

CURRICULUM VITAE

ANJALI P U

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CAREER OBJECTIVE

Aspiring to obtaining a challenging position “Staff Nurse” in your esteemed organization that will provide an opportunity to learn, perform and excel and offer growth to myself as well as to the organization.

Ready to accept all challenges and assignments which will be assigned to me in the organization, with sincere responsibility, and accomplish ultimate aims by well-coordinated team work.

PROFESSIONAL FORTE

✓ Effective communicator: Exceptional relationship management. Ability to work as a team, motivating and driving teams to achieve goals through good interpersonal communication. Dexterity to perform work in shifts and proper coordination with all the members of the team in order to maintain delivery of treatment, accurate reporting & handing over.

- Effective knowledge application: Resulting in positive organization growth while understanding the need of the organization and adapting to any cultural environment. Ability to understand and handle all machinery and instruments used in the ward. Knowledge of machine alarms and signs & symptoms of complication.
- Committed to excellence: Ability to work with transparency and clarity while providing detailed reports and handling multiple tasks. Work effectively in groups and independently along with the ability to take up responsibilities under stress with intense patience. Eye for detail, unique methodologies and planned approach resulting in excellent care of patients.

- Self-motivating: Constant learner, willing to update knowledge of constantly increasing advancement in technology of medical field and patient care.
- ✓ Patient and adjusting nature: Driven by new challenges and complications, staying alert, monitoring the patients continuously, looking out for monitor alarms, signs of complication, and taking out exact measurements of body fluid elements & contents and performing required calculations for accurate recording
- ✓ Caring nature: Possess caring nature to make patients calm and provide support through the treatment process. Making sure the patients are taking their prescribed medication in time.

PROFESSIONAL QUALIFICATION

Qualification	Institution	Year of passing	Medium	Class
Bachelor in Nursing	Ikon Nursing College, Bheemanahalli, Bangalore Karnataka, 562109	2016- 2020	English	1st Class

REGISTRATION DETAILS

Professional Registration	Institution	Year of Registration
Register no: 112909	Karnataka State Nursing Council	3 February 2021
Register no: 90439	Delhi Nursing Council	12 March 2021

ACADEMIC QUALIFICATION

Certificate	Institutions	Year	Medium	Class
12 th Class	Lourde Matha Higher Secondary School, Mangalam Dam, Palakkad	2015	English	2 nd division

10 th Class	Lourde Matha High School, Mangalam Dam, Palakkad	2013	English	2 nd division
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EMPLOYMENT DETAILS

Name of the Institution	Details/Bed strength	Duration	Position	Department
Max Super Speciality Hospital, Patparganj, Delhi	409 bed capacity	06/04/2021 to 31/10/2022	Registered B.Sc staff Nurse	Medical and Surgical Ward

TRAINING

- Advanced Cardiac Life Support programs
- Basic life support programs
- Continuous nursing education programs
- Infection control programs

KEY RESPONSIBILITIES TO THE WARD

- Maintaining records of the patient
- Maintaining emergency drugs and equipments at accessible places
- Giving medication to the patient at correct timing
- Proper hand washing before and after procedures

- Planning the patient care
- Monitoring vital signs every sixth hourly
- Nutritional needs of patients
- Accompanying doctors on rounds and implementing treatment as required ● Prepare the patient for procedures like X Ray, ECG, etc.
- Carry out doctor's orders and care of patients, administration of emergency medication after proper calculation of the required doses etc.
- Carry out all the nursing procedures
- Planning and giving health training for patients
- Maintaining good nurse-patient relationship
- Participation in staff training programs
- Send diet chart to the dietician according to the doctor's order
- Sending blood samples for testing daily according to the doctor's order ● Making discharges chart and sending it to the billing office.
- Giving education, order medication, appointment and follow up.
- Explain the condition of the patient to the consultant.
- Give psychological support and health education to the patient. ● Keeping a track for nutritional needs of the patient.
- Sterilization techniques
- Monitor vitals and record

EQUIPMENTS USED

- Nebulizer
- Glucometer
- Suction apparatus
- Oxygen cylinder
- ECG machine
- Syringe pumps
- Steam inhaler
- Infusion pumps
- DVT Pumps
- BP Apparatus
- Pulse oximeter
- Defibrillators

- BIPAP Machine

PROCEDURES ASSISTED AND DONE

- Intravenous catheterization
- Administration of medication
- Perform CPR and advanced life support
- Foleys catheterization
- Suctioning
- Assist for PICC line insertion
- Assist for surgical dressing
- Defibrillation
- Collection of arterial blood sample
- Assist for lumbar puncture
- Assist for fluid tapping
- NG Tube placement
- Assist for ICD and abdominal drain placement
- ECG
- Mouth care, bed bath, back care, etc.

PERSONAL DETAILS

Name	Anjali P U
Father's Name	P M Unnikrishnan
Date of Birth	07/11/1997
Marital Status	Unmarried
Nationality	Indian
Religion	Hindu
Languages Known	English, Malayalam, Tamil, Kannada and Hindi

PERMANENT ADDRESS

Anjali P U

D/o Mr P M Unnikrishnan

Anjali Nivas, Pandikadavu, Olimkadavu (PO), Mangalam Dam, Palakkad (District)

Kerala,India

Pin: 678706

RESUME DECLARATION

I hereby declare that above furnished details are true to best of my knowledge. I am an excellent choice for the post having qualities of good team work, patience, positive mental attitude and hard working. My passion for saying the word as well as working in service industry motivates me to look for an opportunity in a reputable organization.

Date: 10/01/2023

Place: Kerala, India