

# CURRICULUM VITA

RIYA REGI  
KULANGARAKUDY HOUSE  
VENDUVAZHY  
KOTHAMANGALAM P.O  
ERNAKULAM DISTRICT , KERALA STATE  
Pin code : 686691  
Kerala – India  
Mob : 8891944709  
Email : riyaregi1995@gmail.com

## CAREER OBJECTIVES

Seeking a responsible career where I can leverage and implement my practical as well as theoretical knowledge for the wellbeing of mankind, with a scope of learning opportunities for both organizational and personal development. I will channel all my efforts in this direction to achieve best results and will enhance value of the organization.

## PROFESSIONAL SKILLS AND ATTRIBUTES

- Self-motivated professional with commitment to provide best knowledge with strong organization and communication skills.
- Able to reflectively listen and communicate both verbally and non-verbally with clients in a manner that ensures confidentiality, privacy and sensitivity as established through clinical placements.  
Quick learner, Good listener, Punctual, Hardworking & Dedicated and have a good grasping power
- Love to accept challenges to achieve desired target.
- Proven record of reliability and responsibility.
- Strong analytic skills, capable of assessing conditions and implementing appropriate intervention.
- Great passion for researches in the field of nursing practice and education.
- Resourceful problem solver capable of implementing solutions to complex problems.
- Develop rapport with patients, family, community, staff and physicians.
- Relate well to people from a variety of culture.

## PERSONAL PROFILE

Father Name	:	Regi K Mathew
DOB	:	20/04/1995
Sex	:	Female
Religion	:	Christian
Marital status	:	Married
Nationality	:	Indian
Language known	:	Malayalam, English, Hindi, Tamil

Permanent Address : Kulangarakudy House  
 Venduvazhy,  
 Kothamanagalam p.o  
 Ernakulam district , Kerala state  
 Pin code : 686691

### ACADEMIC PROFILE

Qualification	University	Institution	Year of Passing
B Sc Nursing	Kerala University of Health Science	Mar Basелиos College of Nursing,Kothamangalam	2013-2017
Plus two	Higher secondary Education , Kerala	Mar basil higher secondary school	2011-2013
S.S .L.C	CBSE	Vimalagiri public school	2010-2011

### PROFESSIONAL QUALIFICATION

GRADUATION	B.S.c Nursing
Institute	Mar Basелиos College of Nursing , Kothamangalm
University	Kerala University of Health Sciences , Thrissur kerala
Duration	22-07-2013 to 19-12-2017

Year	Total Marks	Percentage %	Division
B.S.c (N) 1 <sup>st</sup> Year	669/1000	66%	1 <sup>st</sup>
B.S.c (N) 2 <sup>nd</sup> Year	444/700	63%	2nd
B.S.c (N) 3 <sup>rd</sup> Year	555/850	65%	3rd
B.S.c (N) 4 <sup>th</sup> Year	474/700	67%	4th
AGGREGATE : 66%			

### REGISTRATION

DURATION	REGISTRATION NO	NURSING COUNCIL
06-02-2018 to 05-02-2023	KL03201801909	Kerala Nurses And Midwives Council

## PROFESSIONAL EXPERIENCE

DURATION	DESIGNATION	INSTITUTION
03-04-2018 to 03-04-2019	Registered Staff Nurse	Mar Baselios Medical Mission Hospital, Kothamangalam
10-02-2020 to 10-02-2021	Registered Staff Nurse	Amrita Medical Institute of Medical science and Research, Ponekara, Ernakulam

Employed as a full time registered staff nurse in neuro icu at Mar Baselios Medical Mission Hospital, Kothamangalam from 03-04-2018 to 03-04-2019. MBMM Multispecialty hospital in Kothamangalam is a 300 bedded international venture with expertise to provide superlative care. The hospital is offering international standards of care in various specialties like Critical Care, Cardiology, Dental Sciences, Dermatology & Cosmetology, Internal Medicine and Diabetology, Emergency Medical Services, ENT, Gastroenterology, General Surgery, Gynaecology & Obstetrics, Nephrology, Neurology, Neuro Surgery, Paediatrics & Neonatology, Plastic Reconstructive , Ophthalmology, Orthopaedics , Urology ,Radiology, Psychiatry.

Also employed as a full time registered staff nurse in Medical icu and Paediatric Neurology ICU at Amrita Medical Institute of Medical science and Research, Ponekara, Ernakulam from 10-02-2020 to 10-02-2021. This hospital is a 1350 bedded multi-super speciality collegiate hospital with all the departments equipped with modern facilities, infrastructure and health care delivery system.

### Duties and scope in clinical includes:

- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Promotes patient's independence by establishing patient care goals; teaching patient, friends, and family to understand condition, medications, and self-care skills.
- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and standards
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations; calling for assistance from health care support personnel.
- Documents patient care services by charting in patient and department records.
- Maintains continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.
- Maintains patient confidence and protects operations by keeping information confidential.
- Maintains a cooperative relationship among health care teams by communicating information; responding to requests; building rapport; participating in team problem-solving methods.
- Contributes to team effort by accomplishing related results as needed.
- Assisted with exercises, physiotherapy and other medical plans.

## **DUTIES AND RESPONSIBILITIES**

- Admission procedure, nursing assessment
- Vital signs monitoring
- Inserting, assessing and iv line
- Collection of sterile specimen like blood , urine ,sputum , stool etc
- Oral ,intramuscular ,intravenous ,subcutaneous ,intra dermal,instillation and topical administration of medications
- Administration of oxygen , steam inhalation ,nebulization, chest physiotherapy
- CPR, suctioning.skin care ,wound care ,catheter care, catheterization, RT insertion and feeding ,and health education
- Taking care of unconscious patient ,providing comprehensive nursing care like activities of daily living ,back massage , range of motion exercises
- ECG monitoring
- Handling and maintaining syringe and infusion pump
- Delivering of shock in emergency situations
- Assisting in tracheostomy procedure

## **EQUIPMENT EXPOSED**

- Cardiac Monitors : Hewlett packer, Siemens, Marquette, Philips
- Syringe pump, Infusion pump
- Suction apparatus, nebulizers, Centralized oxygen and suction apparatus
- ECG Machine
- Defibrillators
- Phototherapy machines
- Ventilator
- BP apparatus
- Ambubag with mask
- Pulse oximeter
- Glucometer

## **DETAILS CASES EXPOSURED**

### Neurology Cases

- Burhole evacuation
- Craniotomy

## **SPECIAL SKILLS**

### **Ability to perform**

1. Need based basic care
2. IV cannulationl
3. Medical administration via enteral and parenteral routes
4. CPR

5. NG tube insertion assisted
6. Urinary catheter insertion
7. Administering protocol based
8. Mental status examination

## **REFERENCE**

**1. Ms Sai Bala**

Nursing Director

Nursing Services

AIMS Ponekara, Cochin

914842851842

**2. Mrs. Anamma Wilson**

Nursing Superintendent

MBMM Hospital Kothamangalam

0485-2838899

## **DECLARATION**

I hereby declare that all statements made in this application are true and correct to the best of my knowledge and belief. Give me an opportunity and it will be my sincere endeavor to prove my worth, by putting my heart and soul to a profession that I am deeply committed to.

Place: Kothamangalam

Date: 25-08-2022

RIYA REGI