



# Chelssiya K S

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Karottumoovelil (H) Poonjar Thekkekara P. O Kottayam 686582

Nationality: Indian

Birthday: 19/01/2000

Marital Status: Un-married

## OBJECTIVE

To accomplish and fulfill my desire to be happy in an environment that will help me grow, a chance to improve and use my skills for the organization's overall benefit.

## EDUCATION

**MSW** 12/2021 - 11/2022  
Mahatma Gandhi University

**Certificate Course on Counselling and Psychotherapy** 07/2021 - 07/2022  
ICCP Malappuram

A Grade

**B.A Sociology** 07/2017 - 05/2020  
Mahatma Gandhi University

8.48/10 - 1st Rank Holder

**XII** 07/2015 - 03/2017  
Kerala State Board

93%

## FIELD WORK EXPERIENCE

**Madras Medical Mission Hospital, Chennai-**  
01/09/2022- 30/09/2022

Completed Training on 300 bedded hospital providing pre & post operative counselling to patients, critical assessments conducted for financially weak, provide information while offering psychological support and care to patients and families.

**Assumption Psychiatric Hospital, Sulthan Bathery, Wayanad - 01/03/2022 - 31/03/2022**

Completed training in a Psychiatric Hospital acquiring training in all aspects of Psychiatric Social Work viz detailed case history taking, case study, group study, mental status examination, organization study, and practice in counselling.

**Sargakshetra Cultural and Charitable Centre- 01/10/2021-27/10/2021**

Co-ordinated the programme named 'Covid 19 Fighters' honouring the warriors of the pandemic from the health sciences

Involved in the coordination of 'Sunday Fiesta' consisting of refreshment programmes, project proposal writing for students and was engaged in flood relief activities.

### Tele counseling

Served in COVID-19 community counseling support team as part of "Ottakkalla Koodeyund Kottayam Program" a joint initiative of Local Self Gov. Dept, KILA, KAPS in Kottayam District.

### ASER SURVEY

Conducted educational survey through phone calls for allotted districts in Kerala.

**Santhi Hospital, Kozhikode -02/12/2022-31/12/2022**

Completed one month training in medical and psychology department of Santhi Hospital. Prepared a project proposal for the establishment of Social Work Department in Santhi Hospital, Conducted palliative home care visit, medical camp, took case history and MSE

## ACTIVITIES / CO-CURRICULAR

### AWAKE 2K22

Coordinated 'AWAKE 2K22' A State Level Cultural Fest for Differently Abled Children on 2022 July 29 & 30

### Webinar

Coordinated a webinar on the topic 'Minimize Stress and Maximize Skills' held on 26th October 2022  
Resource person of webinar on the topic 'Parenting During Pandemic' held on 25th July 2022.

### Blood Donation Camp

Coordinated blood donation camp conducted at Assumption School of Nursing, Sulthan Bathery on 23rd March 2022.

### Summer Camp

Coordinated 5-day summer camp "HARITHAM 2K22" on the theme 'Climate Change' for 10–17-year-old children at St. Margaret UP School, Kaippuzha.

- Worked as an editor for the book titled "Laws and support system in India"
- Worked as a volunteer for flood relief activities at Vadakkemala.
- Attended 4 days training program on Fundamentals of Cognitive Behavioural Therapy.
- Attended National Conference conducted by Madras School of Social Work on Social Work Profession-Inclusivity and the Way Forward.
- Attended the National Conference on climate change organized by PG Department of Social Work Sree Sabareesa College.
- Attended National Conference BHARATHION 2021 on "Indian Social Work: An Indigenous Approach to Development" organized by Bharata Mata School of Social Work.
- Attended Go4Youth Examination 2021

## PUBLICATION & RESEARCH WORK

**"A Ray to Rejoice: A Study on the Socio-Economic Empowerment of Transgenders"**

Published a paper on the topic "A Ray to Rejoice: A Study on the Socio-Economic Empowerment of Transgenders" in an International peer-reviewed journal "The Investigator".

### **"Sustainable Energy Conservation Models in Kerala"**

Released a study on the topic "Sustainable Energy Conservation Models in Kerala"

### **"A study on the impact of virtual learning on the social development of adolescents with special reference to Kottayam district."**

Research work for MSW was A study on the impact of virtual learning on the social development of adolescents with special reference to Kottayam district"

## AREA OF INTEREST

- Medical setting • Elderly care • Community Health • Projects • Differently abled • Children

## LANGUAGES

**English- Fluent**  
**Hindi-Intermediate**  
**Malayalam- Native**  
**Tamil- Intermediate**

## STRENGTH

- Tutoring • Organizing • Leadership • Coordinating • Confident • Self starter • Team player

## REFERENCE

**Dr. Elizabeth Alexander**  
HOD of Social Work Department · KE College  
Mannanam

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