005 with Tata Tea General Hospital, Tata Tea Limited, Munnar, Kerala as Medical Officer (Medical Officer – Managerial Grade).

- ✓ **Managing General practice, primary & comprehensive health care at the South India Plantation Operations, consisting 3 hospitals: 35 inpatient beds & covering a population of 6000.**
- ✓ **As Duty Medical Officer, providing medical assistance (casualty) for a 160 bedded specialty Hospital Community Health Care Centre; catering to a population of 100,000.**
- ✓ **Coordinating community medicine & social welfare activities covering a population of 75,000** in the remote hilly terrain of Idukki District, Kerala, India.
- ✓ Entrusted with **additional responsibility in the CORPORATE SOCIAL RESPONSIBILITY arena of the company's South India Plantation Operations** - community development & social welfare for the 75,000 population of the High Ranges, South India Plantation Operations of Tata Tea Ltd. (Aug, 2002 – May, 2004).
- ✓ Effectively rendered **ICU, Maternal and Child health care services which also included providing anaesthesia services to a population of about 12,000** in one of the company's district.
- ✓ Functioned as **In-Charge Officer for SIPD (South India Plantation Division, TATA TEA) Annual social audits, 2000-2003.**

Feb, 1994 – Aug, 1994 with Unity Hospital, Kunnankulam, Kerala as Resident Medical Officer.

- ✓ Handled Medical/ Surgical/ OBG emergencies and provided outpatient & inpatient care. Feb'93-Feb'94 with Thanjavur Medical College Hospital, Tamil Nadu, India as Resident Intern.
- ✓ Worked for inpatient & outpatient departments across internal medicine, surgery, pediatric medicine, orthopaedics, obstetrics, gynaecology, intensive care coronary unit, radiology, infectious diseases, burns unit, dermatology, sexually transmitted diseases, tuberculosis, chest diseases & blood bank.

IT Skills: Office Automation & Internet Applications

Academic Accolades

- ✓ Have passed the **MINISTRY OF HEALTH, SULTANATE OF OMAN Exams** and I currently **hold a valid General Practitioner License to practice in Oman.**
- ✓ Passed **all the MBBS examinations in the first attempt in first class.**
- ✓ Passed **PGDHHM examinations in the first attempt.**
- ✓ Received **Certificate of Merit**, awarded by the **Central Board of Secondary Education, (India)** for being amongst the **top 0.1% of candidates in Biology** in 1988.
- ✓ Passed **Rashtra Basha Examination of Dakshina Bharath Hindi Prachar Sabha in 1982.**
- ✓ Secured **band 8 at IELTS** with not less than band 7 in each module of this English fluency exam.
- ✓ Underwent **"The Managerial Grid" training on Managerial Skills.**