

# RESUME



**Ms. AMALA JOSE**  
Designation : Staff Nurse  
Experience : 2 year

## Address for Communication:

Ms. Amala Jose  
Punnathattayil House  
Mekkadampu P O  
Rackad – 682316  
Ernakulam Dist  
Kerala, India  
Ph: (+91) 8688323597, 8111910736  
Email: amalajose373@gmail.com

## Personal Details

Father's Name : Jose  
Date of Birth : 11.09.1998  
Age : 24 years  
Gender : Female  
Religion : Christian  
Mother Tongue : Malayalam  
Marital Status : Single  
Height : 154 cm  
Blood Group : A+  
Languages Known : Malayalam  
English  
Telungue  
Hindi

## Permanent Address:

Ms. Amala Jose  
Punnathattayil House  
Mekkadampu P O  
Rackad – 682316  
Ernakulam Dist  
Kerala, India  
Ph: (+91) 8688323597, 8111910736  
Email: amalajose373@gmail.com

## Career Objective:

Aim to be associated with the organization that provides me an opportunity to show my skills and improve my knowledge with latest trends and to be the part of the team that works dynamically towards the growth of the organization.

## Strenghts:

- I believe in confidence and hard working.
- My loyalty and sincerity will be the key for my success.
- I am ready to shoulder any responsibility.

## Certifications:

- ✓ Kerala Nurses and Midwives Council Registration Reg.No: KL04202202065
- ✓ 12 th (Plus Two) Science Group, Board of Vocational higher secondary Examination, Kerala
- ✓ 10 th (SSLC), Board of public examination, Kerala

## **EDUCATIONAL PROFILE**

During my studies as a student nurse, the following works were assigned to me which I have carried out successfully.

Worked as a team member in the community development programs.

### **ACADEMIC QUALIFICATIONS**

<b>Course</b>	<b>Year</b>	<b>Name of Institution</b>	<b>University/Board</b>	<b>Scored Percentage</b>
SSLC (10 <sup>th</sup> )	2013	MSVHSS Valakom	Board of Public Examination, Kerala	79%
Plus Two (12 <sup>th</sup> )	2015	Tharbiath Vocational Higher Secondary School Muvattupuzha	Board of Vocational Higher Secondary Examination, Kerala	75%

### **PROFESSIONAL QUALIFICATION**

<b>Course</b>	<b>Year</b>	<b>Name of Institution</b>	<b>University/Board</b>	<b>Marks Scored</b>	<b>Percentage Scored</b>
1 <sup>st</sup> year B.Sc Nursing	2016	Rev. Noorunnissa College of Nursing KGF, Karnataka	Rajiv Gandhi University of Health sciences, Karnataka	449	66%
2 <sup>nd</sup> year B.Sc Nursing	2017			448	66%
3 <sup>rd</sup> year B.Sc Nursing	2018			443	65%
4 <sup>th</sup> year B.Sc Nursing	2019			324	66.8%

### **Clinical Experience During Nursing Course**

1. General Hospital, KGF, Karnataka
2. PES Institute of Medical Sciences and Research, Kuppam
3. KGF Maternity and Children's Hospital, Karnataka

## **NURSING JOB EXPERIENCE:**

Apollo Health City

Jubilee Hills, Hyderabad, Telangana State, India

Apollo Hospitals, the largest healthcare group in Asia with JCI accredited, Apollo Health city, Jubilee hills, Hyderabad is a 550 bedded tertiary care centre. It has over 50 medical and surgical disciplines. Its services supported by sophisticated technology and experienced medical professionals.

Website : [www.apollohospitalsgroup.com](http://www.apollohospitalsgroup.com)  
Designation : Staff Nurse  
Department : Operation Theatre  
Hospital Capacity : 550 bedded JCI Accredited  
Hospital Emp.Code : 1180244  
Date of Joining : 03.02.2020

<b>Nature of Work</b>	<b>Period</b>	<b>Job Title</b>	<b>Name of Hospital</b>
Operation Theatre	03.02.2020 to 06.04.2022	Staff Nurse	Apollo Health City, Jubilee Hills, Hyderabad

## **JOBS AND RESPONSIBILITIES:**

- ❖ Receiving and admission of patients
- ❖ Observing and recording patients behavior
- ❖ Coordinating with physicians and other health care professionals for creating and evaluating customized care plans
- ❖ Providing emotional and psychological support to the patients and their families and create harmonious environment. Diagnosing the disease by analyzing patients symptoms and taking data collection required
- ❖ Maintaining report and record of patient's medical histories and mounting their changer in condition.
- ❖ Assisting for diagnostic and therapeutic producer.
- ❖ Maintaining hygienic and safe working environment in compliance with health care procedures

- ❖ Providing instant care during medical emergency like accident, Cardiac arrest.
- ❖ Patient assessment and reassessment and nurses notes, maintaining records and reports.
- ❖ Check the Vitals of the patient and should record with date, time, including pre and post operative care and documentation.
- ❖ Dispensing of medication, maintenance of IV fluids and lonotrops.
- ❖ Scrubbing, hand washing and isolation precautions, IV placement, Arterial placement.
- ❖ Nebulization, Nasogastric tube placement, Nasogastric tube feeding.
- ❖ Wound care, Colostomy Care, Traction care, care of ICD Drainage, Blood transfusion, Urinary catheterization, Ventilator care.
- ❖ Maintenance of good nurse patient relationship including orientation of patient to the unit or room and health education to patient and family members.
- ❖ Preparing bed and decontaminations equipments or instruments.
- ❖ Maintenance. of physical, social, psychological, spiritual and rehabilitative need of the patient.

### **EQUIPMENTS HANDLED**

- ✓ Invasive/non invasive ventilator
- ✓ Infusion pump
- ✓ Syringe pump
- ✓ Glucometer
- ✓Defibrilator
- ✓Bain Circuit
- ✓ Laryngoscope
- ✓ Feeding Pump
- ✓ ECG
- ✓ Suction apparatus
- ✓Warmer apparatus
- ✓AMBU
- ✓ABG Machine
- ✓ACT Machine
- ✓Nebulizer

## **CAPABLE IN ASSISTING**

- General orthopedic Procedures
- Diagnostic Arthroscopy
- Therapeutic Arthroscopy
- Soft Tissue Reconstruction
- Trauma Surgeries
- Pediatric Orthopedic Surgeries
- Hand Surgeries
- Orthopedic Oncology Surgeries
- TKR and THR Surgeries

## **OTHER RESPONSIBILITIES HANDLED:**

- Maintaining the drug and investigations as per Physician's Order/ advice
- Proper documentation of drugs administered and investigations done
- Maintaining the equipment in working condition.
- Maintaining emergency drugs and equipments at accessible place.
- Proper monitoring of Patient
- Informing the Doctor concerned whenever necessary
- Barrier nursing
- Scrubbing, hand washing and aseptic precautions.
- Transportation of critically ill Patients

## **GENERAL :**

- Attended basic life support, Advanced cardiac life support, Pediatric life support program at Appolo Hospital, Jubilee hills, Hyderabad
- Participated master training of Infection Control in Appolo Hospital
- Attended IV Cannulation (Peripheral and Central access) conducted by BD Company
- Attended Seminar Infection Control Program at Appolo Hospital, Jubilee hills, Hyderabad
- Successfully completed the Nurses Orientation Training Program at Appolo Health city, Hyderabad
- Participated in panel discussion on Hospital Acquired Infection and new research studies.
- Participation in blood transfusion and safety program organized by Appolo health city.
- Participation in MET, Code Blue, Patient safety and Quality service programs organized by Appolo health city

## **COMPUTER SKILLS :**

- ❖ All computer with Internet Knowledge
- ❖ Good skills in Hospital based Computer software and activities
- ❖ Good Skill in MS Word, MS Excel and Power point

## **STRENGTHS :**

- ✓ Desire to learn
- ✓ Hard working
- ✓ Positive attitude
- ✓ Cool minded
- ✓ Team building ability
- ✓ Problem solving capability
- ✓ A good team player

## **ACHEIVEMENT**

Here I gained the basic of Nursing care identifying the patient condition and treating accordingly along with health team and also assisted all therapeutic procedures.

## **REFERENCES**

1. Mr. Suresh Reddy  
HR Manager  
Appolo Health City  
Jubilee Hills, Hyderabad  
Ph:040-23607777
2. Dr. Jayram Chander  
Senior Consultant  
Orthopedics Surgeon  
Appolo Health City  
Jubilee Hills, Hyderabad  
Ph: 040-23607777
3. Dr. Krishna Reddy  
Senior Consultant  
Orthopedics Surgeon  
Appolo Health City  
Jubilee Hills, Hyderabad  
Ph: 040-23607777

## **DECLARATION**

I hereby declare that the above mentioned information are true and correct to the best of my knowledge and belief. I submit my resume for your kind observation and favorable order. Hope my skills are for your requirement. I humbly request your good self to permit a chance to work in your esteemed Institution.

Your Sincerely

**AMALA JOSE**