

RAKHIMA C

Rakhimamurali1999@gmail.com

+91 9072190852



MY OBJECTIVES

To pursue a challenging career in the field of field of clinical dietetics with constant learning and contributing to an organization that provide challenging work environment and allows me to grow professionally and as an individual.

MY PLANS

I am a self-learner. I intend to join an institution which will help me to gain knowledge about the latest technologies. I ought to study all the basic requirements required for my profession.

MY QUALIFICATION CHART

QUALIFICATION	NAME OF THE INSTITUTION	BOARD/ UNIVERSITY	YEAR OF COMPLETION	AGGREGATE
10th	K M V H S S KODAKKAD	KERALA STATE BOARD	2015	94%
12th	G G H S S PAYYANUR	HSE KERALA	2017	82%
BSc. Zoology	Nehru Arts and Science College, Padnekkad	Kannur University	2020	82%
Certificate Course in Introduction To Ayurvedic Biology Of Nutrition	Transdisciplinary Health Sciences & Technology	Karnataka State Private University	2021	A Grade
M.Sc Clinical Nutrition and Dietitics	Alphonsa College, Pala	Mahathma Gandhi University, Kottayam	2022	Result awaiting
Internship in Clinical Nutrition & Dietetics	Rajagiri hospital, Aluva, Ernakulam	JCI and NABH Accredited	2022, 06 Months	A Grade

Certification in Diabetes Educator	National Diabetes Educator Programme	IADE	2022	Pursuing
Junior Dietitian	Silverline hospital, Kadavantra, Ernakulam	NABH Accredited	Since Oct 2022	Working

MY STRENGTHS

- Passionate and dedicate
- Hardworking
- Honest
- Adaptable

AREA OF INTEREST

- Diet planning
- Diet Counseling
- Therapeutic Diet Consultation

COMPUTER SKILLS

- MS Word
- MS Power Point
- MS Excel

CO-CURRICULAR CHART

- Successfully completed the nutrition education programme on ” **Non Communicable Diseases**” through E-learning platform – POSHAN ABHIYAN, ICMR, Ministry of Women & Child Development Gov. of India.
- Successfully completed the online quiz on “**Fight cancer with lifestyle & diet**” organized by Dept. of Family & Community Science, CMS College Kottayam – 2021.
- Successfully completed the online national quiz on “**Today’s safe food tomorrow’s secured health**” organized by department of B.Voc – Food processing and quality control, Stella Maries College Chennai, Tamilnadu – 2021.
- E-Learning activity for “**Effect of nutrition on toddlers overall health and condition**” conducted by Nestle Nutrition Institute.
- Participated in the webinar “ **Mind your Hunger**” conducted by Dept. of Home Science on national nutrition week celebration – 2021, Women’s Cristian College Chennai.
- Participated in the webinar on “**Corona Second Wave vaccines, variants and virulence – The Indian story**” Organized by Dept. of Community Science, Kerala Agricultural University.
- Secured Second position in “**Nutricap**” Competition conducted by Dept. of Home Science Vimala College Trissur.
- Participated in National Webinar on “**Nutritional Metabolomics & Yoga Therapy**” Conducted by Dept. of Biochemistry – St. Thomas College Kottayam.
- Attended the virtual CME on “**Nutritional Management in Onco Surgeries**” organized by Fresenius Kabi in Associations with IAPEN India Association for Parenteral and enteral nutrition, Jehangir Hospital, Pune – 2022.
- Participated in National Seminar “**Aquaculture Kerala 2018 – A Blue Revolution Initiative**” organized by Kerala Aqua Farmers’ Federation [KAFF].
- Attended National Seminar on “**Zoology: Interdisciplinary approaches**” organized by Postgraduate and Research department of Zoology, Government college Madappally,

PERSONAL PROFILE

FATHER'S NAME : MURALI C
MOTHER'S NAME : SHEENA C
DATE OF BIRTH : 29/07/1999
ADDRESS : CHETTY VEEDU, VANNALOM
KODAKKAD P.O, KASARGOD
KERALA-671310

REFERENCE

Prof. Swapna George HOD,
Department of CND Alphonsa College, Pala

DECLARATION

I, RAKHIMA C, declare that the above information is true and correct to the best of my knowledge and nothing has been concealed or distorted.

Date :
Place : Kochi

RAKHIMA C