



BETSY T MATHAI

Thannikkottu (H) Vengoor p. o Vengoor, perumbavoor
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Personal Details

- Date of Birth : 22/06/1999
- Marital Status : Single
- Nationality : Indian
- Gender : Female

About

- To seek employment in a dynamic and challenging environment with potential career growth, where my diversified competencies and unique skills can be utilised for the growth and betterment of the organization and to improve overall well-being of the humankind.

Languages

- English
- Malayalam
- Tamil

Education

- **Little flower Institute of medical science and research (LIMSAR) Angamaly** 2017- 2022 batch
Batchelor of physiotherapy (BPT)
62%
- **Mar kuma higher secondary school, vengoor** 2015 - 2017batch
Higher secondary education
75%
- **Mar kuma higher secondary school, vengoor** 2015 batch
Secondary education
81%

Skills

- Patient handling, Good communication skills, Physical evaluation, Leadership

Projects

- **Relationship between physical activity and dynamic balance in adolescent girls during COVID-19 pandemic**
The study primarily aimed to analyze the correlation between physical activity and dynamic balance in school going adolescent girls in and around Angamaly, which was assessed by International Physical activity Questionnaire and Functional reach test. The study concluded that there is a weak positive correlation between physical activity and dynamic balance.

Clinical Experience

- **During course of ug**
 1. During the course of UG at LITTLE FLOWER INSTITUTE OF MEDICAL SCIENCES AND RESEARCH, I was posted at the following departments:
 2. • Department of physiotherapy
 3. • Orthopedics (OPD, Pre-operative and post-operative)
 4. • Cardiothoracic (OPD, ICCU, pre-operative and post-operative)

5. • Neurology and Neurosurgery (OPD, Stroke ICU, Neurosurgery ICU, Neuro-ward)
 6. • Pulmonology (OPD, Medical ICU)
 7. • Snehasadan Special School
 8. • One month pre-internship at Little flower Institute of Medical science and research center ,Angamaly, Ernakulam
- ***During internship***
 1. Aster medcity , kochi
 2. Little flower Institute of medical science and research Center, Angamaly
 3. National Institute of medical health and neuro science (NIMHANS), Bangalore
 4. sanjoe hospital, perumbavoor

Professional Development

- 1. • PHYSIOTHERAPY CONFERENCE - QINETICS 2018 organised by LITTLE FLOWER INSTITUE OF MEDICAL SCIENCES AND RESEARCH, ANGAMALY ,on 13 March 2018 at LIMSAR, Angamaly.
 2. • CHARTERED SOCIETY OF PHYSIOTHERAPY TEACHERS NATIONAL CONFERENCE 2018 on 12 and 13 May 2018 at Malabar Marina Convention Centre, Calicut.
 3. • DISABILITY AND REHABILITATION:A SOCIO EDUCATIONAL APPROCH - NATIONAL SEMINAR organized by REHABILITATION COUNCIL Of INDIA in association with SNEHA SADAN COLLAGE OF SPECIAL EDUCACATION ANGAMALY, ERNAKULAM on 22 23 March 2019 at sneha sadan collage of special education, Angamaly Ernakulam
 4. CONFLUENCE 2019- NATIONAL PHYSIOTHERAPHY CONFERENCE organized byLAXIMIMEMORIAL COLLAGE OF PHYSIOTHERAPHY AJ GROUP OF INSTITUTION MANGALURU KARNATAKA on 6 and 7 December at AJ Auditorium, karnataka, Mangaluru.
 5. • PHYSIOTHERAPY AND COVID-19 – WEBINAR organised by LITTLE FLOWER INSTITUE OFMEDICAL SCIENCE AND RESEARCH, ANGAMALY ,on 8 September 2020

Reference

- **Prof. Mrs. Remya. N - "Little flower Institute of medical science and research, angamaly"**
Hod of physiotherapy
9567148491

Declaration

- I hereby declare that the information furnished above is true and correct to the best of my knowledge and belief.
Place: vengoor
Date:4/01/2023
Yours faithfully,
Betsy T mathai