



RESHMA ANN GEORGE

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Phone number: (+91) 9074034261/ (+91) 8281975108

Gender: Female

Date of birth: 12/01/1993

Nationality: Indian

Marital status: Married

ABOUT ME

Optometrist

- ✓ Proficient Optometrist with one and a half years of Hospital experience in comprehensive eye care including refractive and contact lens services, evaluation and diagnosing ocular pathology and pre and post-op surgical co-management.
- ✓ Profound ability to approach problems objectively and provide support to patients and their families.
- ✓ A disciplined emotionally balanced person with good communication and excellent interpersonal skills.
- ✓ Sound ability to manage the time of self and others.

CAREER OBJECTIVE

- ✓ I want to be part of one of the best eye care providers, to colour my career. Professional & personal growth and also facilitates me to uphold the ethics and ideals of my chosen profession with high standards.

STRENGTHS

- ✓ Hard-working, positive attitude with a keen interest in learning new things, enjoy working in a team.
- ✓ I was on a break from my career for a few years to take care of my family.

WORK EXPERIENCE

Optometrist [14/07/2016 - 20/01/2018]

CHAITHANYA EYE HOSPITAL AND RESEARCH INSTITUTE

City: Kochi

Country: India

DUTIES PERFORMED

- Examine eyes and visual system
- History taking of an ophthalmic case.
- Refraction (objective and subjective) both with streak retinoscopy and Auto-refractometer.
- Tonometry (non-contact, RBT).
- Prescribe corrective lenses.
- Prescription of contact lenses. (RGP and soft cl).
- Slit lamp examination for optometry case. (Contact lens fitting RGP)
- Manual and Automated Lensometry.
- Manual and Automated keratometry.
- Calculation of IOL Power (A-SCAN, immersion and contact, IOL Master).
- Visual field analyzer (HFA, OCTOPUS).
- Pachymetry.
- Dry eye evaluation.
- OCT.
- Fundus photo.
- Pre and post work up for LASIK, cataract, ICL

Intern. Optometrist [2015-2016]

CHAITHANYA EYE HOSPITAL AND RESEARCH INSTITUTE

City: Trivandrum

Country: India

DUTIES PERFORMED

- ✓ Examine the eye with the aid of ophthalmic instruments and pharmaceutical agents to determine visual acuity and impairments to diagnose diseases and other abnormalities such as refractive errors, glaucoma, colour blindness and so on.
- ✓ Prescribe and dispense corrective spectacles, fit contact lenses and other visual aids.
- ✓ Educate and counsel patients on contact lens care, visual hygiene, lighting arrangements and safety factors.
- ✓ Provide pre and post-operative care for patients undergoing eye surgeries such as cataract extraction., LASIK etc.

EDUCATION AND TRAINING

B.sc Optometry [2012 – 2016] -Bharathiar University- Malabar Institution of Optometry, Calicut, India

12th -CBSE-Vimalambika Public School, Pampady, Kottayam, 686501, India

10th-CBSE-Vimalambika Public School, Pampady, Kottayam, 686501, India

LANGUAGE SKILLS

Mother tongue(s): Malayalam

Other language(s): English, Tamil

COMMUNITY PROGRAMS

- Attended more than 100 eye camps at the Community Ophthalmology wing of Chaithanya Eye Hospital and Research Institute.

CONFERENCES AND SEMINARS

CERTIFICATIONS

- "Feel The Blindness" successfully participated 4days exhibition programme conducted on Oct 10-13, 2013 organized by Trichur Eye Hospital & Trichur Diabetic Center.
- Successfully participated in one day "continuing medical education" program on 22nd march 2015 held at Rayhan College of Optometry.
- Successfully participated one day "Low vision" workshop held on 21st march 2015 at Rayhan College of Optometry.

REFERENCE

- Dr Sony George
Medical Trust Hospital
9447962735
- Dr Prasanth
Chaithanya Eye Hospital And Research Institute

DECLARATION

I hereby declare that the details and information given above are complete and true to the best of my knowledge.