

JOHNCY PANICKER

Mobile: +91- 8050244025

Email ID: icelive@yahoo.co.in



Profile

Current Address : Flat 4E JoyAlukkas Gold Tower,
Vazhakkala, Kochi - 682032

Permanent Address : Pushpamangalath Anish Villa,
Jyothi Nagar, Kilikolloor
Kollam – 691004, Kerala

Date of Birth : 21st April 1994

Gender : Male

Nationality : Indian

Religion : Christian

Marital Status : Unmarried

Languages : English, Malayalam, Hindi, French, Kannada

Registration : Kerala State Medical Council, Modern Medicine

I am an Orthopaedic graduate from India, currently working as a Junior Consultant. In my opinion, I integrate well with my colleagues and adapt quickly to new environments, prepared to accept and face new challenges as a Fellow/Senior Resident in a well-established hospital with a good patient load.

Education and Certifications

- **10th Grade (Central Board of Secondary Education - CBSE) : 2010**
 - Al Taawan School (Sherwood Academy) – Abu Dhabi, United Arab Emirates
- **12th Grade (Central Board of Secondary Education - CBSE) : 2012**
 - Abu Dhabi Indian School – Abu Dhabi, United Arab Emirates
- **Bachelor of Medicine/Bachelor of Surgery (MBBS): August 2012 – December 2016**
 - K.S. Hedge Medical Academy (Nitte University) – Mangalore, India
- **Master of Surgery (M.S) Orthopaedics): May 2019 – May 2022 Amrita Institute of Medical Sciences and Research Centre, Kochi, University - Amrita Vishwa Vidyapeetham, Coimbatore**

Other Certifications

- **Basic Course in Biomedical Research** offered by ICMR-National Institute of Epidemiology (ICMR-NIE)
- **AO Trauma Blended Course**—Basic Principles of Fracture Management, November 2021, India

Clinical Work Experience and Training

1. **Internship post MBBS:** January 2017 to January 2018 at **Justice K.S. Hegde Charitable Hospital** — Mangalore, Karnataka

During internship at this multispecialty tertiary care centre, I also did rural service for a period of one month at Sharada Dhanavantri Charitable Hospital, Sringeri, Karnataka during this period.

2. **Surgical Junior Resident, 3 years (May 2019 – May 2022) at Amrita Institute of Medical Sciences and Research Centre** – Kochi, Kerala

As a resident at this 1300-bedded quaternary health care centres, I had a vast clinical exposure to a variety of cases with multidisciplinary approach with Physical Medicine and Rehabilitation, Rheumatology & Plastic Reconstructive Surgery. The hospital is one among the best quaternary health care centres for Arthroplasty & Arthroscopy services in the state, as well as being an ISAKOS approved training centre also first centre in India to attain the Robotic-arm assisted (MAKO) for joint replacement.

Rotation among various units gave an adequate exposure to all subspecialties:

- General Orthopaedics and Paediatric Orthopaedics, Musculoskeletal Oncology and & Limb Reconstructive Surgery Division – 10 months
 - Arthroplasty & Arthroscopy Division – 16 months
 - Spine Division – 10 months
- Assisted in the Bilateral Hand Transplant conducted first in South Asia at our hospital headed by Department of Plastic and Reconstructive Surgery
 - Apart from managing both OPD & In-patients, independently & with supervision
 - I was also involved in teaching of undergraduate students posted in orthopaedics.
 - Assisted in organizing the Amrita Fracture Courses; an annual trauma teaching programme at our hospital, the Amrita Bone Tumour Course, first of its kind teaching programme at our hospital.
 - Attended Cochin Orthopaedic Society meets, South Zone, National and International conferences during the period of my study.

3. **Junior Consultant Orthopaedic Surgeon, (October 1st, 2022 - _____) at Valiyath Institute of Medical Sciences** – Kollam, Kerala

Presentations, Publications and Conferences

PRESENTATIONS

Sl. No.	Date and Place	TITLE	CONFERENCE
1	27-28 th November 2021, Cape Town, South Africa	"ROTATIONAL REFERENCE AXES IN TKA"	<u>INTERNATIONAL E- POSTER</u> at International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, ISAKOS 2021: Global , virtual conference
2	27-28 th November 2021, Cape Town, South Africa	"ROBOTIC-ARM ASSISTED LATERAL UKA : A PROMISING EARLY FOLLOW-UP	<u>INTERNATIONAL E- POSTER</u> at International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, ISAKOS 2021: Global , virtual conference
3	21st to 25th December 2021, Goa, India	CT BASED STUDY OF FEMORAL AND TIBIAL ROTATIONAL AXES IN KNEE ARTHROPLASTY	<u>NATIONAL FREE PAPER ORAL PODIUM at 66th IOACON</u> , annual conference of Indian Orthopaedic Association
4	21st to 25th December 2021, Goa, India	"MANAGEMENT DILEMMA IN TIBIAL PLATEAU FRACTURE WITH COMPARTMENT SYNDROME IN A HAEMOPHILIAC "	<u>NATIONAL E- POSTER at 66th IOACON</u> , annual conference of Indian Orthopaedic Association
5	24-25 th September 2021 Salem, India	AN INDIAN PERSPECTIVE ON ROBOTIC-ARM ASSISTED LATERAL UNICOMPARTMENTAL REPLACEMENT"	<u>NATIONAL FREE PAPER at 20th OASISCON</u> , annual conference of Orthopaedic Association of South Indian States, virtual conference
6	24-25 th September 2021 Salem, India	"LOWER EXTREMITY AMPUTEE WITH IPSILATERAL INTERTROCHANTERIC FRACTURE"	<u>NATIONAL E- POSTER at 20th OASISCON</u> , annual conference of Orthopaedic Association of South Indian States, virtual conference
7	14-17 th October 2021, Kochi, India	"DISTAL FEMUR REFERENCE AXES IN TKA – A CT BASED STUDY"	<u>INTERNATIONAL FREE PAPER</u> in 3 rd Biennial Cochin International Orthopaedic Summit (CIOS 2021) virtual conference
8	27-29 th November 2020	"SOLID ABC - ? A DECEPTIVE ENIGMA"	<u>NATIONAL E- POSTER at 19TH OASISCON</u> annual conference of Orthopaedic Association of South Indian States, virtual conference

PUBLICATIONS

Undergraduate

- 1) Vishal K., Dr Vinay K V., **Johnncy I P.**, **Morphology and morphometry of infra orbital foramen in South Indian adult dry skulls** July 2014, National Journal of Clinical Anatomy Vol 3(3):122-127
- 2) **Johnncy Itty Panicker**, Vishal Kumar, Vinay Kumar Veerannasetty (2016). **Anthropometric Analysis of Infraorbital Foramen in Adult Indian Dry Skull**. Journal of Health and Allied Sciences NU. 06. 027-030. 10.1055/s-0040-1708636.

Post under graduation

- 1) Thadi Mohan, **Johnncy Panicker**, Jai Thilak, Druvan Shaji, Harsha Hari, **"SHORT-TERM OUTCOMES OF ROBOTIC LATERAL UNICOMPARTMENTAL KNEE ARTHROPLASTY : AN INDIAN PERSPECTIVE"**, Indian Journal of Orthopaedics, *JOIO* (2021), <https://doi.org/10.1007/s43465-021-00555-7>
- 2) Johnncy Panicker, Balu C Babu, Vipin Mohan, Dhruvan SP, Deepthi S, KK Chandrababu **"Solid aneurysmal bone cyst of proximal tibia with resemblance to telangiectatic osteosarcoma (CASE REPORT)"**. (*Submitted to Journal Of Orthopaedic Case Reports*)

CONFERENCES and CMEs attended

Undergraduate

- **PHOENIX 2014 – International Medical Undergraduate Conference** held on 24th and 25th March, 2014 at A.J. Institute of Medical Sciences Mangalore.
- **ELIXIR 2015 – International Medical Undergraduate Conference** held on 6th and 7th March, 2015 at K S Hegde Medical Academy, Mangalore.
- **CME on New paradigms in Vitiligo management and Workshop on NCES and its modifications** conducted by the Department of Dermatology on 10th September, 2017 at Justice K S Hegde Charitable Hospital, Mangalore.
- **'Workshop on Neonatal Resuscitation** conducted by Department of Paediatrics on 19th December 2017 at Justice K S Hegde Charitable Hospital, Mangalore.

Post under graduation

- **Amrita Fracture Course 2019** and workshop at Amrita Institute of Medical Sciences, Kochi on 16th And 17st November 2019.
- **19thOASISCON**, annual national conference of Orthopaedic Association Of South Indian States (Virtual Conference) on 27-29th November 2020.
- **Amrita Fracture Course 2021** and workshop at Amrita Institute of Medical Sciences, Kochi (Virtual Conference) on January 16-17th 2021.

- **Amrita Bone Tumour Course 2021** (Virtual Conference) at Amrita Institute Of Medical Sciences, Kochi on April 10-11th 2021.
- **20th OASISCON**, annual national conference of Orthopaedic Association of South Indian States, hybrid conference on 24-25th September 2021, held in Salem, India
- 3rd Biennial Cochin International Orthopaedic Summit (**CIOS 2021**) on 14-17th October 2021
- **ISSICON 2021 Virtual**, International Spine and Spinal Injuries Conference : Virtual on 18-21st November 2021
- International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, **ISAKOS 2021: Global**, virtual conference on 27-28th November 2021
- **PG Teaching Course** at **66th IOACON**, annual conference of Indian Orthopaedic Association, on 21st to 25th December 2021 held in Goa, India
- **Basic Spine Cadaveric Course** at **66th IOACON**, annual conference of Indian Orthopaedic Association, on 21st to 25th December 2021 held in Goa, India
- **39th Mangalore Orthopaedic Course** at KS Hegde Hospital, Mangalore, Karnataka on 18th – 20th February 2022

Other Activities

Voluntary Services:

- Active participant in voluntary community outreach program – **GRAMA KSHEMA**. In this program, a group (4 medical students) is given complete medical responsibility of a family below the poverty line and also educate, create awareness on various infectious diseases.

Sports:

- Member of the **AI Tawaan School (Sherwood Academy)** Senior-Boys Cricket Team.
- Member of the **AI Tawaan School (Sherwood Academy)** Junior Boys Basketball Team.
- Gold Medals in other games such as **Discus, Caroms**
- Member of the **K S Hegde Student Council** as **Sports Leader**

Others:

- Attended Vacation Bible School from Primary grade to Senior Grade.
 - Served as a lecturer for Vacation Bible School.
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References

1. **Dr. Jai Thilak K** - Professor, Department of Orthopaedics, Amrita Institute of Medical Sciences and Research Centre, Kochi, India
2. **Dr. Jim F Vellara** – Lead Consultant, Spine Division, Department of Orthopaedics, Amrita Institute of Medical Sciences and Research Centre, Kochi, India
3. **Dr Sukanya Shetty** - Professor, Department of Biochemistry, Justice K.S. Hegde Charitable Hospital, Mangalore, India

I, **Johncy Itty Panicker**, hereby declare that the above mentioned information is true and to the best of my knowledge.



Dr Johncy Itty Panicker