



ARUN JACOB

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Address
ENNIRIYIL(H)
THALACODE (P.O)
MULANTHURUTHY
ERNAKULAM, KERALA ,
PIN:682314

PERSONAL DETAILS

Father's Name : E.C JACOB

Date of Birth. : 20/04/1999

Nationality. : Indian

Gender. : Male

Marital Status : Single

Religion. : Christian

Languages Known : English,
Malayalam,
Tamil.

Permanent Address: Enniriyil(H)
Thalacode(P.O)
Mulanthuruthy
Ernakulam(Dist)
Kerala 682314

CAREER OBJECTIVE

A challenging and rewarding career which enables me to utilize my knowledge and skills in the best possible way for the fulfilment of organizational goals.

EDUCATION QUALIFICATION

* S.S.L.C(10th)

Board : Board of Public Examination, Kerala

School : St Mary's HSS Thalacode

Year of Study : 2014

* Higher secondary (+2)

Board : Kerala Higher Secondary Education , Kerala

School : St Mary's HSS Thalacode

Year of Study : 2016

PROFESSIONAL QUALIFICATION

B.Sc Nursing College : Karpaga Vinayaga
College Of Nursing,
Chinnakolambakkam,
Chennai. Pin-603308

Year of Study. : 2018-2022



B.SC NURSING CLINICAL EXPERIENCE (DURING STUDY PERIOD)

- ✦ **Medical -Surgical Nursing (Cardio Thoracic ICU, CCU's, Casualty) Experience From Karpaga Vinayaga Institute Of Medical Science & Reaserch Centre**
- ✦ **Oncology Nursing experience From Karpaga Vinayaga Institute Of Medical Science & Reaserch Centre**
- ✦ **Mental health nursing experience From Karpaga Vinayaga Institute Of Medical Science & Reaserch Centre**
- ✦ **Obstetrics and Gynecolgy experience From Karpaga Vinayaga Institute Of Medical Science & Reaserch Centre**
- ✦ **Communityhealth nursing experience from Rural: PHC, Pulipakkam, Chennai and CHC Anna Nagar Chennai.**
- ✦ **Child Health Nursing experience From Karpaga Vinayaga Institute Of Medical Science & Reaserch Centre**



PROFESSIONAL TRAINING

- ✦ **Professional training in Karpaga Vinayaga Institute Of Medical Science & Reaserch Centre Hospital consist of 700 BDS with various departments like Medical, Surgical, Pediatric, Orthopedic, Obstetrics and Gynecology, Ophthalmology, ENT, Dermatology, OT Facility, Dialysis Unit, Gastroenterology, Pulmonology, Neurology, Nephrology, Oncology, Cardiology, Urology. have practical experience in all the above said departments and specialized area like operation theatre, Post operative ward, General ICU, MDICU, NICU, NSICU, CTICU, SIC, N.MICU, c u , Endoscopy,Physiotherapy, Audiometry, Ophthalmology, ECG, EEG,Ecocardiography,PFT.**



COMPUTER PROFICIENCY

- ✦ **Operating System -Windows and internet**



INTERPERSONAL SKILLS

- **Ability to rapidly build relationship and set up trust**
- **Confident and Determines**
- **Goal oriented, positive and supportive**
- **Pleasing personality and problem solving capacity**
- **Effective leadership and team work spirit**



EXTRA CURRICULAR ACTIVITIES

- **Participate and won prizes in cultural and sports meet at Karpaga Vinayaga College Of Nursing.**



RESEARCH PROJECT

- **A study to assess the Effectiveness of vaccine against covid 19 among adolescent selected village in Chengalpattu District.**
- **Effect of planned teaching on knowledge of mothers regarding vitamin A requirements, sources, deficiency and its prophylaxis among under five children at a selected rural area.**



EXPECTATIONS

- **Looking for forward to work with reputed professional organisation as staff nurse**



HOBBIES

- **Reading Books**
- **Listening Music**
- **Playing Football, Cricket**



PERSONAL SKILLS ACQUIRED

- > **Checking vitals**
- > **Introducing Rules tube**
- > **Catheterization**
- > **Administration of medication**
- > **IV infusion, maintenance of emergency drugs**
- > **Nebulization**
- > **Cardio pulmonary resuscitation**
 - > **Oxygen administration**
- > **Suctioning**
- > **Pre-Post Operative care**
- > **Care of equipment Wound dressing**
- > **Medical and Surgical Patients IV Canula Insertion**
- > **IV Therapy**
- > **Hygienic Care**
- > **Vital Sign**
- > **Recurring of patients, motional support**
- > **Total patients care which include assessing planning and implementing**
- > **Follow up Treatment**
- > **Close observation**
- > **Cardiac Monitoring**
- > **ECG recording and monitoring**
- > **Assisting in insertion of central line and arterial line etc.**
- > **Assisting for intubation**
- > **Looking after ventilators patients**
- > **Attending physical and psychological needs of the patients**
- > **Assisting normal vaginal deliver**
- > **Implementation of resources**
- > **Supervision of other staff and students**
- > **Ward management**
- > **Maintain good interpersonal relationship with patients and entire medical team**
- > **Asses, Plan, Implement and evaluate research based nursing**
- > **Care after Cardiac Surgeries and patients with cardiac problems**



EQUIPMENT USED

- > Cardiac Monitors
- > Ventilator
- > Suction Machine
- > Suringe Pump
- > B.P.Apparatus
- > ECG machine
- > Thermometer
- > Glucometer
- > Nebulizer
- > Pulse oxymeter
- > Steam Inhaler
- > Ambu Bag with face mask
- > Defibrilator
- > Dopplar Monitor
- > Infusion Pump
- > IV Infusion stand
- > Laryngoscope
- > Foetal Monitor
- > Radiant Warmer
- > Phototherapy Machine



INTEREST

- ICU, Emergency, OT



REFERENCE

1. Prof.Dr.(Mrs) T. Komalavalli, M.Sc.(N) , pH.D., LLB ,
Principal
Karpaga Vinayaga College of Nursing
Chinnakolambakkam, chennai.
2. Prof.D.Kalaimani , M.sc (N)
Associate professor , HOD
Karpaga Vinayaga College of Nursing



DECLARATION

> I here by declare that the above mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars

Place: Mulanthuruthy

ARUN JACOB

Date: 17/01/2023