CURRICULUM VITAE

MS. KRISHNENDU U B

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CAREER OBJECTIVE

- To find and work for an institution, Where I can utilize my experience and abilities, and work to the best of my potential, so as to be an asset to any institution and to render quality nursing services with honesty and commitment.
- ➤ To regularly update my knowledge through attending lectures, various inservice educational programmes and undertaking courses.
- > To endeavor to do my best always

PERSONAL DETAILS

➤ Age : 26 yrs

➤ Gender : Female

➤ DOB : 13-08-1996

Father's name: Mr. Unnikrishnan Nair S

➤ Mother's name : Mrs. Bindu K S

➤ Marital status : Married

➤ Religion&Caste : Hindu, Nair

➤ Nationality : Indian

➤ Contact address : Krishna Kripa

Eruloor

Mithirmala P O

Pin: 695610

➤ Blood Group : B Positive

➤ Language known : English, Malayalam, Tamil, Hindi

PROFFESIONAL QUALIFICATION

COURCE	INSTITUTION	UNIVERSITY	GREAD	YEAR OF
				STUDY
B.Sc	Govt. College of	Kerala		
Nursing	Nursing,	University of	72.8%	2014-2018
	Thiruvananthapuram	Health		
		Sciences		
		[KUHS]		
MSc	Govt. College of	Kerala	72.6%	
Nursing	Nursing, Thrissur	University of		
		Health		2020-2022
		Sciences		
		[KUHS]		

ACADEMIC QUALIFICATION

COURSE	INSTITUTION	BOARD/UNIVERSITY	YEAR	OF
			STUDY	
S.S.L.C	Govt. Girls	Board Of Public	2012	
	Higher Secondary	Examinations, Govt of Kerala		

		School,		
		Mithirmala		
Plus	Two-	Govt.	Girls	Board of higher 2012-2014
Science		Higher		secondary
		Secondary		examinations, Govt of
		School,		Kerala.
		Mithirmala		

PROFESSIONAL REGISTRATION

1. Kerala Nurses and Midwives Council (KL03201900569)

ACHIEVEMENTS

- Passed a certified examination on general introduction to computers in 2009 from BSS (Bharat Sevak Samaj)
- Passed certified examination of Sugam Hindi Pareeksha conducted by Kerala Hindi Prachar Sabha, TVM in 2007, 2008,2009, 2011, 2012, 2013.
- Passed certified examination of Hindi Pradham, Doosari pareksha conducted by Kerala Hindi Prachar Sabha, TVM in 2008.

PROGRAMS CONDUCTED

- ➤ Conducted workshop on "BEAT and PEEP: Art of interpreting ECG, mechanical ventilation made easy" in Govt. College of Nursing,
 Thiruvananthapuram on 28 may 2018
- ➤ Conducted nursing care conference on In-service education challenges and opportunities on 01-09-2022 in Govt Medical College Hospital, Thrissur.

- ➤ Conducted workshop on "Forestalling errors and Exploring solutions Tune into patient safety" conducted on 30-08-2022 in Govt. College of Nursing, Thrissur.
- ➤ Conducted workshop on "challenges in remote learning system and effective teacher —learner interaction" conducted on 02-09-2021 in Govt. College of Nursing, Thrissur.

TRAININGS

- Attended course on Nursing Essentials from 20-09-2021 to 14-12-2021 on the virtual platform conducted by Apex Trauma and Emergency Learning Centre (ATLEC).
- Attended training programme on ICMR guidelines, roles and responsibilities of ethics committee and GCP and NDCT rules, on 11-10-2022 conducted by Govt College of Nursing, Thrissur in collaboration with forum for ethics review committee in India.
- Had posting in Govt. Mental Health Centre, Peroorkada as a part of clinical practical in Mental Health Nursing in third year of BSc nursing programme
- One month training in Mental Health Nursing in NIMHANS, Banglore as a part of MSc nursing programme
- Had posting in Govt Mental Health Centre, Westfort Junction, Thrissur as a part of MSc nursing programme.

ACADEMIC PROJECT

 Conducted a qualitative research on grieving process among wives of patients died of COVID 19.

PERSONAL SKILL AND EXTRA CURRICULAR ACTIVITIES

- ➤ Good communication skill.
- Effective verbal and written communication skill and attention to detail.

➤ Decision making skill according to the situation.

> Leadership qualities and potentials.

➤ Work effectively both in multicultural team and autonomous role.

Able to resolve issues with suitable solutions.

Enable to adapt quickly to new development and changes.

➤ Possess and excellent time management.

> Committed to implement a plan of care for each patient to meet the need

of patient.

Expert in identifying variances in the plan of care and success of nursing

interventions.

> Passion to dancing.

➤ Computer qualification

EXPERIENCE

Worked as full time registered staff nurse in multidisciplinary ICU in

Govt. Medical College Hospital, Thiruvananthapuram for a period from

21/01/2019 to 20/01/2020

DECLARATION

I do here by certify that the all above mentioned details are true and correct

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to the best of my knowledge and belief.

Place: Thiruvananthapuram Miss Krishnendu U B

Date: 01/01/2023